<u> </u>	CIAL PERMIT APPLICATION PRESENTATION		12/9/2014
	343		345
1	PETERSHAM TOWN HALL	1	Massachusetts, Heywood Healthcare will develop a
2		2	premier regional destination for substance abuse
3	SPECIAL PERMIT APPLICATION PRESENTATION	3	and mental health treatment and rehabilitation
4		4	through its new campus in Petersham. In
5	DECEMBER 9, 2014	5	partnership with local stakeholders and leading
7	DECEMBER 9, 2014	6	providers, Heywood will establish a full
8		7	continuum of programs to expand access to
9	PROJECT: THE RETREAT AT PETERSHAM	8	services and elevate the quality and caliber of
10	BEHAVIORAL HEALTH	9	care offered to its communities."
11	ADDICTION RECOVERY CENTER	10	The core principles include addressing
12	211 NORTH MAIN STREET	11	core mental health and substance abuse needs of
13	PETERSHAM, MASSACHUSETTS	12	
14			our region; to make it financially accessible to
15		13	patients; it collaborates with other programs on
16	<u>BEFORE:</u>	14	campus to provide coordinated care; committed to
17		15	preserving the exterior aesthetic of the property
18	MARYANNE REYNOLDS, Chair	16	whenever possible; supports the local economy by
19 20	BRIAN MACEWEN DONALD EATON	17	utilizing local vendors and resources whenever
21	DONALD EATON	18	possible; and recognizes the unique needs of
22		19	rural Petersham.
		20	So the way that I have organized this
23		21	presentation is really to look at all three
	CAROL A. JEFFREY	22	phases of the proposed design. I know that I've
24	REGISTERED PROFESSIONAL REPORTER	23	received the questions in advance, and I think
		24	they were just organized a little bit
		4	, , , ,
	344		346
1	344 PROCEEDINGS	1	
1 2		1 2	346
			346 differently.
2	PROCEEDINGS	2	346 differently. So really what we have here are the
3	PROCEEDINGS THE CHAIR: Welcome back. We're going	3	346 differently. So really what we have here are the three phases of the build-out. The initial phase
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1 So in Phase I, which would be the

- 2 beginning and probably about a year of
- 3 construction and development to establish a
- 4 residential adult substance abuse unit. It would
- 5 be up to 35 beds, although 35 beds -- we have
- space for 24 beds is really the realistic number 6
- that we're targeting per unit in response to the
- 8 needs of the community.
- 9 It would also include expanding
- 10 Heywood's existing partial hospitalization
- 11 program and intensive outpatient programs to meet
- 12 the growing demand for these services, provide
- 13 routine outpatient services, which may include
- 14 psychiatry and related clinical services for
- 15 mental health and substance abuse. So that would
- 16 be Phase I.
- 17 Phase II, the options include a
- residential adolescent substance abuse program, 18
- which would be approximately 20 beds, because 19
- 20 it's that single building that's out on the side.
- 21 As you face the property, it's to the right.
- 22 Phase III is then the more intensive
- 23 renovations that would be required to build the
- 24 inpatient detox unit of ten beds, to provide for
 - 348
- 1 medical support for patients prior to
- 2 transitioning to residential programs, so this
- would be the adult detox unit, as well as an 3
- 4 inpatient mental health unit, again up to 20
- 5 beds, expanding the existing unit at Heywood to
- 6 address the current shortage of inpatient
- 7 capacity.
- 8 To really look at the whole project as
- 9 a whole, an overview, mental health and addiction
- 10 treatment are rooted in rehabilitative education.
- 11 It really is about changing skills and changing
- 12 how people think about the choices they make and
- 13 better educating them to take a different path
- 14 going forward.

24

- 15 All the behavioral health treatment
- 16 models are based in evidence-based proven
- 17 treatment approaches that are cited as "best
- 18 practices" within the field.
- 19 Behavioral health treatment is an
- 20 integral part of overall health and wellness and
- 21 must be coordinated with primary care. That's
- 22 part of what Heywood has been very committed to,
- 23 and certainly the Board of Trustees has made an
- ongoing commitment to make sure that behavioral McCARTHY REPORTING SERVICE

1 health really is part of overall health.

- 2 Each personalized treatment plan,
- specific to each individual's physical,
- psychological and spiritual needs, also includes
- clinical care for co-occurring mental health
- 6 conditions such as depression or anxiety
- 7 disorders, which is what one of the unique pieces
- 8 of this continuum of care model brings is really
- looking at co-occurring disorders. So people who
- are using substances to perhaps self-medicate for 10
- other mental illness, it's all in one place, so 11
- 12 it can be addressed seamlessly.
- 13 Supportive and complementary
- 14 rehabilitation programs will be included,
- including we just had a conversation the other 15
- 16 day confirming some plans with Seeds of
- 17 Solidarity to build a wellness garden at the site
- and offer related nutrition and health 18
- programming, as they do at the other campuses 19
- 20 currently part of Heywood.
- 21 Intake and referral will be handled at
- 22 the sending site. Most patients will be arriving
- 23 from a hospital setting or other detox unit and
- 24 will need to be referred to the program by
- 1 clinical teams.

- 2 There might occasionally be a referral
- that comes in from an outpatient provider.
- 4 Currently our system allows for CSO to do mobile
- 5 crisis intervention. For example, if they met
- with a patient of theirs who felt that they were
- 7 escalating to the point where they needed a more
- 8 intensive treatment, they could refer in there.
- 9 But it will not be a walk-in center where people
- 10 will arrive to have the intake done on site.
- 11 All treatment will be a team model
- 12 with each care team developing a treatment plan
- unique to that individual's diagnosis. 13
- 14 Care teams will be responsible for
- 15 preparing discharge plans for all patients.
- 16 Transportation assistance to the pre-determined
- 17 next step of placement would be offered. So,
- 18 again, no one is discharged to the street,
- 19 because that's not the way this model works.
- 20 As part of a comprehensive treatment
- 21 approach, a wide array of services at the retreat
- 22 to augment treatment and to support recovery
- 23 include psychiatric, psychopharmacological
 - assessment, medication management, case

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1 management services, including ongoing

consultation with the referring physician, and 2

3 aftercare planning. Again, that's really a

4 strong part of that discharge plan.

5 Group-based supportive therapies,

6 psycho-education, and life skills training are

7 certainly key. Family education and support for

8 the support network that each patient will have

as they transition back to their home community,

10 vocational assistance or training as needed.

11 Nutritional assessment, education,

12 toxicology, testing when indicated, and patients

will be supervised by staff at all levels and 13

14 will remain on site for the duration of their

treatment of rehabilitation. Outdoor and indoor 15

16 recreational opportunities need to be provided

17 for patients at every level of care.

18 In Phase I, when we develop

residential services, they are intended to offer 19

20 supportive and therapeutic setting for adults,

typically 18 and over, who would benefit from 21

22 additional support while transitioning to

23 independent living. Treatment options focus on

24 improving the skills to make better life choices.

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1 Residential program in Phase I would

2 provide treatment for adults struggling with

3 substance abuse disorders and addiction who have

4 completed a detox program for a period -- the

5 detox program is typically up to 72 hours. The

6 residential piece would be from up to 21 days,

7 although the typical length of stay that I'm

8 hearing right now is more like ten days. And

9 that has a lot to do with insurance-funded

10 treatment and what they'll pay for for someone to

11 stay.

12

Development of an individualized

treatment plan, it will provide educational 13

14 support as the patient gains independence from

15 addictive substances, learns to manage the stress

of an active life without returning to the drug 16

17 or alcohol dependence, attain personal, career

18 and recovery goals.

19 The program features are in-depth

20 individual assessment, group therapy, medication

21 stabilization, education, illness management,

22 psychopharmacology services, abstinence

23 education, life skills education, after-care

24 assistance, relapse prevention, and self-help 1 meetings.

10

20

21

5

2 So when these people are living at the site 24-7 for the period of their treatment, you

know, 10 to 14 days, they have a really intensive

5 regimen that they're involved with all day.

6 Intensive outpatient services is the

other part of Phase I, and they're intended to

8 include a partial hospitalization and intensive

9 outpatient addiction programs.

Typically folks arrive around 9:00

11 o'clock in the morning, leave the property around

12 3:00 o'clock in the afternoon, and during that

time, they have intensive therapy, both group and 13

14 individual, while they're there throughout the

day. But they have progressed to a point where 15

16 they're capable of being at home in the evening

17 and being out in the community unsupervised after

18 that. But this is really sort of that next step

from residential treatment offered. 19

There are things like the START

intensive outpatient program which aids in the

22 early phases of sobriety and recovery from

23 substance abuse. It's a three-week program

24 designed to educate individuals in an effort to

1 develop insight and skills necessary to remain

2 abstinent from drugs and alcohol. Early recovery

groups for substance abuse treatment focused on

4 relapse prevention and harm reduction.

The START intensive outpatient

treatment program again is strong on developing 6

7 the skills necessary -- and I think I didn't

8 switch that one.

9 The partial hospitalization program

10 provides daily assessments by a clinical staff,

11 psychotherapy, life coaching in a therapeutic

milieu. The program acts as a step-down for any 12

13 individuals leaving an inpatient setting or as an

14 early intervention to avoid potential

hospitalization. 15

16 When we get to Phase II, Phase II

17 would really include the development of an 18 adolescent substance abuse service. And

19 residential treatment would be appropriate for

20 youth experiencing health, emotional, behavioral,

21 family, developmental or social problems as a

22 result of alcohol or other drug in use and whose

23 issues have not been able to be addressed in a

less intensive community-based level of care.

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They're short-term substance abuse 2

treatment services for medically stable youth, so

- 3 these are not kids who would need some other
- medical interventions for their health and 4
- 5 safety. And a youth's typical length of stay is
- about 30 days in the program based on the 6
- 7 treatment needs.

1

- 8 Qualified staff create an
- 9 individualized treatment plan for each
- 10 adolescent. Every youth participates in highly
- 11 structured, developmentally appropriate
- 12 individual, group, and family clinical services.

13 An in-house educational coordinator is

14 responsible for developing educational objectives with the adolescent's school from his or her home 15

- 16 community. Continuing care services are provided 17 to help the youth in recovery upon completion.
- 18 Again, the same kind of team planning around
- 19 discharge and next steps are a critical part of
- 20 the team and treatment.
- 21 Services include relapse prevention
- 22 education, follow-up planning, integration to
- 23 community resources and/or outpatient programs,
- 24 and certainly the families in this case are even

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- 1 more critical in the educational process of this
- 2 kind of rehabilitation.
- 3 Continuing care services are provided
- 4 to help the youth in recovery on completion.
- 5 Again, the kinds of things that they include,
- 6 follow-up planning, integration to other
- 7 community resources or perhaps outpatient
- 8 services, family support, referrals to those
- 9 community-based programs, following transition to
- 10 the home are part of the comprehensive model.

11 Special emphasis is placed on creating

12 healthy lifestyles and positive decision-making.

- 13 In support of this, an assortment of groups and
- 14 activities are offered during the week that draw
- 15 on a variety of evidence-based interventions and
- 16 rehabilitative education models that have proven
- 17 effective in controlling symptoms and increasing
- 18 levels of health. And these are all nationally
- 19 recognized science-based curriculum.
- 20 When we get to Phase III, this is the
- 21 part of the structure that would take the most
- 22 intensive sort of construction on the site. It
- 23 would be development of the steel-frame building. 24 and would be for the inpatient programs that are
- McCARTHY REPORTING SERVICE

1 being offered.

7

2 Inpatient units will be locked

facilities. An inpatient detox unit provides

safe, medically supervised detoxification as well

as treatment of patients with dual diagnosis.

Typical length of stay is three to five days. 6

Clinical evidence supports the fact

8 that smoking cessation during detox from alcohol

or drugs can reduce the relapse potential from

both chemicals. Smoking is not permitted on or 10

11 off the unit during patient's hospitalization.

12 And nicotine replacement therapy is available to

13 all patients upon admission. And that's

currently the way the inpatient unit works at 14

Heywood as well. 15

16 Physician-directed treatment team with 17 24-hour nursing care, licensed counselors, and

18 case managers. Treatment includes individual and

19 group counseling, family support and education

20 and aftercare planning. And they may also attend

21 daily in-house NA and AA meetings.

22 To expand the current inpatient 23 setting at Heywood, this gives a little bit of an

24

overview about some of the patients that are

currently on the site there. This would just be

2 an extension or expansion of that model.

3 The adult inpatient unit at Heywood

4 services patients 16 and older for acute

5 short-term treatment. The Heywood Mental Health

Unit prides itself on providing professional 6

7 understanding of the emotional aspects of

psychiatric illness with the most current and

clinical standards of care, provided in a warm

10 and inviting environment.

11 Heywood's Mental Health Unit has been 12 designated as a Best Practice site by the Mass.

13 Department of Mental Health, the Mass.

14 Association of Behavioral Health Services, Mass.

Behavioral Health Partnership, and currently has 15

16 a contract with MBHP to provide care for all

17 Mass. Health patients, with many other insurers

18 as well.

23

19 Heywood's Mental Health Unit has been 20 recognized for achieving excellent outcomes for

21 patients as evidenced by measures such as the

22 length of stay of 6.45 days versus a predicted

rate of 7.3 days, and a seven-day recidivism rate

24 of 5.91 versus a predicted rate of 7.31. Low

Page 355 to 358 of 442

recidivism means that fewer patients leave the 2

facility and then have to be readmitted within

- 3 seven days for further treatment.
- 4 When we look at the types of licenses
- 5 that we had presented previously, we looked at
- 6 all of the licenses again and decided to remove
- the Class VII because it just isn't feasible for
- this site. All the other licenses are things 8
- that have been presented in the past, and include
- 10 various voluntary and involuntary treatment
- 11 models.
- 12 Some additional regulatory oversight
- 13 is provided by the Mass. Department of Public
- Health, and their Bureau of Substance Abuse 14
- Services, which is one of the departments within 15
- 16 the Department of Public Health.
- 17 And I'm going to turn it over to
- 18 Attorney Flick, as soon as we figure out if there
- 19 are questions perhaps for me.
- 20 THE CHAIR: I think there will be, but
- 21 do you want to just finish the presentation?
- 22 MR. FLICK: Okay. What I want to talk
- 23 about is basically some of the legal framework
- 24 that is involved in this project, in particular
 - 360
- with the ZBA's purview over the use of the 1
- property. And I'm going to turn to statutory 2
- 3 provision that's called The Dover Amendment.
- 4 The Dover Amendment is enumerated in
- 5 Mass. General Laws Chapter 48, Section 3. It
- states that, "No zoning ordinance or by-laws 6
- 7 shall regulate or restrict the...use of land or
- 8 structures for...for educational purposes on land
- owned or leased by...a nonprofit educational
- 10 corporation; provided, however, that such land or
- 11 structures may be subject to reasonable
- 12 regulations concerning the bulk and height of
- 13 structures and determining yard sizes, lot area,
- 14 setbacks, open space, parking, and building
- 15 coverage requirements."
- 16 The key in The Dover Amendment is that
- 17 no zoning ordinance or by-law can regulate an
- 18 educational use. That is essentially what The
- 19 Dover Amendment says. The question becomes what
- 20 is an educational use.
- 21 There are two requirements that have
- 22 to be met in order for the Dover Amendment to
- 23 apply. First, the use must be for educational
- 24 purposes. Second, the land and/or structure used McCARTHY REPORTING SERVICE

for the educational purposes must be owned or

- leased by a nonprofit educational corporation.
- And this is one court case that discusses this.
- It's a relatively recent case from 2009.

5 We're going to talk about the second

qualification first. And all of this is done to 6

gain an understanding as to whether or not the

8 use that was just described by Dr. Bialecki falls

under The Dover Amendment, and, therefore, cannot

10 be regulated by the DBA.

11 Under the second qualification, the

land and/or structure used for the educational 12

13 purposes must be owned or leased by a nonprofit

14 educational corporation. This is satisfied if

the nonprofit corporation's articles of 15

16 organization permit it to engage in educational

activities.

17

14

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18 This is probably one of the most

19 well-cited cases in Dover Amendment litigation,

20 Gardner Athol Area Mental Health Association

21 versus The Zoning Board of Appeals, 1987. No, I

22 was not involved in that case.

23 This is an excerpt, and I have copies

24 to present to the ZBA. This is an excerpt from

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1 Heywood Healthcare, Incorporated, Amended

2 Articles of Organization, which I believe were

amended in 2012. 3

4 "The corporation is formed and shall

5 be operated exclusively for charitable and

educational purposes as defined under Internal

7 Revenue Code Section 501(c)(3) to support and

8 further the purposes of The Henry Heywood

9 Memorial Hospital, Athol Memorial Hospital and

10 other corporations of which the corporation is

the sole corporate member, provided, in each 11

12 case, that such organization is qualified under

13 Code Section 501(c)(3)."

So essentially this is a nonprofit organization that is an umbrella over other nonprofit organizations that are involved in

17 charitable and educational purposes.

18 Second qualification, and this is

19 perhaps the most robustly discussed qualification

20 when it comes to Dover Amendment matters. Is the

21 land or structure used for the educational

22 purposes -- well, we'll just talk about -- I'm

23 sorry, we're going to talk about the first

qualification. Let me just wrap this one up.

1 So Heywood Healthcare is a

2 not-for-profit educational organization. Heywood

- 3 Healthcare, Inc., is the operating entity of
- Quabbin Retreat, so it satisfies the second 4
- 5 qualification of The Dover Amendment. The
- 6 question is does it satisfy the first
- qualification of The Dover Amendment, which is is
- 8 the use for educational purposes.
- 9 In order to satisfy the first
- 10 qualification, The Dover Amendment requires the
- 11 educational purposes protect only those uses
- 12 serving primarily educational purposes, i.e.,
- 13 does the proposed use have as its dominant
- 14 purpose a goal that reasonably could be described
- 15 as educationally significant.
- 16 This is a very recent case, 2012, that
- 17 involves the Regis College was developing
- 18 essentially an assisted living facility on its
- 19 campus or on land owned by contiguous to campus.
- 20 Only the residents of that were allowed to enroll
- 21 in the college, as well as the center was going
- 22 to be used for education of students in elder
- 23 care services.
- 24 The relevant question: Does the

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medical.

- proposed use have as its dominant purpose a goal 1
- 2 that reasonably could be described as
- 3 educationally significant. Well, let's look at
- 4 the purpose.
- 5 A summary of the purpose of the
- 6 Quabbin Retreat, based upon Dr. Bialecki's
- 7 presentation, rehabilitation of persons suffering
- 8 from behavioral health disorders, including
- 9 substance abuse and addiction. The goal of
- 10 rehabilitation is to build skills to improve
- 11 self-sufficiency, build coping mechanisms, and
- 12 develop healthy stress response in a safe,
- 13 stable, and healing environment, with the end
- 14 result being a person who is able to face their
- 15 individual behavioral issues with the tools
- 16 necessary to cope in healthy ways. So that is in
- 17 a nutshell the purpose of the Quabbin Retreat.
- 18 So what constitutes an educational
- purpose. Massachusetts courts have consistently 19
- 20 refused to limit Dover Amendment protection to
- 21 traditional or conventional educational regimes,
- 22 citing again the Regis College case. A proposed
- 23 use of land or structures may have an educational
- purpose notwithstanding that it serves McCARTHY REPORTING SERVICE

24

1 nontraditional communities of learners in a

2 manner tailored to their individual needs and

3 capabilities.

4 Also citing the Regis case, The Dover

Amendment has been applied to certain facilities

6 for the disabled and the infirmed,

7 notwithstanding that the education afforded by

8 such institutions differed markedly from that

offered by traditional academic institutions.

10 What constitutes educational purposes.

11 Again going back to the Gardner Athol Area Mental

12 Health, rehabilitation surely falls within the

13 meaning of education. And that is quoted

14 directly out of the Gardner Athol Area Mental

Health case, citing the Harbor Schools case which 15

16 goes back to 1977. So as you can see, this

17 perspective of the Massachusetts courts that

rehabilitation is educational dates back to 1977. 18

19 So it's been a long-standing holding of

Massachusetts courts.

21 A more recent case, actually not that

22 much more recent from 1980, this case was

23 developed shortly after the prior case Harbor 24

Schools that stated rehabilitation surely falls

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1 within the meaning of education, this case

2 involved the Fitchburg Housing Authority versus

3 the Zoning Board of Appeals in Fitchburg, it

4 considered whether or not the operation of a

5 residential facility in which formerly

institutionalized but educable adults with

7 histories of mental difficulty will live while

8 being trained in skills for independent living,

9 such as self-care, cooking, job seeking,

10 budgeting, and making use of community resources.

11 This again is a well-cited case to address that

addresses issues regarding The Dover Amendment.

12 13

In the Fitchburg Housing Authority case, the court stated that the fact that many of the residents of the facility will have been residents of mental institutions and will be taking prescription drugs does not negate its educational purpose or make its dominant purpose

The court also stated that the fact that the facility will provide residential accommodations does not interfere with its educational use. In his conclusion on the case, Judge Wilkins said, "The proposed facility would

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1

fulfill a significant educational goal in

- 2 preparing its residents to live by themselves
- outside the institutional setting. Instruction
- in the activities of daily living is neither
- trivial nor unnecessary to these persons. On the
- 6 contrary, for the prospective residents of the
- proposed facility to learn or relearn such skills
- 8 is an important step toward developing their
- powers and capabilities as human beings.
- 10 Inculcating a basic understanding of how to cope
- 11 with everyday problems and to maintain oneself in
- 12 society is incontestably an educational process."
- I wish would have been the one to say that, but I 13
- 14 give Judge Wilkins the credit.
- So we ask the question again: Does 15
- 16 the proposed use have as a dominant purpose a
- 17 goal that reasonably could be described as
- 18 educationally significant? And the sub-questions
- 19 help us answer that. Will the facility, meaning
- 20 the Quabbin Retreat, prepare its residents to
- 21 live by themselves outside the institutional
- 22 setting? Yes. Will the facility's residents
- 23 receive instruction in the activities of daily
- 24 living? Yes. Will the facility's residents

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- develop an understanding how to cope with 1
- 2 everyday problems and to maintain oneself in
- 3 society? Yes.

8

- So of the 86 proposed beds, and I know 4
- 5 the number's a little bit different in
- Dr. Bialecki's presentation, 86 is the maximum 6
- 7 beds that are currently in the facility. That
- does not mean that we will be utilizing all 86
- 9 beds. I think the number was about 66, 67 beds.
- 10 That may be a more realistic number. But of that
- 11 number, only ten beds will be available for
- 12 inpatient detoxification.
- 13 That is a significant -- that is less
- 14 than even 25 percent of the proposed beds that
- 15 are being presented tonight. Of the remaining
- 16 beds will be dedicated to behavioral health
- 17 treatment or rehabilitation. So 88 percent of
- 18 the 86 beds will be dedicated to treating and
- 19 rehabilitating -- treating or rehabilitation, I
- 20 believe those are synonymous terms in mental
- 21 health, treating and rehabilitating, because
- 22 treatment is rehabilitation, rehabilitation is
- 23 treatment, of persons with behavioral disorders.
- 24 Therefore, the dominant purpose of the

Quabbin Retreat can reasonably be described as

- 2 educationally significant. The Dover
- Amendment -- so, therefore, The Dover Amendment
- applies. The use of the facility that is being
- proposed cannot be regulated by the Petersham
- 6 Zoning Board of Appeals, but what the ZBA can do
- 7 is issue reasonable regulations concerning the
- 8 bulk and height of structures. We're not
- changing any of that. Determining yard sizes,
- 10 lot area, setbacks, open space, parking, and
- 11 building coverage requirements. That is pursuant
- to Mass. General Laws, Chapter 40A, Section 3. 12

13 Moving on to just a few questions that

- 14 were raised at the last ZBA hearing, and that was 15 the one just before Thanksgiving, question was
- raised about the issue regarding removal of 16
- 17 trees. When this project initially began, the
- 18 hope was and the expectation was that the septic
- 19 system would be able to be located where the
- 20 existing septic system is currently located,
- 21 which is right here where you see these two red
- 22 outlined squares.
- 23 The problem is now that the DEP has
- 24 become involved with the water source and

regulating that, you go back to these two

- 2 circles: One being area one in which no activity
- can occur; and the second being this larger area
- 4 here, this protected area, where we can't do any
- significant construction or anything that would
- 6 impact the water supply.
- 7 So, therefore, from a regulatory
- 8 standpoint, the septic system cannot be put
- 9 anywhere within this outside circle. So,
- therefore, based on the DEP's rulings, it has to 10
- 11 be located outside that circle and will then
- 12 necessitate the removal of trees that were not
- 13 intended to be removed when we initially started
- 14 this project.

19

24

15 There was also a question raised as to 16 the fees. The fees that are involved in this

- 17 project, one time occupancy permit for the Town
- 18 of Petersham is a \$25 fee. The building permit

is a one-time fee of approximately \$30,000. That

- 20 is a fee that will be paid in phases as each
- 21 phase is completed. It's based upon the square
- 22 footage of construction.

23 The food service inspection is an

annual fee to the Board of Health, and that's

1 \$150. Fire inspection, really not sure what's

- 2 going to be involved with that. I haven't had a
- chance to talk to the chief to see if there is a
- fee for any types of inspections. There
- typically aren't inspections from local fire.
- 6 But that's something that we're still looking at.
- 7 There will be a one-time sign permit
- 8 fee of \$25. Driveway permit fee of \$50. Fire
- compliance one-time fee of \$75. Electrical 9
- 10 inspections, \$450. Gas inspections, \$150.
- 11 Plumbing permit, \$300.
- 12 These are all based upon the current
- 13 table of fees from the Town of Petersham. Water
- and septic permits is to the DEP. There's no 14
- local involvement in these, because it's all DEP 15
- 16 inspection and DEP permitting. It's up to
- 17 \$18,000, depending on some of the things that
- 18 we're still waiting on DEP to make a
- determination of, but that's about the maximum, 19
- 20 \$18,000 and some change. So the total initial
- 21 fees that would be paid prior to construction
- 22 would be \$49,225.
- 23 And as far as the annual monitoring of
- 24 the water and septic permits, that will be

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- conducted by a third-party engineering company 1
- 2 that's contracted by Heywood that would provide
- reports on a quarterly basis to DEP and/or remote
- 4 monitoring process with DEP. It would not
- 5 involve any local inspectors.
- 6 So the next steps, the DEP permit
- 7 process, water source or septic treatment,
- 8 parking lot and external renovations for safety,
- 9 dealing with ground water runoff and lighting,
- 10 complete and internal renovations for safety,
- 11 sprinkler system, and fire safety systems.
- 12 Step four, complete internal
- renovations for Phase I services, administrative 13
- 14 offices, outpatient treatment areas, recreation
- 15 areas, food service, and the residential unit.
- 16 And step five, hiring process, and then on and on
- 17 with Phase II and Phase III. And that is the
- 18 conclusion.
- 19 DR. BIALECKI: I had a couple of
- 20 additional questions that I just wanted to make
- 21 sure I included as part of the presentation.
- 22 These were some of the questions that were sent
- 23 in advance.
- 24 As far as gender, it is intended that McCARTHY REPORTING SERVICE

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- the units would be co-ed units, but there would
- be separation for shower, bathing facilities, and
- bedrooms would be separated a bit, depending on
- gender.

1

5 Can Heywood refuse admission? Only in

- 6 the event that a patient was presenting with
- issues that would not be appropriately addressed
- 8 by the treatment services and rehab offered at
- 9 the unit.

10 So typically when a referral comes in

- from a crisis provider or from another facility. 11
- 12 they have a pretty good understanding of what's
- there, so generally there's not a need to have to 13
- 14 refuse treatment. But on the occasion that there
- might be someone who has some issue that's beyond 15
- 16 the scope of what can be offered at this site,
- 17 then refusal of admission is certainly an option.
- 18 The other one was around how does the
- 19 rural or retreat setting advantage treatment. As
- mentioned earlier, and certainly in John's 20
- 21 presentation, it was noted that these services
- 22 being built in a healing environment is the best
- 23 way to help people put their lives back together
- 24 and get back on track to be able to rejoin their

374

- 1 home, community and family. And being in a rural
- 2 setting certainly is conducive to that. Along
- with a lot of the other treatment modalities that
- 4 are really rooted in holistic health providing
- real benefit to all of the residents of the site.
- 6 So I'm hoping that that really -- and
- 7 I think the other questions were really addressed
- 8 within the presentation of each phase.
 - THE CHAIR: Thank you.
- MR. MacEWEN: Thank you. 10
- 11 THE CHAIR: Are there any questions
- 12 from anyone here in the public?
- 13 Roy? Please state your name and your
- address for the record. 14
 - MR. NILSON: I was planning to do
- 16 that. Roy Nilson, N-i-l-s-o-n, 21 Common Street.
- 17 A question for Rebecca, and then a question for
- 18 John.

9

15

- 19 The way I counted them up, you said 64 20 beds or maybe 75 beds, but not 86 beds. And I'm
- 21 wondering how many beds are we talking about?
- 22 DR. BIALECKI: 86 beds was the total
- 23 capacity of the facility.
 - MR. NILSON: Understood. Page 371 to 374 of 442

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 1
              DR. BIALECKI: And when we looked at
                                                         1
                                                                       DR. BIALECKI: Could be crisis
 2
    breaking it down phase by phase, it was closer to
                                                         2 services, it could also be places like Adcare or
 3
                                                            other like facilities. It could also come in
 4
              MR. NILSON: So 20, 20 and 35.
                                                            from an individual --
 5
              DR. BIALECKI: Yes.
                                                         5
                                                                       MR. YOUD: Section 12 or something
 6
                                                         6
                                                            like that?
              MR. NILSON: Or 24. John, are you
 7
                                                         7
                                                                       DR. BIALECKI: Yes. Yes.
    asserting that the zoning board has no authority
                                                                       MR. YOUD: And then you still had -- I
 8
    over this project at all or more narrowly that
                                                         8
    they have no, under Dover, no authority to
                                                            heard you say you were going to eliminate the DMH
                                                            License VII. But do you still intend by the end
10
    regulate operations beyond the size and scope of
                                                        10
11
    the building?
                                                        11
                                                            of the third phase then to also build a locked
12
                                                            unit for minors?
              MR. FLICK: Correct. It's they cannot
                                                        12
    -- the Zoning Board of Appeals under The Dover
                                                        13
                                                                       DR. BIALECKI: No.
13
                                                        14
14
    Amendment cannot regulate the use of the facility
                                                                       MR. YOUD: So you don't need the
15
    as far as the programs that are going to be
                                                        15
                                                           license?
16
    provided within the facility itself, and the
                                                        16
                                                                       DR. BIALECKI: That's why we dropped
17
    treatment methodologies, et cetera.
                                                        17
                                                            the VII.
                                                                      MR. YOUD: How about the VI, there's a
                                                        18
18
              MR. NILSON: Thanks.
                                                            DMR License VI which is for minors.
19
              THE CHAIR: Any other? Paul?
                                                        19
20
              MR. YOUD: Yeah, I had a number of
                                                        20
                                                                       DR. BIALECKI: In the event that there
21
                                                        21
                                                            are -- some of the treatments depend on older
    questions.
22
              THE CHAIR: Just please identify
                                                        22
                                                            adolescents being included in the adult
23
                                                        23
    yourself.
                                                            population --
24
                                                        24
              MR. YOUD: Paul Youd, 16 Hardwick
                                                                       MR. YOUD:
                                                                                 Yeah, but that's the --
                                                376
                                                                                                         378
    Road, Petersham. And that I guess was just the
                                                         1
                                                                       DR. BIALECKI: -- when it's
    particulars for Rebecca. So there is going to be
 2
                                                         2
                                                            appropriate, that's the limit.
    an adult locked unit, mental health, and the
 3
                                                         3
                                                                       THE CHAIR: I'm sorry, just for
 4
    capacity there is 20 people, and that's for all
                                                            purposes of the reporter, only one person can
 5
    three phases. So at the end of the third phase,
                                                            speak at a time. It's difficult, I appreciate
 6
    that capacity would be 20?
                                                         6
                                                            the dialogue, but we do need to not have people
 7
                                                         7
              MR. FLICK: Let me go back.
                                                            talking over one another. Sorry.
 8
              DR. BIALECKI: Phase III.
                                                         8
                                                                       MR. YOUD: I apologize.
 9
              MR. FLICK: I think that was --
                                                         9
                                                                       THE CHAIR: Paul, why don't you
10
              MR. BROWN: Further.
                                                        10
                                                            restate your question.
              DR. BIALECKI: So the inpatient, the
11
                                                        11
                                                                       MR. YOUD: Okay. So I understand that
12
   locked inpatient unit is ten beds.
                                                        12
                                                            -- I understand that there will be older
              MR. FLICK: Ten beds.
                                                            adolescents on the adult unit. But in the
13
                                                        13
14
              DR. BIALECKI: That's the steel
                                                        14
                                                            original PowerPoint presentation like at the last
15
    structured building.
                                                        15
                                                            meeting and probably the one before that, there
16
              MR. YOUD: Yes. And that's for the
                                                        16
                                                            was also listed a DMH License VI, which is for
17
    adults, which the mix is of 17, 18 year olds.
                                                        17
                                                            minors age, you know, like three up to like 16.
18
              DR. BIALECKI: Yes.
                                                        18
                                                            And my question is is it your intention still to
19
              MR. YOUD: Okay, that's what I was
                                                        19
                                                            go forward and do that?
20
   looking for. And the referrals there are from
                                                        20
                                                                       DR. BIALECKI: No.
    community support options, is that what you said?
                                                        21
21
                                                                       MR. YOUD: So you're withdrawing,
22
              DR. BIALECKI: Not just them.
                                                        22 you're going to take that one --
23
                                                        23
              MR. YOUD: But emergency service
                                                                       DR. BIALECKI: The request initially
                                                        24
24
   units.
                                                            from the ZBA was to provide an exhaustive list of
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SPECIAL PERMIT APPLICATION PRESENTATION every license we may apply for. That's what we 1 there's a variance or a special permit granted, did. At this point, I'm trying to narrow the 2 you're working on it. But why do we care about scope so that people really understand what the phases? intent is. It's never been our intent to treat MR. FLICK: It's simply a way to 4 5 pediatric population in a locked mental health describe the project in a way that categorizes it 6 in the way that Heywood is categorizing it in its facility. 6 7 MR. YOUD: Okay. collective mind as far as this project going into 8 THE CHAIR: So I actually had a list 8 place in phases. It really has no bearing on the 9 of questions that I provided you ahead of time. ZBA's decision-making process whatsoever in large I think you've referenced them. I'm going to ask part because other -- well, as far as the use of 10 10 11 each of the phases. 11 them. I understand that you answered a lot of 12 it, but for my own purposes, I need it organized 12 To the extent that each of the phases in a certain way, so hopefully we can kind of zip 13 dealt with any dimensional changes or anything 13 through it. 14 14 like that, then, yes, it would have some bearing 15 I think, Paul, some of what you're as far as just an overall understanding of the 15 16 driving at is related to that. So why don't I project. 16 17 just start there, okay. 17 But as far as it simply provides an easier framework in which to communicate the use 18 I apologize, by the way. I tried to 18 print this up before I came, like my computer of the premises, understanding that it's our 19 19 died and I couldn't get it started, so I have it 20 20 position that the use is outside of the 21 on my phone. So, Rebecca, thank you, for --21 regulatory purview of the ZBA, but nevertheless, 22 DR. BIALECKI: I do have the hard 22 in order to be a transparent and good member of 23 23 the community hopefully, we're wanting to be open сору. 24 24 and provide this information. MR. YOUD: Maryanne, you want this? 380 1 THE CHAIR: No, thanks, I'm good. 1 2 MR. BROWN: She has a hard copy. 2 3 THE CHAIR: Do you? You don't need 4 4 it? No, no, I'm good on my phone. You all know the facility will operate. 5 I'm actually working on this, I'm not looking at 5 something else. 6 6 7 7 Okay, so for your locked unit, which 8 was --8 9 9 DR. BIALECKI: Here's my issue with

382 So, really, that is the overall purpose of it is to serve more as a mechanism to more easily and efficiently describe the way that

THE CHAIR: Okay. Well, for purposes of our discussion, could we just assume that you've completed the three phases and so we're looking at it as you're fully under steam.

DR. BIALECKI: Right.

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THE CHAIR: And I think also for purposes of discussion, we need to sort of agree that we may disagree on the application of The Dover Amendment. You made it very clear what your position is.

I'm not going to debate you on that right now, or ever maybe, I don't know. But I think that to the extent that some of these questions seem misdirected because they're not adequately taking into effect The Dover Amendment, I'd appreciate if you'd just let me ask them and get an answer. MR. FLICK: Understood. Yeah.

22 23 THE CHAIR: Thanks. All right.

would it be helpful if we just identified it

10 the way these were organized and why I think it's 11 going to be impossible to answer them in that 12 way. It's because there is no locked unit one, 13 locked unit two. There's only one locked unit on 14 the entire project, and that's not until Phase

19 emphasize that quite a bit. 20 So what do you think the relevance is? 21 Why aren't we just -- we understand that you're 22 going to do this over time perhaps, you know, 23 you're making clear that it's not all going to

happen at one point, so that to the extent that

the relevance to us of the phases? Because

isn't -- there must be something, because you

THE CHAIR: Okay. Let's ask what is

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III.

SPECIAL PERMIT APPLICATION PRESENTATION instead of by locked unit one and so forth, if we 2 said license -- DMH License II and follow through the different licenses that you've identified, 4 could you then speak to age range and capacity 5 and gender and so forth? 6 DR. BIALECKI: Yes, which I believe 7 was covered, but I'm happy to do that. 8 THE CHAIR: Good, because --9 DR. BIALECKI: I mean, I --10 MR. BROWN: Can I just ask what is the 11 relevance of the question? So why is that 12 important to the discussion, like that granular 13 level? I'm just curious. 14 THE CHAIR: Because that you're asking 15 us to grant a special permit for usage you're 16 describing, although it sounds like you're maybe 17 not asking for your use to actually be permitted, 18 you're just asking for particular -- whether 19 there's any conditions on setback and so forth. 20 But I think we're going forward with 21 the understanding that you're asking for special 22 permit on your use, proposed use, so these 23 questions are designed to clarify what your use 24 actually is. 384 1 And Brian is pointing out to me that 2 in the by-laws, under Special Permit, at 3 sub-paragraph D as in David, limitation of size, 4 number of occupants, methods of operation, hours or days of operation, lighting, signs, or extent of facilities are conditions or safeguards that 6 7 may be included in a special permit.

8 Okay, so for -- and I apologize to 9 everyone that to the extent that you find this 10 tedious, it just has to be, because when we get 11 around to actually writing this up, whatever the 12 decision is, it's going to be extremely helpful 13 that it's kind of organized in a way that we 14 actually make sure that we understand what you're 15 saying and what we're deciding. Basically 16 informed decision-making, okay. 17 All right, so on a DMH License II, 18 what would be your proposed license capacity? 19 DR. BIALECKI: Are you looking at this 20 first section? Because it's described Licensure 21 II, III, IV and limited VI. 22 THE CHAIR: Do you want me to group

them together for the question? We did that, and

I thought you said it was hard for you to address

385 1 it that way. 2 DR. BIALECKI: It is. 3 THE CHAIR: So we can group them in the way they were grouped or we can go license by 5 license. DR. BIALECKI: The issue is that more 6 than one license might apply to one unit. 8 MR. FLICK: Can we just recess for a minute? I'd like to talk to my clients for just 10 a second. 11 THE CHAIR: Absolutely, sure. So we're going to go off the record just 12 13 momentarily, and we'll continue -- what do you 14 want, five minutes, ten minutes? 15 MR. FLICK: Give me ten. 16 THE CHAIR: Ten minutes. 17 (Recess taken.) 18 THE CHAIR: We're back from our break. 19 Should I reask my question? 20 DR. BIALECKI: So the difficulty for 21 me in answering it in the way that is categorized 22 by licensure type is difficult because there are 23 several overlapping licenses. Even in your 24 documentation, you've clustered several licenses 386

1 together, which is factual, that's how it works. 2 So some of the capacity would not be organized in this way for a unit specifically, 4 because the licensing overlaps. So the numbers 5 that I gave in the presentation as far as the number of beds per each unit is accurate. I 6 7 think to try to break them out in a different way 8 here would be almost impossible to do, because you might have a different number of people who fall under a classification and at any given day, 10 11 so the units and the numbers and the breakdown 12 that I did in the presentation was exactly what our intent is. 13 14 It would be the same thing as if you 15 tried to pre-define at Heywood Hospital the 16 number of hip replacements you're going to do and 17 procedures in any given period of time. We don't 18 know because we don't know what patients are 19 going to present with that need.

You do have a maximum capacity or a caseload that you could take for the physician who does that procedure, and if it was too high, you would have to refer to other facilities that do that work. The same thing would apply here.

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	387		389
1	But I can go through and certainly	1	addictions would be the presenting problem, not
2	answer you know, these are	2	detox, but someone who has need for that next
3	THE CHAIR: I'll try to modify.	3	step after detox would be in need of a
4	DR. BIALECKI: fairly repetitive	4	residential program.
5	questions, so I can certainly answer those.	5	THE CHAIR: All right. In terms of
6	THE CHAIR: And I'll try to work with	6	presenting probable admission criteria, the
7	the way that you're framing it.	7	admission criteria, is that where you're saying
8	DR. BIALECKI: Okay.	8	you're going to get the referrals, and is there a
9	THE CHAIR: So let's say we've grouped	9	difference to you in terms of well, what are
10	them all right, we've grouped DMH Licensures	10	the admission criteria for that group?
11	II, III, IV and limited VI together. Do you	11	DR. BIALECKI: They would need to be
12	agree that that's sort of a sensible way to group	12	medically stable, they would have to have had a
13	licenses?	13	detox stay, because you couldn't bring someone in
14	DR. BIALECKI: Those certainly are all	14	who needed to still detox from a drug and have
15	those that could overlap clearly. Those would	15	them be medically stable to enter into a
16	all fall within a residential treatment realm.	16	residential phase of treatment.
17		17	· ·
	THE CHAIR: Okay. So for voluntary		THE CHAIR: May I pause you there for
18	and involuntary adults. And how does that match	18	a moment?
19	to your phases? Because when you've mentioned	19	DR. BIALECKI: Yeah.
20	Phase I, II and III, and no need to limit it to	20	THE CHAIR: Is everybody able to hear
21	one, but is it Phase I?	21	her or would you like her to
22	DR. BIALECKI: It does start in Phase	22	DR. BIALECKI: I can stand again if
23	I. Phase I and II actually.	23	that's I don't know how to face the audience
24	THE CHAIR: And II. But not III?	24	and you at the same time.
	388		390
1		1	·
1 2	388	1 2	390
	388 DR. BIALECKI: Right, because by Phase		390 THE CHAIR: I know, it's difficult.
2	388 DR. BIALECKI: Right, because by Phase III, it's that locked unit.	2	390 THE CHAIR: I know, it's difficult. MR. MacEWEN: They're all set.
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2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	DR. BIALECKI: Right, because by Phase III, it's that locked unit. THE CHAIR: Which would be something else. DR. BIALECKI: Mm-hmm. THE CHAIR: And so in terms of age range DR. BIALECKI: Older adolescents through adults. THE CHAIR: And what actually is that in terms of years? DR. BIALECKI: 16 and older typically. THE CHAIR: 16 and older, okay. And you mentioned that there would be all genders? DR. BIALECKI: Yes. THE CHAIR: Okay. And in terms of the presenting problems with this group, how would you describe that? DR. BIALECKI: The initial residential program that's being developed is targeted to be the substance abuse treatment specifically. THE CHAIR: So what does that mean in	2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	THE CHAIR: I know, it's difficult. MR. MacEWEN: They're all set. THE CHAIR: They're all set? You guys are all set? Okay, thank you. Go ahead. So we were talking about admission criteria. DR. BIALECKI: Mm-hmm. So since the target of the very first residential unit developed for adults will be residential treatment of substance abuse and addiction, that would be the criteria for them being admitted. There would need to be, you know, looking at any other medical complications they might have to make sure they're ready and capable of being in a residential program. MR. MacEWEN: So in Phase I and Phase II, at that point, it's all going to be individuals, like you said, the primary thing is substance and addiction. Those are all going to be individuals that are coming out of a most likely out of another detox program because you haven't
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    programs that are a little distance away from
                                                         1
                                                                       DR. BIALECKI: Residential treatment,
 2
    here
                                                            right. Not a locked unit, residential treatment
 3
                                                             is a different level of care.
              MR. MacEWEN: Right. They would be
                                                                       MR. YOUD: So you're talking now
 4
    referring in.
 5
              THE CHAIR: You said Adcare and what
                                                            about --
 6
    was the --
                                                         6
                                                                       DR. BIALECKI: Residential is what
 7
              DR. BIALECKI: BHN is the one in
                                                            I've been asked about first.
                                                         8
 8
    Franklin County that's now building detox beds.
                                                                       MR. YOUD: Okay, I'm sorry.
 9
              THE CHAIR: Paul, I see you had your
                                                         9
                                                                       THE CHAIR: Let's -- okay. Ann?
10
    hand raised.
                                                        10
                                                            Stand up and please identify yourself.
11
              MR. YOUD: Yes, because I was just a
                                                        11
                                                                       MS. LEWIS: Ann Lewis, 19 North
12
    little confused as to the way those licenses are
                                                        12
                                                             Street. This is the first meeting I've been to,
    grouped, it's more mental health. But I think
                                                        13
                                                             so I don't understand all of your language yet,
13
14
    what I hear Rebecca saying is that the initial
                                                        14
                                                            and let me just ask a simple clarification.
    unit would be more like substance abuse. So is
                                                                       I'm looking at your life safety plans,
15
                                                        15
16
    that like the Section 35?
                                                            and essentially it's describing the different
                                                        16
17
              DR. BIALECKI: It could be a Section
                                                        17
                                                            uses in what I see is four buildings. And so the
    35. It would also most likely be people who had
18
                                                        18
                                                             question I have is what's the -- I understand
19
    gone through a short-term detox stay --
                                                        19
                                                            your detox unit, which is a locked unit, but in
20
              MR. YOUD: Right.
                                                        20
                                                             the first phase and the second phase as I
21
              DR. BIALECKI: -- at an Adcare
                                                        21
                                                             understand it, you list building two as being
22
    possibly, who maybe are not ready to --
                                                        22
                                                            inpatient behavioral health, and building three
23
              MR. YOUD: Right. So why are you
                                                        23
                                                             as being residential care.
24
                                                        24
                                                                       Could you just tell me what the
    saying that -- see, when I look at those
                                                 392
                                                                                                         394
    licenses, I think of mental health, I think of
                                                            difference is between inpatient and residential
 2
    someone who may be severely depressed or may be a
                                                         2
                                                            care briefly?
    danger to others or may be suicidal or something,
                                                         3
                                                                       THE CHAIR: Well, I'm wondering if
 4
    that's the grouping that I would see there.
                                                            we're going to get to an answer if we just go
 5
              But I guess you're seeing that as
                                                            through these questions that I have, which is
    substance abuse and not those other issues. And
                                                             sort of -- it's organized around the licenses
 6
                                                         6
 7
                                                         7
    I guess I would then wonder why you would be
                                                             that they have mentioned. If it's a quick
 8
    going after those licenses, the II, III, IV and
                                                         8
                                                             answer, go ahead.
                                                         9
 9
    limited VI.
                                                                       MR. FLICK: The slide -- there you go.
10
              DR. BIALECKI: Again, I think we're
                                                        10
                                                                       DR. BIALECKI: I think the one that
11
    talking about two different pieces of what we're
                                                        11
                                                            you're looking at is from a previous
12
    trying to design.
                                                        12
                                                            presentation.
                                                        13
13
              MR. YOUD: Okay. So you're not going
                                                                       MS. LEWIS: Yeah.
                                                                       DR. BIALECKI: So that's why some of
14
                                                        14
    to have an adult mental health locked unit there,
15
                                                        15
    you are going to have --
                                                            this is not lining up.
16
              DR. BIALECKI: Yes, we are.
                                                        16
                                                                       MS. LEWIS: But I'm looking at what
17
              MR. YOUD: Oh, you are. Okay.
                                                        17
                                                            your -- the difference between purple and red or
18
              DR. BIALECKI: Ten beds in the final
                                                        18
                                                            fuchsia or whatever.
19
    phase.
                                                        19
                                                                       DR. BIALECKI: In the purple includes
20
              MR. YOUD: In the final phase.
                                                        20
                                                            the residential substance abuse unit for adults
21
                                                        21
                                                            or older adolescents is included in that, as well
              DR. BIALECKI: Right.
22
              MR. YOUD: Okay. So now what you're
                                                        22
                                                             as intensive outpatient treatment, so day
23
    talking about is an additional unit for substance
                                                        23
                                                            treatment.
                                                        24
                                                                       MS. LEWIS: Okay.
24
    abuse.
```

```
1
              DR. BIALECKI: Over in the light blue
                                                         1
                                                            we had was DMH licensure VI, which was voluntary
                                                            and involuntary minor mental health unit.
 2
    is where the adolescent residential unit is
                                                         2
 3
    intended to be located. See the light blue over
                                                         3
                                                                       DR. BIALECKI: And this would be the
    on the far right?
 4
                                                            adolescents, which the primary presenting problem
 5
              MS. LEWIS: Okay, yeah.
                                                         5
                                                            would be targeted to substance abuse for
 6
                                                         6
              DR. BIALECKI: And then the inpatient
                                                            adolescents.
 7
    locked unit would be the piece that's in red.
                                                                       THE CHAIR: And is this Phase I, Phase
 8
              MS. LEWIS: Okay. So what you're
                                                         8
                                                            II, Phase --
 9
    doing is separating adolescents into --
                                                         9
                                                                       DR. BIALECKI: Phase II.
10
              DR. BIALECKI: They're actually in the
                                                                       THE CHAIR: Phase II. And this is the
                                                        10
    freestanding building. These other buildings are
                                                            building Ann just discussed with you --
11
                                                        11
                                                                       DR. BIALECKI: Yeah.
12
    all connected really.
                                                        12
13
              MS. LEWIS: Okay. And so everything
                                                        13
                                                                       THE CHAIR: -- the one that was for
14
    in purple, not fuchsia, is residential substance
                                                        14
                                                            the minors. So let's go to age range. What is
    abuse for adults, which means 16-year-olds --
                                                             the age range for them? Is it under 16 if the
15
                                                        15
16
              DR. BIALECKI: If I changed the color
                                                             other one was 16 and older?
                                                        16
17
    from previous presentations, I apologize for
                                                        17
                                                                       DR. BIALECKI: Again, it typically
18
    that.
                                                        18
                                                            starts around 14.
19
                                                        19
                                                                       THE CHAIR: Starts.
              THE CHAIR: One person at a time.
20
                                                        20
                                                                       DR. BIALECKI: The youngest, right.
              MS. LEWIS: All right. I think that
21
    clarifies what I needed. Thank you.
                                                        21
                                                                       THE CHAIR: The youngest would be 14.
                                                        22
22
              THE CHAIR: Okay, good.
                                                                       DR. BIALECKI: Right. And the age
23
                                                        23
              DR. BIALECKI: Length of stay in the
                                                             range can vary some, because it depends on the
24
                                                        24
                                                             developmental age and needs of each child.
    residential unit is the next piece on here. And
                                                                                                        There
                                                396
                                                                                                         398
    residential, it would typically be a maximum of
                                                            might be some children at 18 who are functioning
 2
    30 days, but substance abuse in particular has
                                                         2
                                                            much younger who have a need for substance abuse
 3
    had a stay of more like 14 days.
                                                         3
                                                            treatment.
 4
              THE CHAIR: Okay. You've discussed
                                                         4
                                                                       THE CHAIR: Okay. So let's say when
 5
    about referrals and whether Heywood can refuse
                                                            you say qualify 14 as typically --
 6
                                                         6
                                                                       DR. BIALECKI: So I'm not talking
    admission, and you've discussed about the type of
 7
                                                         7
    licenses you believe are needed for that.
                                                            about five or six-year-olds being mixed in with
 8
              Ann, I think you've discussed about
                                                         8
                                                             teenagers, this is going to be adolescents.
                                                         9
 9
    the setting advantaging treatment. What about
                                                                       THE CHAIR: So what would be the
10
    Heywood's existing MHU, does it treat this type
                                                            youngest child you would admit, youngest aged
                                                        10
11
    of -- provide this type of service?
                                                        11
                                                            child?
              DR. BIALECKI: No, right now on
                                                        12
12
                                                                       DR. BIALECKI: I can't say what the
13
    Heywood's campus, there are only two options.
                                                        13
                                                            youngest age could be, because we've seen these
    One is a locked inpatient unit, and one is an
14
                                                        14
                                                            ages drop younger and younger all the time as the
15
    intensive outpatient program, so a day program,
                                                        15
                                                            substance abuse problem has grown. The ages have
16
    it does not have any residential programs
                                                        16
                                                            dropped to younger. Typically the youngest would
17
    available.
                                                        17
                                                            be about 13. That would be a typical answer, but
18
              THE CHAIR: And how about Athol or any
                                                        18
                                                            I can't guarantee that 13 would be the youngest.
19
    of the others that are --
                                                        19
                                                                       THE CHAIR: But for purposes of
20
              DR. BIALECKI: No.
                                                        20
                                                            qualifying for the license, the license itself
                                                        21
21
              THE CHAIR: So this would be a
                                                            doesn't --
                                                        22
22
   brand-new offering?
                                                                       DR. BIALECKI: No.
23
                                                        23
                                                                       THE CHAIR: -- pertain to a particular
              DR. BIALECKI: Mm-hmm.
24
              THE CHAIR: So then the next category
                                                        24
                                                            age range --
```

```
401
                                                 399
 1
              DR. BIALECKI: No.
                                                         1
                                                                       DR. BIALECKI: 16 and over.
              THE CHAIR: -- or minimum age? Okay.
                                                         2
 2
                                                                       THE CHAIR: And admission criteria?
 3
    And does -- I think you've answered a number of
                                                         3
                                                                       DR. BIALECKI: Again would be if it's
    the other questions in between. Do you currently
 4
                                                         4
                                                             someone who's coming in by way of a civil
 5
    at Heywood's existing MHU treat this type of
                                                             commitment, that's because a court has ordered
 6
    patient?
                                                         6
                                                             them into this type of treatment, so the criteria
 7
              DR. BIALECKI: No.
                                                             would basically be bound by what the court felt
                                                         7
 8
              THE CHAIR: So this is also an
                                                         8
                                                             their need was. And, again, it would have to be
 9
    additional service.
                                                             an appropriate setting to accommodate the
10
              DR. BIALECKI: Mm-hmm.
                                                         10
                                                             admission.
11
              THE CHAIR: Okay. The next grouping
                                                         11
                                                                       So if someone was convicted of an OUI,
    we had was DMH Licensure VII.
                                                            for example, and has not been successful in
12
                                                         12
13
              DR. BIALECKI: Right, which we've
                                                         13
                                                             treatment previously or hasn't voluntarily taken
14
    determined is not part of the plan. The IRTP
                                                             advantage of these kind of programs, the court
                                                         14
    license is not necessary for what we're
                                                             may commit them to have to complete three weeks
15
16
                                                         16
                                                             of intensive outpatient.
    proposing.
17
              THE CHAIR: So you are not planning to
                                                         17
                                                                       THE CHAIR: Is it only for people who
18
    do that?
                                                         18
                                                            are actually convicted? What about people that
19
              DR. BIALECKI: Right.
                                                         19
                                                             don't get a conviction or are you considering
20
                                                        20
                                                            CWOFs as part of a conviction?
              THE CHAIR: The next grouping we had
21
    was under Mass. General Laws Chapter 123, Section
                                                        21
                                                                       DR. BIALECKI: Sometimes the courts do
                                                         22
22
    35, which was civil court commitments to an
                                                            pretrial recommendations, so they could do that,
23
    alcohol and substance abuse program. Is that
                                                         23
                                                             too.
24
    Phase I, Phase II or Phase III?
                                                         24
                                                                       THE CHAIR: So if there's somebody
                                                 400
                                                                                                         402
 1
              DR. BIALECKI: Generally a Section 35
                                                             that wants to get into a program rather than go
 2
    requires someone to go into a detox unit, which
                                                         2
                                                            to jail.
    would be there at Phase III. Won't be there at
                                                         3
 3
                                                                       DR. BIALECKI: Right.
 4
    first, but later will be. So someone could be
                                                         4
                                                                       THE CHAIR: This is the type of --
    remanded to custody of the locked inpatient detox
                                                         5
                                                            now, do you reserve beds, a certain number of
    unit or they might be remanded to a facility
                                                            beds for that type of a situation or is it --
 6
                                                         6
 7
                                                         7
    other than Heywood where they go in for their
                                                                       DR. BIALECKI: No.
 8
    72-hour detoxification, and then the court
                                                         8
                                                                       THE CHAIR: It's all first come first
    decides because this is their third detox and it
                                                         9
                                                            serve.
10
    hasn't been successful that they want them to
                                                         10
                                                                       DR. BIALECKI: Right, and what's open
11
    continue on into a residential program, so they
                                                         11
                                                             at the time when someone has the need.
12
    land here.
                                                         12
                                                                       THE CHAIR: Okay. And the typical
13
              THE CHAIR: Well, sometimes people are
                                                         13
                                                            length of stay for this type of patient?
14
                                                         14
    stopped for OUI, operating under the influence,
                                                                       DR. BIALECKI: Again, it depends on
15
    the court will order them to go into a program.
                                                         15
                                                            the level of treatment they need. It could be
16
              DR. BIALECKI: Right.
                                                         16
                                                             three days for detox, it could be two weeks in
17
              THE CHAIR: Is that type of a
                                                         17
                                                             residential, and it could be an additional three
18
    situation covered here?
                                                         18
                                                             weeks as an outpatient, depending on what the
                                                            court determined is their need.
19
              DR. BIALECKI: Yeah.
                                                         19
              THE CHAIR: Okay, so the age range --
20
                                                        20
                                                                       THE CHAIR: I don't know if the court
21
                                                        21
                                                            would actually determine their need, that's
    the age range is what?
22
              DR. BIALECKI: Adults.
                                                         22
                                                             probably something that you would.
23
                                                         23
              THE CHAIR: Which you're defining
                                                                       DR. BIALECKI: Right.
   as --
                                                         24
24
                                                                       THE CHAIR: Okay. And do you --
```

405 currently does MHU currently treat such patients? 1 DR. BIALECKI: No. 2 2 DR. BIALECKI: Yes. People are THE CHAIR: So this is also a new 3 committed by way of the civil process as well to program? 4 the MHU currently. DR. BIALECKI: Right. Substance abuse 5 THE CHAIR: And then we have the next is a new program, because we don't have the capacity for this currently anywhere in the 6 category -- and, by the way, if anybody has any 6 questions, we can go back, but let me just try to 7 region. 8 8 get -- we're almost at the bottom of the list. THE CHAIR: The next category we had Substance abuse residential rehab program, is was substance abuse partial hospitalization or 10 that voluntary only? 10 day treatment program. Is that voluntary only? 11 DR. BIALECKI: No. 11 DR. BIALECKI: No. Those can be court THE CHAIR: So it's involuntary as 12 mandated as well. And this is where there would 12 13 well, which was covered earlier --13 be the potential for substance abuse as well as 14 DR. BIALECKI: Right. 14 other mental health treatment and not commingled 15 THE CHAIR: -- on one of your necessarily. You might have one group of 15 16 licenses. So to the extent that it's voluntary, patients who's there specifically around 16 17 is there a licensing body for that type of a 17 substance abuse treatment, it's an intensive day program, which like the START program that I 18 program? 18 19 referenced earlier, that's a three-week 9:00 to DR. BIALECKI: They still fall within 19 20 20 3:00 kind of a day, it's really intensive the DMH licensure category. 21 THE CHAIR: So what is -- didn't you 21 programming for all three weeks. They go every 22 22 -- I think you mentioned this as a category. weekday or four days a week in some cases. 23 DR. BIALECKI: There's some additional 23 The mental health patients would be 24 support sometimes from Department of Public 24 there for similar kind of a time, but with a 404 406 Health or the Bureau of Substance Abuse Services, little different treatment model. Again, it's 1 2 but it's not necessarily licensed by them alone. 2 intensive day treatment, but they all leave at 3 DMH typically overarches DPH licensure for the end of the day. 4 facilities. 4 THE CHAIR: And is this Phase I, Phase 5 THE CHAIR: So you highlighted this as 5 II or Phase III? a category in your earlier presentation because 6 DR. BIALECKI: This would be Phase I. 6 7 7 THE CHAIR: Phase I. And do currently it's DMH plus some other --8 DR. BIALECKI: Mm-hmm. 8 at MHU Unit treat such patients? 9 9 THE CHAIR: -- agency that can be DR. BIALECKI: Yes, but not the involved. DMH and --10 10 substance abuse. But the mental health patient, DR. BIALECKI: Right. DPH. 11 11 there is a 20-bed unit currently on the Heywood 12 THE CHAIR: DPH. 12 campus. DR. BIALECKI: The Bureau of Substance 13 13 THE CHAIR: That was -- I had a couple 14 Abuse Services is part of the Department of 14 more questions, but that was the end of sort of 15 Public Health, and they often provide additional like the grouping of -- and I think the piece 15 16 support to support substance abuse specifically. 16 that I want to make sure I have the connection on 17 THE CHAIR: Okay. And how long do 17 is suicide. 18 people usually stay that's voluntary? 18 You know, in your opening, that was one of the really startling facts was just like 19 DR. BIALECKI: Again, it could range, 19 20 depending on insurance funding, and it would 20 the high rate of suicide. And I'm having trouble 21 depend on the level. It could be from 72 hours 21 understanding how -- where the suicide prevention 22 22 all the way up to three weeks. map connects with these different categories. So 23 23 is suicide prevention something that's involved THE CHAIR: And you currently in your 24 MHU unit treat such patients. 24 at Phase I, II or III?

311	CIAL PERMIT APPLICATION PRESENTATION	1	12/9/2014
	407		409
1	DR. BIALECKI: All three.	1	campus in that case.
2	THE CHAIR: All three.	2	MS. ALLEN: Right.
3	DR. BIALECKI: Yeah.	3	DR. BIALECKI: But what we have found
4	THE CHAIR: And is it what would	4	is that the co-occurring disorders have risen to
5	you associate it most closely with in terms of	5	such levels of need that there isn't capacity to
6	the groupings that we just went through or is	6	provide the treatment services that folks need
7	that possible to do?	7	locally professionally.
8	DR. BIALECKI: It's pretty widespread	8	MS. ALLEN: So say is it pretty much
9	across all the categories that we've talked	9	going to be the case that someone who is, and
10	about. Suicide rates are much higher in a	10	we'll just to me it's easier to use an
11	population that is abusing substances as well as	11	example, someone who is a schizophrenic who is
12	a mentally ill population. The rate is	12	admitted into the center is also an addict, will
13	significantly higher than the general population	13	it always be combined?
14	because of the other struggles that people are	14	DR. BIALECKI: It might not always be
15	dealing with.	15	combined, no. Because there will be that locked
16	THE CHAIR: So would it be correct to	16	mental health unit that will help with the
17	understand that actually I don't think I have	17	capacity issue at Heywood's current site where
18	that question right now. Do you have any	18	they have
19	questions?	19	MS. ALLEN: Go straight up trying to
20	MR. MacEWEN: You're on a roll. No, I	20	take care of the capacity
21	don't have a question.	21	DR. BIALECKI: Right.
22	THE CHAIR: Does anybody here have any	22	MS. ALLEN: for mentally ill.
23	further questions? Nancy?	23	DR. BIALECKI: Right. By adding, not
24	MS. ALLEN: Nancy Allen, 17 Common	24	deleting. We need more. And the other piece
	408		410
1	Street. Rebecca, I'm going to try and frame this	1	might be that a patient that you're describing
2	question, but I'm a lay person so I probably	2	might certainly benefit from a partial
3	won't do a great job of it, but bear with me. It	3	hospitalization, which is a day treatment program
4	kind of touches on the very last section that you	4	where they come for three weeks straight, they
5	guys just talked about.	5	get involved with group activities, they get
6	And I'm just trying to understand the	6	involved with individual counseling, and really
7	differentiation for when, say, a straight-up	7	build coping mechanisms to be able to cope with
8	psychiatric patient, say schizophrenic, gets	8	their mental health illness and come up with some
9	introduced into the center who has no alcohol or	9	strategies to get the life skills they need to
10	excuse me, any drug addiction or abuse, it's	10	function without perhaps going to land in the
11	just straight-up mental health problems, when	11	hospital again.
12	that patient comes into the equation and and I	12	MS. ALLEN: Okay.
13	guess I also wonder why, I understand that	13	THE CHAIR: Paul?
14	someone might be a drug addict and has underlying	14	MR. YOUD: Rebecca, based on
15	secondary issues that are obvious, but	15	everything that I'm hearing, would it be fair to
16	schizophrenics can become addicts. But I'm just	16	say that most of what you're proposing is really
17	trying to figure out why you're I think purposely	17	a substance abuse service that would be primarily
18	melding the two. Unless it is a secondary issue,	18	licensed through the Department of Public
19	and if I'm wrong, that you won't be bringing in	19	Health's substance abuse, as opposed to see,
20		20	
21	mental health patients who do not have any kind of addiction, just correct me. So hopefully that	21	and you had all these listings of all these mental health licenses, right?
		22	·
22	makes some sense to you.		DR. BIALECKI: They're not necessarily mutually exclusive.
22			MILLIALLY EXCLUSIVE
23 24	DR. BIALECKI: I think mental health patients might be better suited on the Heywood	23 24	MR. YOUD: Well, from what you were

saying is that you don't intend to be running a mental health unit, a minor mental health unit.

You are going to have the adult, I understand

that, you're going to have the adult mental

health unit, that's clear. But then you also had

-- and I understand the IRTP, you don't want to

do that, but there still is a minor mental health

8 unit which you said you probably wouldn't be

doing. So that leaves us with -- with the

10 substance abuse services.

11 DR. BIALECKI: Are the majority of -are all of the residential services that we're 12

proposing for this plan focused on substance 13

14 abuse? Yes, they are. But one of the reasons

15 why we don't want to just be a substance abuse

16 only licensed to treat that is because then we

17 become much more silo'd and less able to

18 effectively deal with people with co-occurring

19 disorders.

MR. YOUD: I can understand that. 20

21 DR. BIALECKI: Okay.

22 THE CHAIR: Okay. Ross?

23 MR. FRANCE: I just have a follow-up.

24 THE CHAIR: Ross, just please identify

412

1 yourself.

2 MR. FRANCE: Ross France, 190 Hardwick

3 Road. My experience is you have a facility, and

4 then you respond to an RFR or either Department

of Mental Health or Department of Public Health

provides the funding for the service and the 6

7 license to service.

8 DR. BIALECKI: We are looking at

9 third-party billing rather than public funding

10 for this.

11 MR. FRANCE: Just third-party.

12 DR. BIALECKI: Yes, because you're

13 right, if you were applying for public funding,

14 you would wait for an RFP, apply, and go that

15 route.

16 MR. FRANCE: Now, and you would do

17 that for the detox though, yes?

DR. BIALECKI: Not necessarily, no. 18

19 MR. FRANCE: Okay.

20 DR. BIALECKI: I mean if one came up?

21 Possibly.

22 THE CHAIR: So could you for those of

23 us who don't operate in your world explain --

24 MR. BROWN: I thought that was pretty 1 good.

5

6

7

14

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24

2 THE CHAIR: Explain, Rebecca, would

you please explain, just summarize for us what

that exchange just meant.

DR. BIALECKI: Translation.

THE CHAIR: Yes.

DR. BIALECKI: I'm trying to remember

8 back to what Paul started, so I can catch the

whole thing. The majority of services offered at

the Petersham site would be focused on substance 10

abuse treatment, especially the residential 11

12 components that we're looking at, the people who

13 live there but are not in a locked unit.

The reason why we are not looking to respond to a public funding request through DPH or DMH is because we intend to have people funded through insurance. And that's how the current mental health unit at Heywood and the partial

19 hospitalization program is in fact funded. 20 We know that we have much more need

21 that we have to turn away at this point, so

22 that's why we want to increase capacity, and we

23 know that one of the significant needs in this

area is the substance abuse treatment, and that's

really lacking, that even when people are

2 successful in getting through detox through some

other facility outside the area, they then do not

have a lot of next step places to go, and that's

where people are most at risk to overdose and to

6 really get into big trouble, rather than having

7 beds locally so that they could come, spend a few

8 weeks, and really be healthy enough to transition

9 back home.

10 THE CHAIR: Okay, thanks. In terms of

11 relapse time periods, you provided a stat on a 12 seven-day basis. Do you have some more

13 statistics looking further out like say on a year

14

basis or like two years out, are those types of

statistics available for --

16 DR. BIALECKI: For the current MA2 17 stats, does the recidivism rate go up that far or 18 can -- I think it's just what the state tracks is 19 what we presented tonight.

20 MR. BROWN: Right, the state tracks.

21 DR. BIALECKI: There are adults with

22 chronic mental illness that do cycle through

23 medical facilities regularly. Some of what the

outpatient intensive model offers is another way

- 1 so people don't have to spiral to the point where
- 2 they require being hospitalized sometimes
- involuntarily that they can go in for these
- 4 longer term intensive treatment options and not
- 5 have to go to the more intensive intervention.
- 6 THE CHAIR: As part of your vision, do
- 7 you invite your sort of graduates back at all?
- 8 Like you mentioned that there's AA meetings,
- there's NA meetings, are those meetings open to
- 10 anyone who wanted to attend an AA or an NA
- meeting or are they limited to the residents of 11
- the facility? 12
- 13 DR. BIALECKI: I think our initial
- plan is to have them be limited to the in-house 14
- folks because there's not public transit 15
- 16 available for people to come in to meetings like
- 17 that here. But if we found out that there was a
- 18 community need, that Petersham doesn't in fact
- 19 have an NA meeting, maybe we could open that up.
- 20 Those are generally very locally
- 21 attended. I know the surrounding towns
- 22 throughout the North Quabbin have a number of the
- 23 meetings at all different times of the day.
- 24 THE CHAIR: It's my understanding that

- often people who have gotten these kind of
- 2 services, substance abuse services, need to touch
- base again in the future with the place where
- 4 they got help. And I guess I'm really kind of
- trying to find out if the facility you would run
- there is that type of a place or if they go back 6
- 7 to the referring party or --
- 8 DR. BIALECKI: They might continue on
- 9 long-term as an outpatient client so that the
- 10 clinician who helped them get better is the same
- 11 person still seeing them, but instead of seeing
- 12 them every day for three weeks, they now see
- 13 them, you know, once a week and then eventually
- 14 once every couple of weeks to the point where
- 15 they're in a better place.
- 16 THE CHAIR: Okay. So if the person
- 17 was a year or more out even and just was having
- 18 some triggering event, they wouldn't necessarily
- 19 be able to come back to the Quabbin Retreat and
- 20 like attend one of the meetings perhaps or
- whatever, that they would need to go through the 22 channels you describe where they have to get
- 23 referred in.

24 DR. BIALECKI: Only if they were

McCarthy reporting service

1 coming in to be admitted for an inpatient or a

- residential kind of stay. They could connect
- back with their outpatient clinic or their
- primary care physician to get in to one of those
- less restrictive programs certainly and connect
- back in that way. 6
- THE CHAIR: Okay. Let me, before I
- 8 forget, I wanted to ask about the one million
- dollars that was earmarked by the Commonwealth.
- 10 Can you just explain to us a little bit more
- 11 about that. Like what was the understanding that
- 12 the legislature had in earmarking that money for
- 13 your purchase of the property in terms of the use
- 14 that you would make?
- 15 DR. BIALECKI: That funding was really
- led by Senator Brewer and Senator Flanagan, along 16
- 17 with a number of other pieces of the state budget

resources rich enough to be able to combat the

- 18 that were targeted towards really building
- 20 addiction crisis that has riffed our part of the
- 21 state, certainly state-wide, but here in
- 22 particular.

19

2

416

- 23 And I believe that both of them felt
- 24 very strongly committed that if people can have

418

- services closer to home, they're going to be
- family, and having a site here seemed appropriate

better able to transition back to their home and

- given the fact that both of them were familiar
- with the property that we were purchasing and the
- purpose of it. 6
- 7 So I don't know that there were
- 8 specific documents supporting that legislation.
- 9 MR. BROWN: Really just re-acquisition
- 10 and the development of the property.
- 11 DR. BIALECKI: There were no
- 12 restrictions as far as the use of the dollars.
- 13 THE CHAIR: So it's like a line in the
- 14 budget that says that and that's all you'd really
- 15 find?
- 16 MR. BROWN: It's like a line. I think
- 17 it's a single sentence actually.
- 18 DR. BIALECKI: So there aren't
- 19 conditions for the receipt.
- 20 THE CHAIR: Let me also ask you, too,
- 21 about the status of the pilot agreement. Where
- 22 is that, what's the status of it?
- 23 MR. FLICK: With the tax exempt
 - committee, we have not received any invitation

419 from them to come and discuss the pilot 1 MR. FLICK: Correct, 21.1, if I may 2 agreement. 2 make that recommendation, since it's referenced 3 in the PowerPoint presentation. I am getting notices now of when their meetings are scheduled. I don't know when the 4 THE CHAIR: That's not a bad one, but 5 next meeting -- I know it hasn't been scheduled, we're going to call it 21A just to keep the but regardless of the invitation, we will be at 6 convention that we've done before. 6 7 the next meeting, because we want to be MR. FLICK: Not a problem. 8 8 discussing that. (Document marked.) 9 MR. MacEWEN: No questions. 9 THE CHAIR: So on the consultant, 10 sadly Rob Hubbard, who we had intended to hire, THE CHAIR: Any other questions? Ann? 10 we recently learned has died. And so we are in 11 MS. LEWIS: I had a quick one. So if 11 12 we had a Petersham resident who had substance the position of needing to address that loss, and 12 abuse issues with secondary mental health -- I'm 13 we had previously voted that we would like to 13 14 not even sure it would be secondary or primary --14 have a consultant. We received funds from the applicant for consultant work. 15 but who did not have health insurance, then they 15 16 could not avail themselves of your facility; is 16 So, Brian, do you have any thoughts on 17 that right? Because despite OmbmaCare, despite 17 what we might do as the next step? 18 18 Massachusetts health laws, there are a lot of MR. MacEWEN: Thanks to Nancy Allen 19 people who are still uninsured. 19 being diligent today in trying to track down some 20 DR. BIALECKI: In a case like that, I 20 names, we have some names. Unfortunately I 21 think then it would be appropriate for the staff 21 haven't had an opportunity to pursue anything 22 22 of the Athol and Heywood system to help them find after notification of the death. So I think we 23 23 need to decide how we want to move forward. a place that does take people who are uninsured, 24 because the facilities do exist, but it might not 24 You know, contact a few of these 420 422 1 be here. individuals, see what type of fees they're 2 MS. LEWIS: Okay. Thank you. 2 looking to get for this type of work. And 3 THE CHAIR: One of the things we need unfortunately I know we need to move this along 4 to cover tonight is the consultant, the status of fast, but it's not something that's going to 5 the consultant. And so it is getting late, I happen immediately without getting some answers, getting some contacts and getting some idea of thank you for making the presentation tonight. 7 7 Should I mark this as an exhibit, hearing whether an individual that's listed would even 8 exhibit? fit in a budget that we have for the consultant. 9 MR. FLICK: Yes, please. And I would Much less availability coming into the holiday 10 also include one more as a sub-exhibit to that. season. That's going to be another issue all 10 I don't know what exhibit numbers you've marked. 11 11 together. 12 That's the copy of the articles of -- the amended 12 THE CHAIR: In terms of the pool of 13 Articles of Organization for Heywood Healthcare. 13 candidates, you mentioned that Nancy's given you some names. You also should have received two 14 THE CHAIR: This is multiple copies of 14 15 15 names from me. that? 16 MR. FLICK: Yes. Yes. 16 MR. MacEWEN: Yeah. 17 THE CHAIR: So we're going to mark 17 THE CHAIR: So you have --18 tonight's PowerPoint presentation as hearing 18 MR. MacEWEN: One of the ones that you Exhibit No. 21. 19 19 supplied in your e-mail is coincidental with one 20 (Document marked.) 20 of the names supplied by Nancy as well, and 21 THE CHAIR: And the copy of the 21 that's Glen Eaton, MRPC executive director. 22 22 Articles of Amendment as -- you want that to be THE CHAIR: And then --23 referenced to the PowerPoint because it goes to 23 MR. MacEWEN: Some of the other names 24 24 the Dover Amendment presentation that you -from Nancy's list are out of the area, which I'm

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- guessing probably might not be as easy to make
- contact and easy to coordinate with as dealing
- 3 with someone out of, say, Fitchburg or Worcester
- so --4
- 5 THE CHAIR: John, you had provided --
- 6 MR. FLICK: Glen Eaton.
- 7 THE CHAIR: All right.
- 8 MR. MacEWEN: Okay.
- 9 THE CHAIR: And there was another name
- 10 that I had given you, but I'm not sure at the
- 11 moment who that was.
- 12 MR. MacEWEN: Bill Scanlon from
- Sibley, he did the Sibley Farm project. I don't 13
- know what the Sibley Farm project is in Spencer, 14
- so I don't know. 15
- 16 THE CHAIR: So we have a pool of like
- 17 five or six, maybe even more.
- MR. MacEWEN: Some of the names on the 18
- 19 list that you have here, Nancy basically noted
- 20 that she thought that they'd probably be out of
- 21 the price range for the consultant fee that we
- 22 have on the table, so I don't know. I mean, try
- 23 to make contact, Nancy's actually going to talk
- 24 with the Central Mass. PC individual and find out
 - 424
- what she can find out from her relative to her 1
- 2 availability, what she might be willing to do the
- work for. 3
- 4 And I guess that's what we need to do
- 5 with the other individuals is contact them and
- 6 then go from there. But obviously it's not
- 7 something we can have an answer overnight.
- 8 THE CHAIR: How long do you think
- 9 you'd need to get back to who you might
- 10 recommend?
- 11 MR. MacEWEN: We may find that we get
- 12 answers from all of the individuals that they're
- 13 not interested, too. So, I mean, that could
- 14 happen in a week. But, again, I would say
- 15 hopefully we'd have some answers over the course
- 16 of the next week one way or the other, because
- 17 then we're getting into the holiday weeks, which
- 18 is going to be tough to pin anyone down on.
- 19 So I'm hoping for suggestions on how
- 20 we want to tackle it, short of just getting calls
- 21 out. Nancy's already called several and left
- 22 messages, but obviously short notice, no return
- 23 calls yet.

24

THE CHAIR: I think, you know, since McCarthy reporting service

425

lead on this, we should just do what you think

you were kind enough to volunteer to take the

- 3 can reasonably be done.
- MR. MacEWEN: Okay. But the question
- is if you're looking to pin down a new date for
- 6 an answer of whether or not we have a consultant,
- one; and, two, what kind of timeline we'd be
- 8 talking about to have some type of results or
- report submitted for our review from the
- 10 consultant, that's something that obviously can't
- 11 be done at this point in time.
- 12 So I know where we're headed is trying
- to look ahead to where we want to continue to, 13
- 14 knowing that we want to get some answers or get a
- 15 report in front of us before we close the public
- 16 hearing and then move forward from there.
 - THE CHAIR: So next Tuesday is the
- 18 16th, December 16th. Do you think you can touch
- 19 base with them and get an initial level of
- 20 response as to level of interest and meet again
- 21 on the 16th to pick one? The Tuesday after
- that's the 23rd. 22
- 23 MR. MacEWEN: Right.
 - THE CHAIR: That I suppose would also
 - 426
 - be okay, but maybe better because we're trying to
- 2 move it along. We don't have to meet on a
- Tuesday either, I suppose, but do you think we
- 4 could meet next week?
- 5 MR. MacEWEN: We could do a follow-up
- schedule or continue to the 16th, and if in fact 6
- 7 we have either negative responses, they'll have
- 8 an answer, or if we don't have any answers, I
- don't know if we could postpone it via e-mail
- 10 contact and posting.
- 11 I'd just hate to have everyone come in
- here if we have nothing to report at that time. 12
- 13 It's still a very short time, one week away.
- 14 THE CHAIR: Well, if we were to pick
- 15 another day next week, I can't do the Wednesday.
- 16 MR. FLICK: I'm unavailable Wednesday
- 17 or Thursday next week. I have to be in another
- 18 town for meetings.

22

- 19 MR. MacEWEN: So we schedule for
- 20 Tuesday and if we have to postpone because we
- 21 don't have any results from our contacts --
 - THE CHAIR: Well, we'll continue.
- 23 Yeah, and what I can do is I can use the agenda
 - feature of the posting and actually -- although I

429 427 got to do that 48 hours in advance. 1 THE CHAIR: And then if you could for 2 MR. MacEWEN: See, that cuts you down any of the ones that seem positive, be sure that 3 we have their resume or their CV, something, so THE CHAIR: No, I can update it. I'll 4 we get a sense of what their qualifications are 5 do the posting and I'll update it, and if people as well as their interest, can you do that? 6 MR. MacEWEN: Mm-hmm. 6 want to log on and get the e-mails, you'll see, you know, and the updates will be specific people 7 THE CHAIR: Fabulous. MR. GRIMMER: Good job, Brian. 8 that -- we'll give detail to clue everyone in. 8 Eric? 9 MS. FLYNN: Marcia Flynn, 3 Hardwick 10 MR. MANDEL: Eric Mandel. I have a 10 Road. Out of curiosity, what report are you suggestion about the consultant, another way of referencing and who wrote it? 11 11 thinking about it. There was a name that THE CHAIR: Okay. It's in an earlier 12 12 everybody seemed to like very much, but that 13 -- it's referenced in an earlier part of the 13 14 person was too expensive it was decided. That 14 meeting. 15 15 person has written a report that was of interest, MS. FLYNN: Oh, okay. 16 and partly of interest because Henry Heywood 16 THE CHAIR: I'll tell you. Okay. 17 disputed the report. 17 MR. EATON: I just got a couple of 18 And what I was wondering is whether 18 questions here about we seem to be going pretty far afield of The Dover Amendment in our 19 you might want to call that person and ask them 19 20 what we could get for our \$3,600. It might not 20 questioning. I just wondered if these are the 21 21 be necessary to get a report that's this long, only factors that we're allowed to determine? 22 22 but if we got, for example, two things, if we got I'm on the limitations. Could you 23 23 her view of Heywood's evaluation of her report, just go over that quickly? And did this come 24 that might be very interesting data for us. 24 about because the cases that you referenced 428 430 1 And if she were to quickly triage our 1 exceeded this authority in their decision? 2 MR. FLICK: Yes. In many respects, 2 situation and tell us what it is we should be looking for, that might be very interesting for they did. They were denying -- for instance, the 4 us. And the reason I mention it is because she 4 Fitchburg case, the Zoning Board of Appeals 5 seemed to be a recognized expert in this area, 5 denied the special permit to operate the group 6 and therefore already vetted. residential facility on the basis that it was a 6 7 7 So I think if you were to consider group residential facility, and that the court 8 asking her what we can get for that amount of came in and said they couldn't do that, because 9 money, that might be -they couldn't regulate that use because it was 10 MR. GRIMMER: She's a real estate 10 subject to The Dover Amendment, but they could 11 agent. 11 regulate the other factors within the purview of 12 THE CHAIR: Thank you. Do you want to 12 the Dover Amendment, which was reasonable 13 add her to the list to contact her? I can get you 13 regulations concerning the building and the 14 her contact information. 14 structures, yard size, lot areas, setbacks, open 15 MR. MacEWEN: I remember reading her 15 space, parking and building coverage report, but that was the company. I don't know 16 16 requirements. 17 if you have her direct contact. 17 There are essentially two ways that 18 THE CHAIR: I will give you her 18 entities address Dover with the community. One 19 contact information. 19 is --20 MR. MacEWEN: Because she's out of New 20 UNIDENTIFIED SPEAKER: I can't hear. 21 21 MR. FLICK: I'm sorry. There are Hampshire. Her company is out of New Hampshire. 22 MR. FLICK: Arlington. 22 essentially two ways that entities will address 23 23 MR. MacEWEN: Okay. I thought it was Dover Amendment when they come into a community. 24 New Hampshire. 24 One is they come in like a steamroller, basically

1 saying Dover Amendment applies, you've got us,

2 too bad, that's it, and they end there.

We've had that happen to us in

4 Gardner. There's famous cases from Framingham

- 5 that involve that regarding South Middlesex
- 6 Opportunity Commission -- Council, excuse me.

o opportunity commission country, excuse me.

8 come in in more of a cooperative manner which is

The other way is for organizations to

- o come in in more of a cooperative manner winter is
- 9 the tactic that we've elected to take to say that
- 10 is who we are, this is what we're going to do,
- 11 we're going to be open and honest and tell you
 12 what we're going to do, however, Dover Amendment
- 13 applies.

7

14 That's similar to how the facility in

- 15 Middleborough proceeded. They also presented
- 16 letters and presentations to the Zoning Board of
- 17 Appeals in Middleborough that The Dover Amendment
- 18 applied to the facility as well, although a
- 19 formal determination was not made, it was more of
- 20 a cooperative discussion back and forth.
- 21 There were -- if you look at the
- 22 special conditions in their special permit, there
- 23 were some issues pertaining to use that were
- 24 addressed within the special permit, such as no

 - forensic psychiatric treatment, which is
- $2\,$ essentially the determination that a person's fit
- 3 to stand trial, mentally fit to stand trial.
- 4 That's something that if that were a condition
- ${f 5}$ that Petersham wanted to put on the special
- 6 permit, we're perfectly open to it because that's
- 7 not something we will be equipped to do or want
- 8 to do.
- 9 So that's why I make that presentation
- 10 tonight, simply as an informative piece, but at
- 11 the same time saying we're willing to have those
- 12 discussions to some extent over use, but it
- 13 really cannot come down to a determinative factor
- 14 in the ZBA's decision.
- 15 MR. MacEWEN: Okay. Thank you. Since
- 16 you're being so open, can you give us an update
- 17 on how things are going with DEP relative to the
- 18 water source and the septic system issues?
- 19 MR. FLICK: Well, if I can. I asked
- 20 if there were going to be questions for the
- 21 engineers, and I think those would be questions
- 22 that are more apt to be --
- 23 MR. MacEWEN: I'm not looking for a
- 24 technical, I'm just -- do you know where it

- 1 stands, has it moved forward, or how is it
- 2 progressing?
- 3 MR. GRIMMER: Mike Grimmer, Heywood
- 4 Healthcare, Chief Operating Officer at Athol
- 5 Hospital. It's moving forward well. We've done
- 6 percolation tests on site. However, we're
- 7 looking at all the things we have to do.
- 8 You know, we got a determination on
- 9 the well itself that the -- that was a big piece
- 10 for us. The original well was going to be
- 11 suitable based on I think we presented last week
- 12 Bill Hannigan or last month Bill Hannigan
- 13 presented that, you know, it was determined to be
- 14 a use of a nursing home type thing, all of those
- 15 things.
- So it's working well, and they're
- 17 putting their restrictions on and they're going
- 18 to make sure they test the water quality going
- 19 forward and all this, but no red flags at this
- 20 point.

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- THE CHAIR: Do I understand the
- 22 engineers are available to come back?
- 23 MR. GRIMMER: Absolutely.
 - THE CHAIR: We're actually thinking of
 - 434
- 1 having them back once they have more to report.
- 2 Once they're --
- 3 MR. MacEWEN: That was my next
- 4 question. Obviously the tree clearing when it's
- 5 for the septic is going to be a key issue with
- 6 the abutting property. So I was just thinking
- 7 once they have a better feel for what the
- 8 footprint might be based on, and they don't have
- 9 to have a final design, but they'll have a good
- 10 feel for what their limits of work will be,
- 11 that's something that would be interesting to see
 - on paper.

12

- 13 MR. FLICK: We're hoping that that
- 14 will be available for January.
- 15 MR. MacEWEN: And getting back to the
- 16 Dover law, so relative to special permits to
- 17 Section 2, our Item D relative to limitation of
- 18 size, number of occupants, method of operation,
- 19 are you saying that The Dover Amendment trumps
- 20 that --

- MR. FLICK: Yes.
- MR. MacEWEN: -- in our by-laws?
- 23 MR. FLICK: Method of operation, yes,
- 24 it absolutely trumps that.

437 435 1 MR. MacEWEN: Number of size and 1 at the dominant purpose, and if the dominant 2 number of occupants? purpose is education, then the use of the 3 MR. FLICK: Size, no, under facility is exempt from zoning. determining -- reasonable regulations concerning MS. LEWIS: Okay. And the other 4 4 5 bulk and height of structures, and occupants related to DEP. So you're saying that DEP has 6 would be governed by the size of the structure, 6 agreed to grandfather the buildings and the because you're going to have occupancy permit for parking lots and all of the structures that are 7 7 within Zone 1? 8 a specific safe number. 8 9 MR. MacEWEN: Based on use. 9 MR. FLICK: No. 10 MR. FLICK: Correct. So that's part 10 THE CHAIR: Can I just take a time out there. Can you please hold that question, and parcel with bulk of the structure. 11 11 12 MR. MacEWEN: Hours of operation? because we will have the engineers back, and the 12 13 MR. FLICK: Again, that really falls engineers are working directly with DEP and will 13 14 under the use issue and a facility of this nature be able to probably best address it, and then 14 15 really has to be 24-7 because it's residential. 15 also give us the most up-to-date information. We 16 MR. MacEWEN: No, I'm just trying to 16 do know from prior meeting that things are under 17 get it clarified. Because that's one item in our 17 assessment, under review. MR. GRIMMER: That's fair. 18 by-law that kind of contradicts everything you 18 19 THE CHAIR: Would that be okay, Ann? 19 went over. 20 20 MR. FLICK: But if you look at that MS. LEWIS: Sure. 21 within the examples like the Fitchburg case and 21 THE CHAIR: Do you want to just state the Gardner Athol Area Mental Health Case, all of 22 22 your question so in case you're not here, we'll 23 those dealt with residential facilities. 23 be sure to ask it, but if you would please not 24 MR. MacEWEN: Citings. 24 answer it in interest of time. 436 438 MR. FLICK: Citings. So by nature, 1 MS. LEWIS: Okay. It's a pretty easy 1 2 they're 24-7. 2 question. The impression I got from what you 3 THE CHAIR: But the ones in those said is that DEP is at least right now planning 4 to grandfather the buildings and the parking lot cases weren't this type of a facility. 5 MR. FLICK: Similar. There's some within Zone 1, but not grandfather the leach field that's within Zone 2. 6 very clear similarities. 7 7 THE CHAIR: And we're actually, THE CHAIR: So you want some 8 everybody, we're going to be rapping this up for 8 clarification on that. 9 9 tonight really quickly, because we don't go past MS. LEWIS: Yes. 10 10:00 O'clock, everybody has things to do, places 10 THE CHAIR: Okay, we got it. 11 to be in the morning. But, Ann, you had --11 MS. LEWIS: Otherwise you'd have to 12 MS. LEWIS: I had two points of 12 move the well or the buildings. clarification. One is with The Dover Amendment. 13 13 THE CHAIR: Okay. For those of you It's my understanding from reading what you 14 14 that -- John has actually mentioned The Dover 15 presented, and there are a lot of ellipses in 15 Amendment in an earlier meeting, this is not the 16 there, so I don't know what it really says, but 16 first time we've heard of it, but you went into a 17 that we could regulate the detox unit because 17 lot more detail tonight than you had previously. 18 that's not primarily an educational unit; is that 18 For those of you who are not familiar, 19 true? 19 The Dover Amendment is an area of the law that MR. FLICK: There's really not 20 20 has some controversies associated with it, so if 21 21 selective regulation. there's been some current cases as John has MS. LEWIS: That's your 22 22 mentioned, it's been the lead story on the 23 23 interpretation. Massachusetts Lawyers Weekly publication that 24 MR. FLICK: Well, yes. But you look 24 comes out when there's disagreement among lawyers

	439		441
1	over what it means and how it applies.	1	MR EATON: Aye.
2	So I think it's entirely appropriate	2	MR. MacEWEN: Aye.
3	that you're making it as part of your	3	(The hearing then recessed.)
4	presentation, but it certainly is something that	4	
5	is not necessarily without a different	5	
6	interpretation or something that even if the	6	
7	interpretation or bottom line ended up being	7	
8	consistent, not something that I would think that	8	
9	we would want to leave without getting our own	9	
10	legal opinion on how it applies in this	10	
11	particular situation.	11	
12	Okay. Anything else from the board	12	
13	for tonight? We need a motion to continue to our	13	
14	next meeting. And other than that, I think we	14	
15	MR. MacEWEN: What number is that?	15	
16	MR. BROWN: 16.	16	
17	THE CHAIR: We talked about the 16th I	17	
18	think at our usual time, which is 7:30, and here	18	
19	if the room's available. If it's not we would	19	
20	plan for it to be here, and we would move it.	20	
21	MR. MacEWEN: I make a motion to	21	
22	continue to December 16th at 7:30 p.m.	22	
23	MR. EATON: I second.	23	
24	THE CHAIR: All in favor?	24	
	440		442
1	440 MR. MacEWEN: Aye.	1	442 <u>CERTIFICATION</u>
1 2		2	
_	MR. MacEWEN: Aye.	2	
2	MR. MacEWEN: Aye. MR. EATON: Aye.	2 3 4	<u>CERTIFICATION</u>
3	MR. MacEWEN: Aye. MR. EATON: Aye. THE CHAIR: Aye. John?	2 3 4 5	CERTIFICATION I, CAROL A. JEFFREY, hereby certify the
2 3 4	MR. MacEWEN: Aye. MR. EATON: Aye. THE CHAIR: Aye. John? MR. FLICK: Quick question on that, do	2 3 4 5 6	CERTIFICATION I, CAROL A. JEFFREY, hereby certify the foregoing to be a true and complete transcript of
2 3 4 5	MR. MacEWEN: Aye. MR. EATON: Aye. THE CHAIR: Aye. John? MR. FLICK: Quick question on that, do we need a court reporter on that or would it be	2 3 4 5 6 7	I, CAROL A. JEFFREY, hereby certify the foregoing to be a true and complete transcript of the oral evidence presented at the subject
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