

**Petersham Council on Aging
Board Meeting
March 14, 2022**

Members present: Kay Berry, Pam Chevalier, Cynthia Crosson, Wanda Dickson, Marilyn Fisher,
Kathy McCrohon, Lynn Shaw, Sheila Youd

Others present: Janice Olson

Meeting opened: 10:16 a.m.

Minutes of 2/14/22 accepted with correction that the Congregational Church's St. Patrick's Day dinner is scheduled for March 19, not March 18.

President's Report - Kay began by welcoming new member, Cynthia Crosson, to the Board. She noted that just 50 responses to the "Age Friendly Survey," were received from Petersham seniors. The surveys were sponsored by AARP and distributed by LifePath.

Treasurer's Report (Kay reporting): Checking Balance as of 2/28/22 = \$8,659.05. Monthly payments were made to cover the Foot Clinic, Tai Chi and Yoga classes, and the Newsletter printing. \$5,344. of the current balance is from State and Town grants. This year's Massachusetts Elder's Affairs Grant of \$6,000. has not yet been received. The Treasurer's Report was unanimously accepted.

Health & Exercise: Marilyn reported that the Foot Clinic is going very well, and Kay noted Yoga classes are well-attended. Tai Chi has the fewest participants. Kay was questioned about mask-wearing, and she said they are still required for all classes. Kaliope, a substitute Yoga teacher, was asked if she would like to offer an Exercise or Dance class for COA, and she is considering it. Discussion followed about raising the fee on the Yoga class to cover what the Instructor charges. The consensus was that most participants will agree to pay a higher fee.

Enrichment Programs:

- 1) **Silver Fox Bus Tours:** Kathy reported that Silver Fox is very interested in working with Petersham COA in planning a fall trip to the Big E in Springfield, or to a WooSox game in Worcester. The Big E trip would cost \$59 / per person, including transportation & admission. The dates for the fair are Sept. 16 - Oct. 2nd. Because the cost is higher than previous years, Lynn suggested that COA ask for a larger grant from the Town. We currently ask for just \$1,100., which is less than half of what the Petersham Partners group asks for, and gets.
- 2) **Technology Day:** Kathy reported that we have at least 12 sign-ups for the two-hour class with Wellesley College students mentoring seniors on any computer task they are struggling with. Participants were not asked to pay a fee, and felt that the it was a very helpful class

Newsletter:

- ~ In April, the Congregational Church will do half-pan Lasagna dinners (meat & Veggie options) for take-out. They will also offer one slices.
- ~ The LifePath Walkathon is scheduled for May 7th in Greenfield. Pam and Kay will probably participate, and hope others will join them.
- ~ The Stone Church Cultural Center in Gilbertville has many events coming up, including concerts, kids' classes, and a huge Gala event to support the work of the Center. Kathy distributed flyers

Next Meeting : Monday, April 11th at 10:00 a.m.

Meeting adjourned: 10:28 a.m.

Respectfully submitted,
Pam Chevalier, Recording Secretary