

So in Phase I, which would be the beginning and probably about a year of construction and development to establish a residential adult substance abuse unit. It would be up to 35 beds, although 35 beds -- we have space for 24 beds is really the realistic number that we're targeting per unit in response to the needs of the community.

It would also include expanding
Heywood's existing partial hospitalization program and intensive outpatient programs to meet the growing demand for these services, provide routine outpatient services, which may include psychiatry and related clinical services for mental health and substance abuse. So that would be Phase I.

Phase II, the options include a residential adolescent substance abuse program, which would be approximately 20 beds, because it's that single building that's out on the side. As you face the property, it's to the right.

Phase III is then the more intensive renovations that would be required to build the inpatient detox unit of ten beds, to provide for
medical support for patients prior to transitioning to residential programs, so this would be the adult detox unit, as well as an inpatient mental health unit, again up to 20 beds, expanding the existing unit at Heywood to address the current shortage of inpatient capacity.

To really look at the whole project as a whole, an overview, mental health and addiction treatment are rooted in rehabilitative education. It really is about changing skills and changing how people think about the choices they make and better educating them to take a different path going forward.

All the behavioral health treatment models are based in evidence-based proven treatment approaches that are cited as "best practices" within the field.

Behavioral health treatment is an integral part of overall health and wellness and must be coordinated with primary care. That's part of what Heywood has been very committed to, and certainly the Board of Trustees has made an ongoing commitment to make sure that behavioral

348
health really is part of overall health.
Each personalized treatment plan, specific to each individual's physical, psychological and spiritual needs, also includes clinical care for co-occurring mental health conditions such as depression or anxiety disorders, which is what one of the unique pieces of this continuum of care model brings is really looking at co-occurring disorders. So people who are using substances to perhaps self-medicate for other mental illness, it's all in one place, so it can be addressed seamlessly.

Supportive and complementary rehabilitation programs will be included, including we just had a conversation the other day confirming some plans with Seeds of Solidarity to build a wellness garden at the site and offer related nutrition and health programming, as they do at the other campuses currently part of Heywood.

Intake and referral will be handled at the sending site. Most patients will be arriving from a hospital setting or other detox unit and will need to be referred to the program by

## clinical teams

There might occasionally be a referral that comes in from an outpatient provider. Currently our system allows for CSO to do mobile crisis intervention. For example, if they met with a patient of theirs who felt that they were escalating to the point where they needed a more intensive treatment, they could refer in there. But it will not be a walk-in center where people will arrive to have the intake done on site.

All treatment will be a team model with each care team developing a treatment plan unique to that individual's diagnosis.

Care teams will be responsible for preparing discharge plans for all patients. Transportation assistance to the pre-determined next step of placement would be offered. So, again, no one is discharged to the street, because that's not the way this model works.

As part of a comprehensive treatment approach, a wide array of services at the retreat to augment treatment and to support recovery include psychiatric, psychopharmacological assessment, medication management, case
management services, including ongoing
consultation with the referring physician, and aftercare planning. Again, that's really a strong part of that discharge plan.

Group-based supportive therapies, psycho-education, and life skills training are certainly key. Family education and support for the support network that each patient will have as they transition back to their home community, vocational assistance or training as needed.

Nutritional assessment, education, toxicology, testing when indicated, and patients will be supervised by staff at all levels and will remain on site for the duration of their treatment of rehabilitation. Outdoor and indoor recreational opportunities need to be provided for patients at every level of care.

In Phase I, when we develop
residential services, they are intended to offer supportive and therapeutic setting for adults, typically 18 and over, who would benefit from additional support while transitioning to independent living. Treatment options focus on improving the skills to make better life choices.

352
Residential program in Phase $I$ would provide treatment for adults struggling with substance abuse disorders and addiction who have completed a detox program for a period -- the detox program is typically up to 72 hours. The residential piece would be from up to 21 days, although the typical length of stay that I'm hearing right now is more like ten days. And that has a lot to do with insurance-funded treatment and what they'll pay for for someone to stay.

Development of an individualized treatment plan, it will provide educational support as the patient gains independence from addictive substances, learns to manage the stress of an active life without returning to the drug or alcohol dependence, attain personal, career and recovery goals.

The program features are in-depth individual assessment, group therapy, medication stabilization, education, illness management, psychopharmacology services, abstinence education, life skills education, after-care assistance, relapse prevention, and self-help

So when these people are living at the site 24-7 for the period of their treatment, you know, 10 to 14 days, they have a really intensive regimen that they're involved with all day.

Intensive outpatient services is the other part of Phase I, and they're intended to include a partial hospitalization and intensive outpatient addiction programs.

Typically folks arrive around 9:00 o'clock in the morning, leave the property around 3:00 o'clock in the afternoon, and during that time, they have intensive therapy, both group and individual, while they're there throughout the day. But they have progressed to a point where they're capable of being at home in the evening and being out in the community unsupervised after that. But this is really sort of that next step from residential treatment offered.

There are things like the START intensive outpatient program which aids in the early phases of sobriety and recovery from substance abuse. It's a three-week program designed to educate individuals in an effort to 354
develop insight and skills necessary to remain abstinent from drugs and alcohol. Early recovery groups for substance abuse treatment focused on relapse prevention and harm reduction.

The START intensive outpatient treatment program again is strong on developing the skills necessary -- and I think I didn't switch that one.

The partial hospitalization program provides daily assessments by a clinical staff, psychotherapy, life coaching in a therapeutic milieu. The program acts as a step-down for any individuals leaving an inpatient setting or as an early intervention to avoid potential hospitalization.

When we get to Phase II, Phase II would really include the development of an adolescent substance abuse service. And residential treatment would be appropriate for youth experiencing health, emotional, behavioral, family, developmental or social problems as a result of alcohol or other drug in use and whose issues have not been able to be addressed in a less intensive community-based level of care.

recidivism means that fewer patients leave the facility and then have to be readmitted within seven days for further treatment.

When we look at the types of licenses that we had presented previously, we looked at all of the licenses again and decided to remove the Class VII because it just isn't feasible for this site. All the other licenses are things that have been presented in the past, and include various voluntary and involuntary treatment models.

Some additional regulatory oversight is provided by the Mass. Department of Public Health, and their Bureau of Substance Abuse Services, which is one of the departments within the Department of Public Health.

And I'm going to turn it over to Attorney Flick, as soon as we figure out if there are questions perhaps for me.

THE CHAIR: I think there will be, but do you want to just finish the presentation?

MR. FLICK: Okay. What I want to talk about is basically some of the legal framework that is involved in this project, in particular 360
with the ZBA's purview over the use of the property. And I'm going to turn to statutory provision that's called The Dover Amendment.

The Dover Amendment is enumerated in
Mass. General Laws Chapter 48, Section 3. It states that, "No zoning ordinance or by-laws shall regulate or restrict the...use of land or structures for...for educational purposes on land owned or leased by...a nonprofit educational corporation; provided, however, that such land or structures may be subject to reasonable regulations concerning the bulk and height of structures and determining yard sizes, lot area, setbacks, open space, parking, and building coverage requirements."

The key in The Dover Amendment is that no zoning ordinance or by-law can regulate an educational use. That is essentially what The Dover Amendment says. The question becomes what is an educational use.

There are two requirements that have to be met in order for the Dover Amendment to apply. First, the use must be for educational purposes. Second, the land and/or structure used
for the educational purposes must be owned or leased by a nonprofit educational corporation. And this is one court case that discusses this. It's a relatively recent case from 2009.

We're going to talk about the second qualification first. And all of this is done to gain an understanding as to whether or not the use that was just described by Dr. Bialecki falls under The Dover Amendment, and, therefore, cannot be regulated by the DBA.

Under the second qualification, the land and/or structure used for the educational purposes must be owned or leased by a nonprofit educational corporation. This is satisfied if the nonprofit corporation's articles of organization permit it to engage in educational activities.

This is probably one of the most well-cited cases in Dover Amendment litigation, Gardner Athol Area Mental Health Association versus The Zoning Board of Appeals, 1987. No, I was not involved in that case.

This is an excerpt, and I have copies to present to the ZBA. This is an excerpt from

362
Heywood Healthcare, Incorporated, Amended Articles of Organization, which I believe were amended in 2012.
"The corporation is formed and shall be operated exclusively for charitable and educational purposes as defined under Internal Revenue Code Section 501(c)(3) to support and further the purposes of The Henry Heywood Memorial Hospital, Athol Memorial Hospital and other corporations of which the corporation is the sole corporate member, provided, in each case, that such organization is qualified under Code Section 501(c)(3)."

So essentially this is a nonprofit organization that is an umbrella over other nonprofit organizations that are involved in charitable and educational purposes.

Second qualification, and this is perhaps the most robustly discussed qualification when it comes to Dover Amendment matters. Is the land or structure used for the educational purposes -- well, we'll just talk about -- I'm sorry, we're going to talk about the first qualification. Let me just wrap this one up.

So Heywood Healthcare is a not-for-profit educational organization. Heywood Healthcare, Inc., is the operating entity of Quabbin Retreat, so it satisfies the second qualification of The Dover Amendment. The question is does it satisfy the first qualification of The Dover Amendment, which is is the use for educational purposes.

In order to satisfy the first qualification, The Dover Amendment requires the educational purposes protect only those uses serving primarily educational purposes, i.e., does the proposed use have as its dominant purpose a goal that reasonably could be described as educationally significant.

This is a very recent case, 2012, that involves the Regis College was developing essentially an assisted living facility on its campus or on land owned by contiguous to campus. Only the residents of that were allowed to enroll in the college, as well as the center was going to be used for education of students in elder care services.

The relevant question: Does the 364
proposed use have as its dominant purpose a goal that reasonably could be described as educationally significant. Well, let's look at the purpose.

A summary of the purpose of the Quabbin Retreat, based upon Dr. Bialecki's presentation, rehabilitation of persons suffering from behavioral health disorders, including substance abuse and addiction. The goal of rehabilitation is to build skills to improve self-sufficiency, build coping mechanisms, and develop healthy stress response in a safe, stable, and healing environment, with the end result being a person who is able to face their individual behavioral issues with the tools necessary to cope in healthy ways. So that is in a nutshell the purpose of the Quabbin Retreat.

So what constitutes an educational purpose. Massachusetts courts have consistently refused to limit Dover Amendment protection to traditional or conventional educational regimes, citing again the Regis College case. A proposed use of land or structures may have an educational purpose notwithstanding that it serves
nontraditional communities of learners in a manner tailored to their individual needs and capabilities.

Also citing the Regis case, The Dover Amendment has been applied to certain facilities for the disabled and the infirmed, notwithstanding that the education afforded by such institutions differed markedly from that offered by traditional academic institutions.

What constitutes educational purposes. Again going back to the Gardner Athol Area Mental Health, rehabilitation surely falls within the meaning of education. And that is quoted directly out of the Gardner Athol Area Mental Health case, citing the Harbor Schools case which goes back to 1977. So as you can see, this perspective of the Massachusetts courts that rehabilitation is educational dates back to 1977. So it's been a long-standing holding of Massachusetts courts.

A more recent case, actually not that much more recent from 1980, this case was developed shortly after the prior case Harbor Schools that stated rehabilitation surely falls 366
within the meaning of education, this case involved the Fitchburg Housing Authority versus the Zoning Board of Appeals in Fitchburg, it considered whether or not the operation of a residential facility in which formerly institutionalized but educable adults with histories of mental difficulty will live while being trained in skills for independent living, such as self-care, cooking, job seeking, budgeting, and making use of community resources. This again is a well-cited case to address that addresses issues regarding The Dover Amendment.

In the Fitchburg Housing Authority case, the court stated that the fact that many of the residents of the facility will have been residents of mental institutions and will be taking prescription drugs does not negate its educational purpose or make its dominant purpose medical.

The court also stated that the fact that the facility will provide residential accommodations does not interfere with its educational use. In his conclusion on the case, Judge Wilkins said, "The proposed facility would
fulfill a significant educational goal in preparing its residents to live by themselves outside the institutional setting. Instruction in the activities of daily living is neither trivial nor unnecessary to these persons. On the contrary, for the prospective residents of the proposed facility to learn or relearn such skills is an important step toward developing their powers and capabilities as human beings.
Inculcating a basic understanding of how to cope with everyday problems and to maintain oneself in society is incontestably an educational process." I wish would have been the one to say that, but I give Judge Wilkins the credit.

So we ask the question again: Does the proposed use have as a dominant purpose a goal that reasonably could be described as educationally significant? And the sub-questions help us answer that. Will the facility, meaning the Quabbin Retreat, prepare its residents to live by themselves outside the institutional setting? Yes. Will the facility's residents receive instruction in the activities of daily living? Yes. Will the facility's residents

368
1 develop an understanding how to cope with everyday problems and to maintain oneself in society? Yes.

So of the 86 proposed beds, and I know the number's a little bit different in Dr. Bialecki's presentation, 86 is the maximum beds that are currently in the facility. That does not mean that we will be utilizing all 86 beds. I think the number was about 66,67 beds. That may be a more realistic number. But of that number, only ten beds will be available for inpatient detoxification.

That is a significant -- that is less than even 25 percent of the proposed beds that are being presented tonight. Of the remaining beds will be dedicated to behavioral health treatment or rehabilitation. So 88 percent of the 86 beds will be dedicated to treating and rehabilitating -- treating or rehabilitation, I believe those are synonymous terms in mental health, treating and rehabilitating, because treatment is rehabilitation, rehabilitation is treatment, of persons with behavioral disorders.

Therefore, the dominant purpose of the

24

Quabbin Retreat can reasonably be described as educationally significant. The Dover

Amendment -- so, therefore, The Dover Amendment applies. The use of the facility that is being proposed cannot be regulated by the Petersham Zoning Board of Appeals, but what the ZBA can do is issue reasonable regulations concerning the bulk and height of structures. We're not changing any of that. Determining yard sizes, lot area, setbacks, open space, parking, and building coverage requirements. That is pursuant to Mass. General Laws, Chapter 40A, Section 3.

Moving on to just a few questions that were raised at the last ZBA hearing, and that was the one just before Thanksgiving, question was raised about the issue regarding removal of trees. When this project initially began, the hope was and the expectation was that the septic system would be able to be located where the existing septic system is currently located, which is right here where you see these two red outlined squares.

The problem is now that the DEP has become involved with the water source and
regulating that, you go back to these two circles: One being area one in which no activity can occur; and the second being this larger area here, this protected area, where we can't do any significant construction or anything that would impact the water supply.

So, therefore, from a regulatory standpoint, the septic system cannot be put anywhere within this outside circle. So, therefore, based on the DEP's rulings, it has to be located outside that circle and will then necessitate the removal of trees that were not intended to be removed when we initially started this project.

There was also a question raised as to the fees. The fees that are involved in this project, one time occupancy permit for the Town of Petersham is a $\$ 25$ fee. The building permit is a one-time fee of approximately $\$ 30,000$. That is a fee that will be paid in phases as each phase is completed. It's based upon the square footage of construction.

The food service inspection is an annual fee to the Board of Health, and that's
\$150. Fire inspection, really not sure what's going to be involved with that. I haven't had a chance to talk to the chief to see if there is a fee for any types of inspections. There typically aren't inspections from local fire. But that's something that we're still looking at.

There will be a one-time sign permit fee of $\$ 25$. Driveway permit fee of $\$ 50$. Fire compliance one-time fee of $\$ 75$. Electrical inspections, \$450. Gas inspections, \$150. Plumbing permit, \$300.

These are all based upon the current table of fees from the Town of Petersham. Water and septic permits is to the DEP. There's no local involvement in these, because it's all DEP inspection and DEP permitting. It's up to $\$ 18,000$, depending on some of the things that we're still waiting on DEP to make a determination of, but that's about the maximum, $\$ 18,000$ and some change. So the total initial fees that would be paid prior to construction would be $\$ 49,225$.

And as far as the annual monitoring of the water and septic permits, that will be
conducted by a third-party engineering company that's contracted by Heywood that would provide reports on a quarterly basis to DEP and/or remote monitoring process with DEP. It would not involve any local inspectors.

So the next steps, the DEP permit process, water source or septic treatment, parking lot and external renovations for safety, dealing with ground water runoff and lighting, complete and internal renovations for safety, sprinkler system, and fire safety systems.

Step four, complete internal
renovations for Phase I services, administrative offices, outpatient treatment areas, recreation areas, food service, and the residential unit. And step five, hiring process, and then on and on with Phase II and Phase III. And that is the conclusion.

DR. BIALECKI: I had a couple of additional questions that I just wanted to make sure I included as part of the presentation. These were some of the questions that were sent in advance.

As far as gender, it is intended that
the units would be co-ed units, but there would be separation for shower, bathing facilities, and bedrooms would be separated a bit, depending on gender.

Can Heywood refuse admission? Only in the event that a patient was presenting with issues that would not be appropriately addressed by the treatment services and rehab offered at the unit.

So typically when a referral comes in from a crisis provider or from another facility, they have a pretty good understanding of what's there, so generally there's not a need to have to refuse treatment. But on the occasion that there might be someone who has some issue that's beyond the scope of what can be offered at this site, then refusal of admission is certainly an option.

The other one was around how does the rural or retreat setting advantage treatment. As mentioned earlier, and certainly in John's presentation, it was noted that these services being built in a healing environment is the best way to help people put their lives back together and get back on track to be able to rejoin their
home, community and family. And being in a rural setting certainly is conducive to that. Along with a lot of the other treatment modalities that are really rooted in holistic health providing real benefit to all of the residents of the site.

So I'm hoping that that really -- and I think the other questions were really addressed within the presentation of each phase.

THE CHAIR: Thank you.
MR. MacEWEN: Thank you.
THE CHAIR: Are there any questions from anyone here in the public?

Roy? Please state your name and your address for the record.

MR. NILSON: I was planning to do
that. Roy Nilson, N-i-l-s-o-n, 21 Common Street. A question for Rebecca, and then a question for John.

The way I counted them up, you said 64 beds or maybe 75 beds, but not 86 beds. And I'm wondering how many beds are we talking about?

DR. BIALECKI: 86 beds was the total capacity of the facility.

MR. NILSON: Understood.

|  | 375 |  | 377 |
| :---: | :---: | :---: | :---: |
| 1 | DR. BIALECKI: And when we looked at | 1 | DR. BIALECKI: Could be crisis |
| 2 | breaking it down phase by phase, it was closer to | 2 | services, it could also be places like Adcare or |
| 3 | 66 | 3 | other like facilities. It could also come in |
| 4 | MR. NILSON: So 20, 20 and 35. | 4 | from an individual |
| 5 | DR. BIALECKI: Yes | 5 | MR. YOUD: Section 12 or something |
| 6 | MR. NILSON: Or 24. John, are you | 6 | like that? |
| 7 | asserting that the zoning board has no authority | 7 | DR. BIALECKI: Yes. Yes. |
| 8 | over this project at all or more narrowly that | 8 | MR. YOUD: And then you still had -- I |
| 9 | they have no, under Dover, no authority to | 9 | heard you say you were going to eliminate the DMH |
| 10 | regulate operations beyond the size and scope of | 10 | License VII. But do you still intend by the end |
| 11 | the building? | 11 | of the third phase then to also build a locked |
| 12 | MR. FLICK: Correct. It's they cannot | 12 | unit for minors? |
| 13 | -- the Zoning Board of Appeals under The Dover | 13 | DR. BIALECKI: No. |
| 14 | Amendment cannot regulate the use of the facility | 14 | MR. YOUD: So you don't need the |
| 15 | as far as the programs that are going to | 15 | license? |
| 16 | provided within the facility itself, and the | 16 | DR. BIALECKI: That's why we dropped |
| 17 | treatment methodologies | 17 | the VII. |
| 18 | MR. NILSON: Thanks. | 18 | MR. YOUD: How about the VI, there's a |
| 19 | THE CHAIR: Any other? Paul? | 19 | DMR License VI which is for minors. |
| 20 | MR. YOUD: Yeah, I had a number of | 20 | DR. BIALECKI: In the event that there |
| 21 | questions. | 21 | are -- some of the treatments depend on older |
| 22 | THE CHAIR: Just please identify | 22 | adolescents being included in the adult |
| 23 | yourself. | 23 | population -- |
| 24 | MR. YOUD: Paul Youd, 16 Hardwick | 24 | MR. YOUD: Yeah, but that's the - |
|  | 376 |  | 378 |
| 1 | Road, Petersham. And that I guess was just the | 1 | DR. BIALECKI: -- when it's |
| 2 | particulars for Rebecca. So there is going to be | 2 | appropriate, that's the limit. |
| 3 | an adult locked unit, menta | 3 | THE CHAIR: I'm sorry, just for |
| 4 | capacity there is 20 people, and that's for all | 4 | purposes of the reporter, only one person can |
| 5 | three phases. So at the end of the third phase, | 5 | speak at a time. It's difficult, I appreciate |
| 6 | that capacity would be 20 ? | 6 | the dialogue, but we do need to not have people |
| 7 | MR. FLICK: Let me go back. | 7 | talking over one another. Sorry. |
| 8 | DR. BIALECKI: Phase III | 8 | OUD: I apologize. |
| 9 | MR. FLICK: I think that was | 9 | THE CHAIR: Paul, why don't you |
| 10 | MR. BROWN: Further. | 10 | restate your question. |
| 11 | DR. BIALECKI: So the inpatient, the | 11 | MR. YOUD: Okay. So I understand that |
| 12 | locked inpatient unit is ten beds. | 12 | -- I understand that there will be older |
| 13 | MR. FLICK: Ten beds | 13 | adolescents on the adult unit. But in the |
| 14 | DR. BIALECKI: That's the steel | 14 | original PowerPoint presentation like at the last |
| 15 | structured building. | 15 | meeting and probably the one before that, there |
| 16 | MR. YOUD: Yes. And that's for the | 16 | was also listed a DMH License VI, which is for |
| 17 | adults, which the mix is of 17,18 | 17 | minors age, you know, like three up to like 16. |
| 18 | DR. BIALECKI: Yes | 18 | And my question is is it your intention still to |
| 19 | MR. YOUD: Okay, that's what I was | 19 | go forward and do that? |
| 20 | looking for. And the referrals there are from | 20 | DR. BIALECKI: No. |
| 21 | community support options, is that what you said? | 21 | MR. YOUD: So you're withdrawing, |
| 22 | DR. BIALECKI: Not just them. | 22 | you're going to take that one -- |
| 23 | MR. YOUD: But emergency service | 23 | DR. BIALECKI: The request initially |
| 24 | units. | 24 | from the ZBA was to provide an exhaustive list of |

every license we may apply for. That's what we did. At this point, I'm trying to narrow the scope so that people really understand what the intent is. It's never been our intent to treat pediatric population in a locked mental health facility.

MR. YOUD: Okay.
THE CHAIR: So I actually had a list of questions that $I$ provided you ahead of time. I think you've referenced them. I'm going to ask them. I understand that you answered a lot of it, but for my own purposes, I need it organized in a certain way, so hopefully we can kind of zip through it.

I think, Paul, some of what you're driving at is related to that. So why don't I just start there, okay.

I apologize, by the way. I tried to print this up before I came, like my computer died and I couldn't get it started, so I have it on my phone. So, Rebecca, thank you, for --

DR. BIALECKI: I do have the hard copy .

MR. YOUD: Maryanne, you want this?
380
THE CHAIR: No, thanks, I'm good.
MR. BROWN: She has a hard copy.
THE CHAIR: Do you? You don't need
it? No, no, I'm good on my phone. You all know I'm actually working on this, I'm not looking at something else.

Okay, so for your locked unit, which
was --
DR. BIALECKI: Here's my issue with the way these were organized and why I think it's going to be impossible to answer them in that way. It's because there is no locked unit one, locked unit two. There's only one locked unit on the entire project, and that's not until Phase III.

THE CHAIR: Okay. Let's ask what is the relevance to us of the phases? Because isn't -- there must be something, because you emphasize that quite a bit.

So what do you think the relevance is? Why aren't we just -- we understand that you're going to do this over time perhaps, you know, you're making clear that it's not all going to happen at one point, so that to the extent that
there's a variance or a special permit granted, you're working on it. But why do we care about phases?

MR. FLICK: It's simply a way to
describe the project in a way that categorizes it in the way that Heywood is categorizing it in its collective mind as far as this project going into place in phases. It really has no bearing on the ZBA's decision-making process whatsoever in large part because other -- well, as far as the use of each of the phases.

To the extent that each of the phases dealt with any dimensional changes or anything like that, then, yes, it would have some bearing as far as just an overall understanding of the project.

But as far as it simply provides an easier framework in which to communicate the use of the premises, understanding that it's our position that the use is outside of the regulatory purview of the ZBA, but nevertheless, in order to be a transparent and good member of the community hopefully, we're wanting to be open and provide this information.

So, really, that is the overall purpose of it is to serve more as a mechanism to more easily and efficiently describe the way that the facility will operate.

THE CHAIR: Okay. Well, for purposes of our discussion, could we just assume that you've completed the three phases and so we're looking at it as you're fully under steam.

DR. BIALECKI: Right.
THE CHAIR: And I think also for purposes of discussion, we need to sort of agree that we may disagree on the application of The Dover Amendment. You made it very clear what your position is.

I'm not going to debate you on that right now, or ever maybe, I don't know. But I think that to the extent that some of these questions seem misdirected because they're not adequately taking into effect The Dover Amendment, I'd appreciate if you'd just let me ask them and get an answer.

MR. FLICK: Understood. Yeah.
THE CHAIR: Thanks. All right. So would it be helpful if we just identified it


384
And Brian is pointing out to me that in the by-laws, under Special Permit, at sub-paragraph D as in David, limitation of size, number of occupants, methods of operation, hours or days of operation, lighting, signs, or extent of facilities are conditions or safeguards that may be included in a special permit.

Okay, so for -- and I apologize to everyone that to the extent that you find this tedious, it just has to be, because when we get around to actually writing this up, whatever the decision is, it's going to be extremely helpful that it's kind of organized in a way that we actually make sure that we understand what you're saying and what we're deciding. Basically informed decision-making, okay.

All right, so on a DMH License II, what would be your proposed license capacity?

DR. BIALECKI: Are you looking at this first section? Because it's described Licensure II, III, IV and limited VI.

THE CHAIR: Do you want me to group them together for the question? We did that, and I thought you said it was hard for you to address
it that way.
DR. BIALECKI: It is.
THE CHAIR: So we can group them in the way they were grouped or we can go license by license.

DR. BIALECKI: The issue is that more than one license might apply to one unit.

MR. FLICK: Can we just recess for a minute? I'd like to talk to my clients for just a second.

THE CHAIR: Absolutely, sure. So
we're going to go off the record just
momentarily, and we'll continue -- what do you want, five minutes, ten minutes?

MR. FLICK: Give me ten.
THE CHAIR: Ten minutes.
(Recess taken.)
THE CHAIR: We're back from our break. Should I reask my question?

DR. BIALECKI: So the difficulty for me in answering it in the way that is categorized by licensure type is difficult because there are several overlapping licenses. Even in your documentation, you've clustered several licenses
together, which is factual, that's how it works.
So some of the capacity would not be organized in this way for a unit specifically, because the licensing overlaps. So the numbers that $I$ gave in the presentation as far as the number of beds per each unit is accurate. I think to try to break them out in a different way here would be almost impossible to do, because you might have a different number of people who fall under a classification and at any given day, so the units and the numbers and the breakdown that $I$ did in the presentation was exactly what our intent is.

It would be the same thing as if you tried to pre-define at Heywood Hospital the number of hip replacements you're going to do and procedures in any given period of time. We don't know because we don't know what patients are going to present with that need.

You do have a maximum capacity or a caseload that you could take for the physician who does that procedure, and if it was too high, you would have to refer to other facilities that do that work. The same thing would apply here.

|  | 387 |  | 389 |
| :---: | :---: | :---: | :---: |
| 1 | But I can go through and certainly |  | addictions would be the presenting problem, not |
| 2 | answer -- you know, these are | 2 | detox, but someone who has need for that next |
| 3 | THE CHAIR: I'll try to modify | 3 | step after detox would be in need of a |
| 4 | DR. BIALECKI: -- fairly repetitive | 4 | idential prog |
| 5 | questions, so | 5 | E CHAIR: All right. In terms of |
| 6 | THE CHAIR: And I'll try to work with | 6 | esenting probable admission criteria, the |
| 7 | the way that you're framing | 7 | admission criteria, is that where you're saying |
| 8 | DR. BIALECKI: Okay | 8 | you're going to get the referrals, and is there a |
| 9 | THE CHAIR: So let's say we've grouped | 9 | difference to you in terms of -- well, what are |
| 10 | them -- all right, we've grouped DMH Licensures | 10 | the admission criteria for that group? |
| 11 | II, III, IV and limited VI together. Do you | 11 | DR. BIALECKI: They would need to be |
| 12 | agree that that's sort of a sensible way to group | 12 | medically stable, they would have to have had a |
| 13 | licenses? | 13 | detox stay, because you couldn't bring someone in |
| 14 | DR. BIALECKI: Those certainly are all | 14 | who needed to still detox from a drug and have |
| 15 | those that could overlap clearly. Those would | 15 | them be medically stable to enter into a |
| 16 | all fall within a residential treatment | 16 | residential phase of treatm |
| 17 | THE CHAIR: Okay. So for voluntary | 17 | THE CHAIR: May I pause you there for |
| 18 | and involuntary adults. And how does that match | 18 | a moment? |
| 19 | to your phases? Because when you've mentioned | 19 | DR. BIALECKI: Yeah. |
| 20 | Phase I, II and III, and no need to limit it to | 20 | THE CHAIR: Is everybody able to hear |
| 21 | one, but is it Phase | 21 | her or would you like her to |
| 22 | DR. BIALECKI: It does start in Phase | 22 | DR. BIALECKI: I can stand again if |
| 23 | I. Phase I and | 23 | that's -- I don't know how to face the audience |
| 24 | THE CHAIR: And II. But not III? | 24 | and you at the same time. |
|  | 388 |  | 390 |
| 1 | DR. BIALECKI: Right, because by Phase | 1 | THE CHAIR: I know, it's difficult. |
| 2 | III, it's t | 2 | R. MacEWEN: They're all set |
| 3 | THE CHAIR: Which would be something | 3 | THE CHAIR: They're all set? You guys |
| 4 | else. | 4 | are all set? Okay, thank you. |
| 5 | DR. BIALECKI: Mm-hmm. | 5 | Go ahead. So we were talking about |
| 6 | THE CHAIR: And so in terms of age | 6 | admission criteria |
| 7 | range | 7 | DR. BIALECKI: Mm-hmm. So since the |
| 8 | DR. BIALECKI: Older adolescents | 8 | target of the very first residential unit |
| - | through adults | 9 | developed for adults will be residential |
| 10 | THE CHAIR: And what actually is that | 10 | eatment of substance abuse and addiction, that |
| 11 | in terms of years | 11 | would be the criteria for them being admitted. |
| 12 | DR. BIALECKI: 16 and older typically. | 12 | here would need to be, you know, |
| 13 | HE CHAIR: 16 and older, okay. And | 13 | looking at any other medical complications they |
| 14 | you mentioned that there would be all genders? | 14 | might have to make sure they're ready and capable |
| 15 | DR. BIALECKI: Yes. | 15 | of being in a residential program. |
| 16 | THE CHAIR: Okay. And in terms of the | 16 | MR. MacEWEN: So in Phase I and Phase |
| 17 | presenting problems with this group, how would | 17 | II, at that point, it's all going to be |
| 18 | you describe that? | 18 | individuals, like you said, the primary thing is |
| 19 | DR. BIALECKI: The initial residential | 19 | substance and addiction. Those are all going to |
| 20 | program that's being developed is targeted to be | 20 | be individuals that are coming out of a -- most |
| 21 | the substance abuse treatment specifically. | 21 | likely out of another detox program because you |
| 22 | THE CHAIR: So what does that mean in | 22 | haven't -- |
| 23 | terms of presentation. | 23 | DR. BIALECKI: We won't have one, |
| 24 | DR. BIALECKI: That means that | 24 | right. Right. Adcare, BHN, there's other |


|  | 391 |  | 393 |
| :---: | :---: | :---: | :---: |
|  | programs that are a little distance away from | 1 | DR. BIALECKI: Residential treatment, |
| 2 | here. | 2 | right. Not a locked unit, residential treatment |
| 3 | MR. MacEWEN: Right. They would be | 3 | is a different level of care. |
| 4 | referring i | 4 | MR. YOUD: So you're talking now |
| 5 | THE CHAIR: You said Adcare and what | 5 | about |
| 6 | was the | 6 | DR. BIALECKI: Residential is what |
| 7 | DR. BIALECKI: BHN is the one in | 7 | I've been asked about fi |
| 8 | Franklin County that's now building detox beds | 8 | MR. YOUD: Okay, I'm sorry. |
| 9 | THE CHAIR: Paul, I see you had your | 9 | THE CHAIR: Let's -- okay. Ann? |
| 10 | hand raised. | 10 | Stand up and please identify yourself. |
| 11 | MR. YOUD: Yes, because I was just a | 11 | MS. LEWIS: Ann Lewis, 19 North |
| 12 | little confused as to the way those licenses are | 12 | Street. This is the first meeting I've been to, |
| 13 | grouped, it's more mental health. But I think | 13 | so I don't understand all of your language yet, |
| 14 | what I hear Rebecca saying is that the initial | 14 | and let me just ask a simple clarification. |
| 15 | unit would be more like substance abuse. So is | 15 | I'm looking at your life safety plans, |
| 16 | that like the Section 35? | 16 | and essentially it's describing the different |
| 17 | DR. BIALECKI: It could be a Section | 17 | uses in what I see is four buildings. And so the |
| 18 | 35. It would also most likely be people who had | 18 | question I have is what's the -- I understand |
| 19 | gone through a short-term detox | 19 | your detox unit, which is a locked unit, but in |
| 20 | MR. YOUD: R | 20 | the first phase and the second phase as I |
| 21 | R. BIALECKI: -- at an Adcare | 21 | understand it, you list building two as being |
| 22 | possibly, who maybe are not ready to | 22 | inpatient behavioral health, and building three |
| 23 | MR. YOUD: Right. So why are you | 23 | as being residential |
| 24 | saying that -- see, when I look at those | 24 | Could you just tell me what the |
|  | 392 |  | 394 |
| 1 | licenses, I think of mental health, I think o |  | difference is between inpatient and residential |
| 2 | someone who may be severely depressed or may be a | 2 | care briefly? |
| 3 | danger to others or may be suicidal or something, | 3 | THE CHAIR: Well, I'm wondering if |
| 4 | that's the grouping that I would | 4 | we're going to get to an answer if we just go |
| 5 | But I guess you're seeing that as | 5 | through these questions that I have, which is |
| 6 | substance abuse and not those other issues. And | 6 | sort of -- it's organized around the licenses |
| 7 | I guess I would then wonder why you would be | 7 | that they have mentioned. If it's a quick |
|  | going after those licenses, the II, III, IV | 8 | answer, go ahead. |
| 9 | limited | 9 | R. FLICK: The slide -- there you go. |
| 10 | DR. BIALECKI: Again, I think we're | 10 | DR. BIALECKI: I think the one that |
| 11 | talking about two different pieces of what we're | 1 | you're looking at is from a previous |
| 12 | trying to design | 12 | presentation. |
| 13 | MR. YOUD: Okay. So you're not going | 13 | MS. LEWIS: Yeah. |
| 14 | to have an adult mental health locked unit there, | 14 | DR. BIALECKI: So that's why some of |
| 15 | you are going to have -- | 15 | this is not lining up. |
| 16 | DR. BIALECKI: Y | 16 | MS. LEWIS: But I'm looking at what |
| 17 | R. YOUD: Oh, you are. Okay | 17 | your -- the difference between purple and red or |
| 18 | DR. BIALECKI: Ten beds in the final | 18 | fuchsia or whatever |
| 19 | phase | 19 | DR. BIALECKI: In the purple includes |
| 20 | MR. YOUD: In the final phase | 20 | the residential substance abuse unit for adults |
| 21 | DR. BIALECKI: Right | 21 | or older adolescents is included in that, as well |
| 22 | MR. YOUD: Okay. So now what you're |  | as intensive outpatient treatment, so day |
| 23 | talking about is an additional unit for substance | 23 | treatment. |
| 24 | abuse. | 24 | MS. LEWIS: Okay. |

on the far right?

MS. LEWIS: Okay, yeah.
DR. BIALECKI: And then the inpatient locked unit would be the piece that's in red.

MS. LEWIS: Okay. So what you're doing is separating adolescents into --

DR. BIALECKI: They're actually in the freestanding building. These other buildings are all connected really.

MS. LEWIS: Okay. And so everything in purple, not fuchsia, is residential substance abuse for adults, which means 16 -year-olds --

DR. BIALECKI: If I changed the color from previous presentations, I apologize for that.

THE CHAIR: One person at a time.
MS. LEWIS: All right. I think that clarifies what I needed. Thank you.

THE CHAIR: Okay, good.
DR. BIALECKI: Length of stay in the residential unit is the next piece on here. And
residential, it would typically be a maximum of 30 days, but substance abuse in particular has had a stay of more like 14 days.

THE CHAIR: Okay. You've discussed about referrals and whether Heywood can refuse admission, and you've discussed about the type of licenses you believe are needed for that.

Ann, I think you've discussed about the setting advantaging treatment. What about Heywood's existing MHU, does it treat this type of -- provide this type of service?

DR. BIALECKI: No, right now on Heywood's campus, there are only two options. One is a locked inpatient unit, and one is an intensive outpatient program, so a day program, it does not have any residential programs available.

THE CHAIR: And how about Athol or any of the others that are --

DR. BIALECKI: No.
THE CHAIR: So this would be a
brand-new offering?
DR. BIALECKI: Mm-hmm.
THE CHAIR: So then the next category
we had was DMH licensure VI, which was voluntary and involuntary minor mental health unit.

DR. BIALECKI: And this would be the adolescents, which the primary presenting problem would be targeted to substance abuse for adolescents.

THE CHAIR: And is this Phase I, Phase II, Phase --

DR. BIALECKI: Phase II.
THE CHAIR: Phase II. And this is the building Ann just discussed with you --

DR. BIALECKI: Yeah.
THE CHAIR: -- the one that was for the minors. So let's go to age range. What is the age range for them? Is it under 16 if the other one was 16 and older?

DR. BIALECKI: Again, it typically starts around 14.

THE CHAIR: Starts.
DR. BIALECKI: The youngest, right.
THE CHAIR: The youngest would be 14.
DR. BIALECKI: Right. And the age
range can vary some, because it depends on the developmental age and needs of each child. There 398
might be some children at 18 who are functioning much younger who have a need for substance abuse treatment.

THE CHAIR: Okay. So let's say when you say qualify 14 as typically --

DR. BIALECKI: So I'm not talking about five or six-year-olds being mixed in with teenagers, this is going to be adolescents.

THE CHAIR: So what would be the youngest child you would admit, youngest aged child?

DR. BIALECKI: I can't say what the youngest age could be, because we've seen these ages drop younger and younger all the time as the substance abuse problem has grown. The ages have dropped to younger. Typically the youngest would be about 13. That would be a typical answer, but I can't guarantee that 13 would be the youngest.

THE CHAIR: But for purposes of qualifying for the license, the license itself doesn't --

DR. BIALECKI: No.
THE CHAIR: -- pertain to a particular age range --

|  | 399 |  | 401 |
| :---: | :---: | :---: | :---: |
| 1 | DR. BIALECKI: No. | 1 | DR. BIALECKI: 16 and over. |
| 2 | THE CHAIR: -- or minimum age? Okay. | 2 | THE CHAIR: And admission criteria? |
| 3 | And does -- I think you've answered a number of | 3 | DR. BIALECKI: Again would be if it's |
| 4 | the other questions in between. Do you currently | 4 | someone who's coming in by way of a civil |
| 5 | at Heywood's existing MHU treat this type of | 5 | commitment, that's because a court has ordered |
| 6 | patient? | 6 | them into this type of treatment, so the criteria |
| 7 | DR. BIALECKI: No. | 7 | would basically be bound by what the court felt |
| 8 | THE CHAIR: So this is also an | 8 | their need was. And, again, it would have to be |
| 9 | additional service. | 9 | an appropriate setting to accommodate the |
| 10 | DR. BIALECKI: Mm-hmm. | 10 | admission |
| 11 | THE CHAIR: Okay. The next grouping | 11 | So if someone was convicted of an OUI, |
| 12 | we had was DMH | 12 | for example, and has not been successful in |
| 13 | DR. BIALECKI: Right, which we've | 13 | eatment previously or hasn't voluntarily taken |
| 14 | determined is not part of the plan. The IRTP | 14 | advantage of these kind of programs, the court |
| 15 | license is not necessary for what | 15 | may commit them to have to complete three weeks |
| 16 | proposing. | 16 | of intensive outpatient |
| 17 | THE CHAIR: So you are not planning to | 17 | THE CHAIR: Is it only for people who |
| 18 | do that? | 18 | are actually convicted? What about people that |
| 19 | DR. BIALECKI: Right | 19 | don't get a conviction or are you considering |
| 20 | THE CHAIR: The next grouping we had | 20 | CWOFs as part of a conviction? |
| 21 | was under Mass. General Laws Chapter 123, Section | 21 | DR. BIALECKI: Sometimes the courts do |
| 22 | 35, which was civil court commitments to | 22 | pretrial recommendations, so they could do that, |
| 23 | alcohol and substance abuse program. Is that | 23 | too. |
| 24 | Phase I, Phase II or Phase III? | 24 | THE CHAIR: So if there's somebody |
|  | 400 |  | 402 |
| 1 | DR. BIALECKI: Generally a Section 35 |  | that wants to get into a program rather than go |
| 2 | requires someone to go into a detox unit, which | 2 | to jail |
| 3 | would be there at Phase III. Won't be there at | 3 | DR. BIALECKI: Right |
| 4 | first, but later will be. So someone could | 4 | THE CHAIR: This is the type of - |
| 5 | remanded to custody of the locked inpatient detox | 5 | now, do you reserve beds, a certain number of |
| 6 | unit or they might be remanded to a facility | 6 | beds for that type of a situation or is it - |
| 7 | other than Heywood where they go in for their | 7 | DR. BIALECKI: No |
| 8 | 72 -hour detoxification, and then the cour | 8 | THE CHAIR: It's all first come first |
| 9 | decides because this is their third detox and it | 9 | serve |
| 10 | hasn't been successful that they want them | 10 | DR. BIALECKI: Right, and what's open |
| 11 | continue on into a residential program, so they | 11 | at the time when someone has the need. |
| 12 | land here. | 12 | THE CHAIR: Okay. And the typical |
| 13 | THE CHAIR: Well, sometimes people are | 13 | length of stay for this type of patient? |
| 14 | stopped for OUI, operating under the influence, | 14 | DR. BIALECKI: Again, it depends on |
| 15 | the court will order them to go into a program. | 15 | the level of treatment they need. It could be |
| 16 | R. BIALECKI: R | 16 | three days for detox, it could be two weeks in |
| 17 | THE CHAIR: Is that type of a | 17 | residential, and it could be an additional three |
| 18 | situation covered here? | 18 | weeks as an outpatient, depending on what the |
| 19 | DR. BIALECKI: Yeah. | 19 | court determined is their need |
| 20 | THE CHAIR: Okay, so the age range -- | 20 | THE CHAIR: I don't know if the court |
| 21 | the age range is what? | 21 | would actually determine their need, that's |
| 22 | DR. BIALECKI: Adults | 22 | probably something that you would. |
| 23 | THE CHAIR: Which you're defining | 23 | DR. BIALECKI: Right. |
| 24 | as -- | 24 | THE CHAIR: Okay. And do you -- |


|  | 403 |  | 405 |
| :---: | :---: | :---: | :---: |
|  | currently does M CU currently treat such patients? | 1 | DR. BIALECKI: No. |
| 2 | DR. BIALECKI: Yes. People are | 2 | THE CHAIR: So this is also a new |
| 3 | committed by way of the civil process as well to | 3 | program? |
| 4 | the MHU currently | 4 | DR. BIALECKI: Right. Substance abuse |
| 5 | THE CHAIR: And then we have the next | 5 | is a new program, because we don't have the |
| 6 | category -- and, by the way, if anybody has any | 6 | capacity for this currently anywhere in the |
| 7 | questions, we can go back, but let me just try to | 7 | region. |
| 8 | get -- we'r | 8 | THE CHAIR: The next category we had |
| 9 | Substance abuse residential rehab program, is | 9 | was substance abuse partial hospitalization or |
| 10 | that voluntary | 10 | day treatment program. Is that voluntary only? |
| 11 | DR. BIALECKI: No. | 11 | DR. BIALECKI: No. Those can be court |
| 12 | THE CHAIR: So it's involuntary as | 12 | mandated as well. And this is where there would |
| 13 | well, which was covered | 13 | be the potential for substance abuse as well as |
| 14 | DR. BIALECKI: R | 14 | other mental health treatment and not commingled |
| 15 | THE CHAIR: -- on one of your | 15 | necessarily. You might have one group of |
| 16 | licenses. So to the extent that it's | 16 | atients who's there specifically around |
| 17 | is there a licensing body for that type of a | 17 | bstance abuse treatment, it's an intensive day |
| 18 | program? | 18 | ogram, which like the START program that I |
| 19 | DR. BIALECKI: They still fall within | 19 | referenced earlier, that's a three-week 9:00 to |
| 20 | the DMH | 20 | 3:00 kind of a day, it's really intensive |
| 21 | THE CHAIR: So what is -- didn't you | 21 | ogramming for all three weeks. They go every |
| 22 | I think you mentioned this | 22 | weekday or four days a week in some cases. |
| 23 | DR. BIALECKI: There's some additional | 23 | The mental health patients would be |
| 24 | support sometimes from Department of Public | 24 | there for similar kind of a time, but with a |
|  | 404 |  | 406 |
|  | Health or the Bureau of Substance Abuse Services, | 1 | little different treatment model. Again, it's |
| 2 | but it's not necessarily licensed | 2 | ntensive day treatment, but they all leave at |
| 3 | DMH typically overarches DPH licensure | 3 | the end of the day |
| 4 | facilities | 4 | THE CHAIR: And is this Phase I, Phase |
| 5 | THE CHAIR: So you highlighted this as | 5 | II or Phase III? |
| 6 | a category in your earlier presentation because | 6 | R. BIALECKI: This would be Phase I |
| 7 | it's DMH plus some | 7 | THE CHAIR: Phase I. And do currently |
| 8 | DR. BIALECKI: Mm-hmm | 8 | at MHU Unit treat such patients? |
| 9 | THE CHAIR: -- agency that can be | 9 | DR. BIALECKI: Yes, but not the |
| 10 | involved | 10 | substance abuse. But the mental health patient, |
| 11 | DR. BIALECKI: Right. DPH | 11 | ere is a 20-bed unit currently on the Heywood |
| 12 | THE CHAIR: DPH. | 12 | campus. |
| 13 | DR. BIALECKI: The Bureau of Substance | 13 | THE CHAIR: That was -- I had a couple |
| 14 | Abuse Services is part of the | 14 | more questions, but that was the end of sort of |
| 15 | Public Health, and they often provide additional | 15 | ike the grouping of -- and I think the piece |
| 16 | support to support substance abuse specifically. | 16 | that I want to make sure I have the connection on |
| 17 | THE CHAIR: Okay. And how long do | 17 | is suicide |
| 18 | people usually stay that's voluntary? | 18 | You know, in your opening, that was |
| 19 | DR. BIALECKI: Again, it could range, | 19 | one of the really startling facts was just like |
| 20 | depending on insurance funding, and it would | 20 | the high rate of suicide. And I'm having trouble |
| 21 | depend on the level. It could be from 72 hours | 21 | understanding how -- where the suicide prevention |
| 22 | all the way up to three weeks | 22 | map connects with these different categories. So |
| 23 | THE CHAIR: And you currently in your | 23 | is suicide prevention something that's involved |
| 24 | MHU unit treat such patients. | 24 | at Phase I, II or III? |


|  | 407 |  | 409 |
| :---: | :---: | :---: | :---: |
| 1 | DR. BIALECKI: All three. | 1 | campus in that case. |
| 2 | THE CHAIR: All three. | 2 | MS. ALLEN: Right. |
| 3 | DR. BIALECKI: Yeah. | 3 | DR. BIALECKI: But what we have found |
| 4 | THE CHAIR: And is it -- what would | 4 | is that the co-occurring disorders have risen to |
| 5 | you associate it most closely with in terms of | 5 | such levels of need that there isn't capacity to |
| 6 | the groupings that we just went through or is | 6 | provide the treatment services that folks need |
| 7 | that possible | 7 | locally professionally |
| 8 | DR. BIALECKI: It's pretty widespread | 8 | MS. ALLEN: So say is it pretty much |
| 9 | across all the categories that we've talked | 9 | going to be the case that someone who is, and |
| 10 | about. Suicide rates are much higher in a | 10 | we'll just -- to me it's easier to use an |
| 11 | population that is abusing substances as well as | 11 | example, someone who is a schizophrenic who is |
| 12 | a mentally ill population. The rate is | 12 | admitted into the center is also an addict, will |
| 13 | significantly higher than the general popula | 13 | it always be combined? |
| 14 | because of the other struggles | 14 | . BIALECKI: It might not always be |
| 15 | dealing | 15 | combined, no. Because there will be that locked |
| 16 | THE CHAIR: So would it be correct to | 16 | mental health unit that will help with the |
| 17 | understand that -- actually I don't think I | 17 | capacity issue at Heywood's current site where |
| 18 | that question right now. Do you have any | 18 | they have |
| 19 | questions? | 19 | MS. ALLEN: Go straight up trying to |
| 20 | MR. MacEWEN: You're on a roll. No, I | 20 | take care of the capacity |
| 21 | don't have a question | 21 | R. BIALECKI: R |
| 22 | HE CHAIR: Does anybody here have any | 22 | . ALLEN: -- for mentally ill. |
| 23 | further questions? Nancy? | 23 | DR. BIALECKI: Right. By adding, not |
| 24 | MS. ALLEN: Nancy Allen, 17 Common | 24 | deleting. We need more. And the other piece |
|  | 408 |  | 410 |
|  | Street. Rebecca, I'm going to try and frame this |  | might be that a patient that you're describing |
| 2 | question, but I'm a lay person so I probably | 2 | might certainly benefit from a partial |
| 3 | won't do a great job of it, but bear with me. It | 3 | hospitalization, which is a day treatment program |
| 4 | kind of touches on the very last section that you | 4 | where they come for three weeks straight, they |
| 5 | guys just | 5 | get involved with group activities, they get |
| 6 | And I'm just trying to understand | 6 | involved with individual counseling, and really |
| 7 | differentiation for when, say, a | 7 | build coping mechanisms to be able to cope with |
| 8 | psychiatric patient, say schizophrenic, gets | 8 | eir mental health illness and come up with some |
|  | introduced into the center who has no alcohol or | 9 | rategies to get the life skills they need to |
| 10 | -- excuse me, any drug addiction | 10 | nction without perhaps going to land in the |
| 11 | just straight-u | 11 | hospital again |
| 12 | that patient comes into the equation and -- and I | 12 | . ALLEN: |
| 13 | guess I also wonder why, I understand that | 13 | THE CHAIR: Paul? |
| 14 | someone might be a drug addict and has underlying | 14 | MR. YOUD: Rebecca, based on |
| 15 | secondary issues that are obvious, but | 15 | everything that I'm hearing, would it be fair to |
| 16 | schizophrenics can become addicts. But I'm just | 16 | say that most of what you're proposing is really |
| 17 | trying to figure out why you're I think purposely |  | a substance abuse service that would be primarily |
| 18 | melding the two. Unless it is a secondary issue, | 18 | licensed through the Department of Public |
| 19 | and if I'm wrong, that you won't be bringing in | 19 | alth's substance abuse, as opposed to -- see, |
| 20 | mental health patients who do not have any kind | 20 | and you had all these listings of all these |
| 21 | of addiction, just correct me. So hopefully that | 2 | mental health licenses, right? |
| 22 | makes some sense | 22 | DR. BIALECKI: They're not necessarily |
| 23 | DR. BIALECKI: I think mental health | 23 | utually exclusive. |
|  | patients might be better suited on the Heywood | 24 | MR. YOUD: Well, from what you were |



from them to come and discuss the pilot agreement.

I am getting notices now of when their meetings are scheduled. I don't know when the next meeting -- I know it hasn't been scheduled, but regardless of the invitation, we will be at the next meeting, because we want to be discussing that.

MR. MacEWEN: No questions.
THE CHAIR: Any other questions? Ann?
MS. LEWIS: I had a quick one. So if we had a Petersham resident who had substance abuse issues with secondary mental health -- I'm not even sure it would be secondary or primary -but who did not have health insurance, then they could not avail themselves of your facility; is that right? Because despite OmbmaCare, despite Massachusetts health laws, there are a lot of people who are still uninsured.

DR. BIALECKI: In a case like that, I think then it would be appropriate for the staff of the Athol and Heywood system to help them find a place that does take people who are uninsured, because the facilities do exist, but it might not
be here.
MS. LEWIS: Okay. Thank you.
THE CHAIR: One of the things we need
to cover tonight is the consultant, the status of the consultant. And so it is getting late, I thank you for making the presentation tonight.
Should I mark this as an exhibit, hearing exhibit?

MR. FLICK: Yes, please. And I would also include one more as a sub-exhibit to that. I don't know what exhibit numbers you've marked. That's the copy of the articles of -- the amended Articles of Organization for Heywood Healthcare.

THE CHAIR: This is multiple copies of that?

MR. FLICK: Yes. Yes.
THE CHAIR: So we're going to mark
tonight's PowerPoint presentation as hearing Exhibit No. 21.
(Document marked.)
THE CHAIR: And the copy of the
Articles of Amendment as -- you want that to be referenced to the PowerPoint because it goes to the Dover Amendment presentation that you --

MR. FLICK: Correct, 21.1, if I may make that recommendation, since it's referenced in the PowerPoint presentation.

THE CHAIR: That's not a bad one, but we're going to call it 21A just to keep the convention that we've done before.

MR. FLICK: Not a problem.
(Document marked.)
THE CHAIR: So on the consultant, sadly Rob Hubbard, who we had intended to hire, we recently learned has died. And so we are in the position of needing to address that loss, and we had previously voted that we would like to have a consultant. We received funds from the applicant for consultant work.

So, Brian, do you have any thoughts on what we might do as the next step?

MR. MacEWEN: Thanks to Nancy Allen being diligent today in trying to track down some names, we have some names. Unfortunately I haven't had an opportunity to pursue anything after notification of the death. So I think we need to decide how we want to move forward.

You know, contact a few of these
individuals, see what type of fees they're looking to get for this type of work. And unfortunately $I$ know we need to move this along fast, but it's not something that's going to happen immediately without getting some answers, getting some contacts and getting some idea of whether an individual that's listed would even fit in a budget that we have for the consultant. Much less availability coming into the holiday season. That's going to be another issue all together.

THE CHAIR: In terms of the pool of candidates, you mentioned that Nancy's given you some names. You also should have received two names from me.

MR. MacEWEN: Yeah.
THE CHAIR: So you have --
MR. MacEWEN: One of the ones that you supplied in your e-mail is coincidental with one of the names supplied by Nancy as well, and that's Glen Eaton, MRPC executive director.

THE CHAIR: And then --
MR. MacEWEN: Some of the other names from Nancy's list are out of the area, which I'm
guessing probably might not be as easy to make contact and easy to coordinate with as dealing with someone out of, say, Fitchburg or Worcester so --

THE CHAIR: John, you had provided --
MR. FLICK: Glen Eaton.
THE CHAIR: All right.
MR. MacEWEN: Okay.
THE CHAIR: And there was another name that I had given you, but I'm not sure at the moment who that was.

MR. MacEWEN: Bill Scanlon from
Sibley, he did the Sibley Farm project. I don't know what the Sibley Farm project is in Spencer, so I don't know.

THE CHAIR: So we have a pool of like five or six, maybe even more.

MR. MacEWEN: Some of the names on the list that you have here, Nancy basically noted that she thought that they'd probably be out of the price range for the consultant fee that we have on the table, so I don't know. I mean, try to make contact, Nancy's actually going to talk $\begin{array}{ll}\text { with the Central Mass. PC individual and find out } & 24\end{array}$

424
what she can find out from her relative to her availability, what she might be willing to do the work for.

And I guess that's what we need to do with the other individuals is contact them and then go from there. But obviously it's not something we can have an answer overnight.

THE CHAIR: How long do you think you'd need to get back to who you might recommend?

MR. MacEWEN: We may find that we get answers from all of the individuals that they're not interested, too. So, I mean, that could happen in a week. But, again, I would say hopefully we'd have some answers over the course of the next week one way or the other, because then we're getting into the holiday weeks, which is going to be tough to pin anyone down on.

So I'm hoping for suggestions on how we want to tackle it, short of just getting calls out. Nancy's already called several and left messages, but obviously short notice, no return calls yet.

THE CHAIR: I think, you know, since
you were kind enough to volunteer to take the lead on this, we should just do what you think can reasonably be done.

MR. MacEWEN: Okay. But the question is if you're looking to pin down a new date for an answer of whether or not we have a consultant, one; and, two, what kind of timeline we'd be talking about to have some type of results or report submitted for our review from the consultant, that's something that obviously can't be done at this point in time.

So I know where we're headed is trying to look ahead to where we want to continue to, knowing that we want to get some answers or get a report in front of us before we close the public hearing and then move forward from there.

THE CHAIR: So next Tuesday is the 16th, December 16th. Do you think you can touch base with them and get an initial level of response as to level of interest and meet again on the 16 th to pick one? The Tuesday after that's the $23 r d$.

MR. MacEWEN: Right.
THE CHAIR: That I suppose would also 426
be okay, but maybe better because we're trying to move it along. We don't have to meet on a Tuesday either, I suppose, but do you think we could meet next week?

MR. MacEWEN: We could do a follow-up schedule or continue to the 16 th, and if in fact we have either negative responses, they'll have an answer, or if we don't have any answers, I don't know if we could postpone it via e-mail contact and posting.

I'd just hate to have everyone come in here if we have nothing to report at that time. It's still a very short time, one week away.

THE CHAIR: Well, if we were to pick another day next week, I can't do the Wednesday.

MR. FLICK: I'm unavailable Wednesday or Thursday next week. I have to be in another town for meetings.

MR. MacEWEN: So we schedule for Tuesday and if we have to postpone because we don't have any results from our contacts --

THE CHAIR: Well, we'll continue.
Yeah, and what $I$ can do is $I$ can use the agenda feature of the posting and actually -- although I

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got to do that 48 hours in advance.
MR. MacEWEN: See, that cuts you down
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THE CHAIR: No, I can update it. I'll do the posting and I'll update it, and if people want to log on and get the e-mails, you'll see, you know, and the updates will be specific people that -- we'll give detail to clue everyone in. Eric?

MR. MANDEL: Eric Mandel. I have a suggestion about the consultant, another way of thinking about it. There was a name that everybody seemed to like very much, but that person was too expensive it was decided. That person has written a report that was of interest, and partly of interest because Henry Heywood disputed the report.

And what I was wondering is whether you might want to call that person and ask them what we could get for our \(\$ 3,600\). It might not be necessary to get a report that's this long, but if we got, for example, two things, if we got her view of Heywood's evaluation of her report, that might be very interesting data for us.

428
And if she were to quickly triage our situation and tell us what it is we should be looking for, that might be very interesting for us. And the reason \(I\) mention it is because she seemed to be a recognized expert in this area, and therefore already vetted.

So I think if you were to consider asking her what we can get for that amount of money, that might be --

MR. GRIMMER: She's a real estate
agent.
THE CHAIR: Thank you. Do you want to add her to the list to contact her? I can get you her contact information.

MR. MacEWEN: I remember reading her report, but that was the company. I don't know if you have her direct contact.

THE CHAIR: I will give you her
contact information.
MR. MacEWEN: Because she's out of New
Hampshire. Her company is out of New Hampshire.
MR. FLICK: Arlington.
MR. MacEWEN: Okay. I thought it was New Hampshire.

THE CHAIR: And then if you could for any of the ones that seem positive, be sure that we have their resume or their CV, something, so we get a sense of what their qualifications are as well as their interest, can you do that?

MR. MacEWEN: Mm-hmm.
THE CHAIR: Fabulous.
MR. GRIMMER: Good job, Brian.
MS. FLYNN: Marcia Flynn, 3 Hardwick
Road. Out of curiosity, what report are you referencing and who wrote it?

THE CHAIR: Okay. It's in an earlier -- it's referenced in an earlier part of the meeting.

MS. FLYNN: Oh, okay.
THE CHAIR: I'll tell you. Okay.
MR. EATON: I just got a couple of questions here about we seem to be going pretty far afield of The Dover Amendment in our questioning. I just wondered if these are the only factors that we're allowed to determine?

I'm on the limitations. Could you
just go over that quickly? And did this come about because the cases that you referenced

\section*{430}
exceeded this authority in their decision?
MR. FLICK: Yes. In many respects, they did. They were denying -- for instance, the Fitchburg case, the Zoning Board of Appeals denied the special permit to operate the group residential facility on the basis that it was a group residential facility, and that the court came in and said they couldn't do that, because they couldn't regulate that use because it was subject to The Dover Amendment, but they could regulate the other factors within the purview of the Dover Amendment, which was reasonable regulations concerning the building and the structures, yard size, lot areas, setbacks, open space, parking and building coverage requirements.

There are essentially two ways that entities address Dover with the community. One is --

UNIDENTIFIED SPEAKER: I can't hear. MR. FLICK: I'm sorry. There are essentially two ways that entities will address Dover Amendment when they come into a community. One is they come in like a steamroller, basically

\begin{tabular}{|c|c|c|c|}
\hline & 435 & & 437 \\
\hline 1 & MR. MacEWEN: Number of size and & & at the dominant purpose, and if the dominant \\
\hline & number of occupants? & 2 & purpose is education, then the use of the \\
\hline 3 & MR. FLICK: Size, no, under & 3 & facility is exempt from zoning. \\
\hline 4 & determining -- reasonable regulations concerning & 4 & MS. LEWIS: Okay. And the other \\
\hline 5 & bulk and height of structures, and occupants & 5 & related to DEP. So you're saying that DEP has \\
\hline 6 & would be governed by the size of the structure, & 6 & agreed to grandfather the buildings and the \\
\hline 7 & because you're going to have occupancy permit for & 7 & parking lots and all of the structures that are \\
\hline 8 & a specific & 8 & within Zone 1? \\
\hline 9 & MR. MacEWEN: Based on use. & 9 & MR. FLICK: No. \\
\hline 10 & R. FLICK: Correct. So that's part & 10 & THE CHAIR: Can I just take a time out \\
\hline 11 & and parcel with bulk & 11 & there. Can you please hold that question, \\
\hline 12 & MR. MacEWEN: Hours of operation? & 12 & because we will have the engineers back, and the \\
\hline 13 & MR. FLICK: Again, that really falls & 13 & engineers are working directly with DEP and will \\
\hline 14 & under the use issue and a facility of this nature & 14 & be able to probably best address it, and then \\
\hline 15 & really has to be 24-7 because it's & 15 & also give us the most up-to-date information. We \\
\hline 16 & MR. MacEWEN: No, I'm just trying to & 16 & do know from prior meeting that things are under \\
\hline 17 & get it clarified. Because that's one item in our & 17 & assessment, under review \\
\hline 18 & by-law that kind of contradicts everything you & 18 & R. GRIMMER: That' \\
\hline 19 & went & 19 & THE CHAIR: Would that be okay, Ann? \\
\hline 20 & MR. FLICK: But if you look at that & 20 & MS. LEWIS: Sure. \\
\hline 21 & within the examples like the Fitchburg case & 21 & THE CHAIR: Do you want to just state \\
\hline 22 & the Gardner Athol Area Mental Health Case, all of & & your question so in case you're not here, we'll \\
\hline 23 & those dealt with residential facilities. & 23 & be sure to ask it, but if you would please not \\
\hline 24 & MR. MacEWEN: Citings. & 24 & answer it in interest of time. \\
\hline & 436 & & 438 \\
\hline 1 & MR. FLICK: Citings. So by nature, & 1 & MS. LEWIS: Okay. It's a pretty easy \\
\hline 2 & they're 24-7 & 2 & question. The impression I got from what you \\
\hline 3 & THE CHAIR: But the ones in those & 3 & said is that DEP is at least right now planning \\
\hline 4 & cases weren't this type of a facil & 4 & to grandfather the buildings and the parking lot \\
\hline 5 & MR. FLICK: Similar. There's some & 5 & within Zone 1, but not grandfather the leach \\
\hline 6 & very clear & 6 & field that's within Zone 2 \\
\hline 7 & THE CHAIR: And we're actually, & 7 & THE CHAIR: So you want some \\
\hline 8 & everybody, we're going to be rapping this up for & 8 & ication on that \\
\hline 9 & tonight really quickly, because we don't go past & 9 & MS. LEWIS: Yes \\
\hline 10 & 10:00 0'clock, everybody has things to do, places & 10 & THE CHAIR: Okay, we got it \\
\hline 11 & to be in the morning. But, Ann, you & 11 & MS. LEWIS: Otherwise you'd have to \\
\hline 12 & S. LEWIS: I had two points of & 12 & move the well or the buildings \\
\hline 13 & clarification. One is with The Dover Amendment & 13 & THE CHAIR: Okay. For those of you \\
\hline 14 & It's my understanding from reading what you & 14 & that -- John has actually mentioned The Dover \\
\hline 15 & presented, and there are a lot of ellipses i & 15 & Amendment in an earlier meeting, this is not the \\
\hline 16 & there, so I don't know what it really says, but & 16 & irst time we've heard of it, but you went into a \\
\hline 17 & that we could regulate the detox unit because & 17 & lot more detail tonight than you had previously. \\
\hline 18 & that's not primarily an educational unit; is that & 18 & For those of you who are not familiar, \\
\hline 19 & true? & 19 & The Dover Amendment is an area of the law that \\
\hline 20 & MR. FLICK: There's really not & 20 & has some controversies associated with it, so if \\
\hline 21 & selective regulation. & 21 & there's been some current cases as John has \\
\hline 22 & MS. LEWIS: That's your & 22 & mentioned, it's been the lead story on the \\
\hline 23 & interpretation. & 23 & Massachusetts Lawyers Weekly publication that \\
\hline 24 & MR. FLICK: Well, yes. But you look & 24 & comes out when there's disagreement among lawyers \\
\hline
\end{tabular}
\begin{tabular}{|c|c|c|c|}
\hline & 439 & & 441 \\
\hline & over what it means and how it applies. & 1 & MR EATON: Aye. \\
\hline 2 & So I think it's entirely appropriate & 2 & MR. MacEWEN: Aye. \\
\hline 3 & that you're making it as part of your & 3 & (The hearing then recessed.) \\
\hline 4 & presentation, but it certainly is something that & 4 & \\
\hline 5 & is not necessarily without a different & 5 & \\
\hline 6 & interpretation or something that even if the & 6 & \\
\hline 7 & interpretation or bottom line ended up being & 7 & \\
\hline 8 & consistent, not something that I would think that & 8 & \\
\hline 9 & we would want to leave without getting our own & 9 & \\
\hline 10 & legal opinion on how it applies in this & 10 & \\
\hline 11 & particular situation. & 11 & \\
\hline 12 & Okay. Anything else from the board & 12 & \\
\hline 13 & for tonight? We need a motion to continue to our & 13 & \\
\hline 14 & next meeting. And other than that, I think we -- & 14 & \\
\hline 15 & MR. MacEWEN: What number is that? & 15 & \\
\hline 16 & MR. BROWN: 16. & 16 & \\
\hline 17 & THE CHAIR: We talked about the 16th I & 17 & \\
\hline 18 & think at our usual time, which is 7:30, and here & 18 & \\
\hline 19 & if the room's available. If it's not -- we would & 19 & \\
\hline 20 & plan for it to be here, and we would move it. & 20 & \\
\hline 21 & MR. MacEWEN: I make a motion to & 21 & \\
\hline 22 & continue to December 16th at 7:30 p.m. & 22 & \\
\hline 23 & MR. EATON: I second. & 23 & \\
\hline 24 & THE CHAIR: All in favor? & 24 & \\
\hline & 440 & & 442 \\
\hline 1 & MR. Macewen: Aye. & 1 & CERTIFICATION \\
\hline 2 & MR. EATON: Aye. & 2 & \\
\hline 3 & THE CHAIR: Aye. John? & 3 & \\
\hline 4 & MR. FLICK: Quick question on that, & 4 & \\
\hline & we need a court reporter on that or would it be & 5 & I, CAROL A. JEFFREY, hereby certify the \\
\hline 6 & similar to the meeting we had Tuesday before & 6 & foregoing to be a true and complete transcript of \\
\hline &  & 7 & the oral evidence presented at the subject \\
\hline 7 & Thanksgiving? & 8 & hearing. \\
\hline 8 & THE CHAIR: I don't think that we & 9 & \\
\hline 9 & would need a court reporter. Brian or Don, would & 10 & \\
\hline 10 & you like -- & 11 & \\
\hline 11 & MR. MacEWEN: Yeah, because we're not & 12 & \\
\hline 12 & asking for you to bring your engineers, I think & & \\
\hline 13 & it's going to be a formality just to -- & 13 & REGISTERED PROFESSIONAL REPORTER \\
\hline 14 & MR. FLICK: Really the three of you & & \\
\hline 15 & discussing. & 14 & \\
\hline 16 & MR. Macewen: Right. & 15 & \\
\hline 17 & THE CHAIR: And then we'll end that & & DATED: \\
\hline & with continuing it to the next date & 17 & \\
\hline & with continuing it to the next date. & 18 & \\
\hline 19 & MR. FLICK: Yes, okay. & 19 & \\
\hline 20 & THE CHAIR: Do I have a motion to & 20 & \\
\hline 21 & adjourn? & 21 & THE FOREGOING CERTIFICATION OF THIS TRANSCRIPT \\
\hline 22 & MR. MacEWEN: Motion to adjourn. & 22 & DOES NOT APPLY TO ANY REPRODUCTION OF THE SAME IN \\
\hline 23 & MR. EATON: Second. & 23 & ANY RESPECT UNLESS UNDER THE DIRECT CONTROL \\
\hline 24 & THE CHAIR: All in favor? Aye. & 24 & AND/OR SUPERVISION OF THE CERTIFYING REPORTER. \\
\hline
\end{tabular}


AND/OR [1] - 442:24
Ann [7]-393:9, 393:11, 396:8, 397:11, 419:10, 436:11, 437:19
annual [2] - 370:24, 371:23
answer [12] - 367:19, 380:11,
382:21, 387:2, 387:5, 394:4,
394:8, 398:17, 424:7, 425:6,
426:8, 437:24
answered [2] - 379:11, 399:3
answering [1] - 385:21
answers [5] - 422:5, 424:12,
424:15, 425:14, 426:8
anxiety [1] - 349:6
ANY [2] - 442:22, 442:23
apologize [4] - 378:8,
379:18, 384:8, 395:17
Appeals [6] - 361:21, 366:3,
369:6, 375:13, 430:4, 431:17
applicant [1] - 421:15
APPLICATION [1] - 343:3
application [2] - 344:5,
382:12
applied [2] - 365:5, 431:18
applies [5] - 369:4, 431:1,
431:13, 439:1, 439:10
apply [5] - 360:23, 379:1,
385:7, 386:24, 412:14
APPLY [1] - 442:22
applying [1] - 412:13
appreciate [2] - 378:5,
382:20
approach [1] - 350:21
approaches [1] - 348:17
appropriate [7]-354:19,
355:11, 378:2, 401:9, 418:3, 419:21, 439:2
appropriately [1] - 373:7
apt [1] - 432:22
Area [4]-361:20, 365:11,
365:14, 435:22
area [10]-360:13, 369:10,
370:2, 370:3, 370:4, 413:24,
414:3, 422:24, 428:5, 438:19
areas [4]-346:11, 372:14,
372:15, 430:14
Arlington [1] - 428:22
array [1] - 350:21
arrive [2] - 350:10, 353:10
arriving [1] - 349:22
articles [2] - 361:15, 420:12
Articles [3]-362:2, 420:13,
420:22
aspects [1] - 358:7
asserting [1] - 375:7
assessment [4]-350:24,
351:11, 352:20, 437:17
assessments [1] - 354:10 assistance [3] - 350:16, 351:10, 352:24
assisted [1] - 363:18
associate [1] - 407:5
associated [1] - 438:20
Association [2]-358:14,

361:20
assortment [1] - 356:13
assume [1] - 382:6
AT [1] - 343:9
Athol [8]-361:20, 362:9,
365:11, 365:14, 396:18,
419:22, 433:4, 435:22
attain [1] - 352:17
attend [3]-357:20, 415:10, 416:20
attended [1] - 415:21
Attorney [1] - 359:18
audience [3]-344:11, 346:5, 389:23
augment [1] - 350:22
authority [3] - 375:7, 375:9,
430:1
Authority [2] - 366:2, 366:13
avail [1] - 419:16
availability [2]-422:9, 424:2
available [8] - \(357: 12\),
368:11, 396:17, 414:15,
415:16, 433:22, 434:14,
439:19
avoid [1] - 354:14
Aye [1] - 440:1
aye [5] - 440:2, 440:3,
440:24, 441:1, 441:2

\section*{B}
bad [2] - 421:4, 431:2
base [2]-416:3, 425:19
based [16] - \(348: 16,351: 5\),
354:24, 355:6, 356:9, 356:15,
356:19, 364:6, 370:10,
370:21, 371:12, 410:14,
433:11, 434:8, 435:9
basic [1] - 367:10
basis [4]-372:3, 414:12,
414:14, 430:6
bathing [1] - 373:2
bear [1] - 408:3
bearing [2] - 381:8, 381:14
become [4]-346:17, 369:24, 408:16, 411:17
becomes [1] - 360:19
bedrooms [1] - 373:3
beds [27]-347:5, 347:6,
347:19, 347:24, 348:5, 368:4, 368:7, 368:9, 368:11, 368:14, 368:16, 368:18, 374:20, 374:21, 374:22, 376:12,
376:13, 386:6, 391:8, 392:18, 402:5, 402:6, 414:7
BEFORE [1] - 343:16
began [1] - 369:17
beginning [1] - 347:2
BEHAVIORAL [1] - 343:10
behavioral [10] - 344:24,
348:15, 348:19, 348:24,
354:20, 364:8, 364:15,
368:16, 368:23, 393:22
Behavioral [2] - 358:14,

358:15
beings [1] - \(367: 9\)
benefit [3] - 351:21, 374:5, 410:2
Best [1] - 358:12
best [3]-348:17, 373:22,
437:14
better [8] - 348:13, 351:24, 408:24, 416:10, 416:15, 418:2, 426:1, 434:7
between [3]-394:1, 394:17, 399:4
beyond [2] - 373:15, 375:10
BHN [2] - 390:24, 391:7
BIALECKI [129] - 344:13, 372:19, 374:22, 375:1, 375:5, 376:8, 376:11, 376:14,
376:18, 376:22, 377:1, 377:7, 377:13, 377:16, 377:20, 378:1, 378:20, 378:23, 379:22, 380:9, 382:9, 383:6, 383:9, 384:19, 385:2, 385:6, 385:20, 387:4, 387:8, 387:14, 387:22, 388:1, 388:5, 388:8, 388:12, 388:15, 388:19, 388:24, 389:11, 389:19, 389:22, 390:7, 390:23, 391:7, 391:17, 391:21, 392:10, 392:16, 392:18, 392:21, 393:1, 393:6, 394:10, 394:14, 394:19, 395:1, 395:6, 395:10, 395:16, 395:23, 396:12, 396:20, 396:23, 397:3, 397:9, 397:12, 397:17, 397:20, 397:22, 398:6, 398:12, 398:22, 399:1, 399:7, 399:10, 399:13, 399:19, 400:1, 400:16, 400:19, 400:22, 401:1, 401:3, 401:21, 402:3, 402:7, 402:10, 402:14, 402:23, 403:2, 403:11, 403:14, 403:19, 403:23, 404:8, 404:11, 404:13, 404:19, 405:1, 405:4, 405:11, 406:6, 406:9, 407:1, 407:3, 407:8, 408:23, 409:3, 409:14, 409:21, 409:23, 410:22, 411:11, 411:21, 412:8, 412:12, 412:18, 412:20, 413:5, 413:7, 414:16, 414:21, 415:13, 416:8, 416:24, 417:15, 418:11, 418:18, 419:20
Bialecki [2] - 344:14, 361:8
Bialecki's [2] - 364:6, 368:6
big [2] - 414:6, 433:9
Bill [2] - 433:12
bill [1] - 423:12
billing [1] - 412:9
bit [6] - 345:24, 357:23,
368:5, 373:3, 380:19, 417:10
blue [3]-346:16, 395:1,
395:3
Board [8] - 348:23, 361:21,
366:3, 369:6, 370:24, 375:13,

430:4, 431:16
board [2] - 375:7, 439:12
body [1] - 403:17
bottom [2] - 403:8, 439:7
bound [1] - 401:7
brand [1] - 396:22
brand-new [1] - 396:22
break [2] - 385:18, 386:7
breakdown [1] - 386:11
breaking [1] - 375:2
Brewer [1] - 417:16
Brian [4]-384:1, 421:16,
429:8, 440:9
BRIAN [1] - 343:19
briefly [1] - 394:2
bring [2] - 389:13, 440:12
bringing [1] - 408:19
brings [1] - 349:8
BROWN [8] - 376:10, 380:2,
383:10, 412:24, 414:20,
418:9, 418:16, 439:16
budget [3]-417:17, 418:14,
422:8
budgeting [1] - 366:10
build [7]-346:3, 347:23,
349:17, 364:10, 364:11,
377:11, 410:7
build-out [1] - 346:3
building [18] - 346:13,
346:16, 346:23, 347:20,
356:23, 360:14, 369:11,
370:18, 375:11, 376:15,
391:8, 393:21, 393:22,
395:11, 397:11, 417:18,
430:13, 430:15
buildings [5]-393:17,
395:11, 437:6, 438:4, 438:12
built [1] - 373:22
bulk [4]-360:12, 369:8,
435:5, 435:11
Bureau [3]-359:14, 404:1,
404:13
by-law [2] - 360:17, 435:18
by-laws [3] - 360:6, 384:2,
434:22
by...a [1] - 360:9

\section*{C}
caliber [1] - 345:8
campus [7]-345:4, 345:14,
363:19, 396:13, 406:12, 409:1
campuses [1] - 349:19
candidates [1] - 422:13
cannot [6] - 361:9, 369:5,
\(370: 8,375: 12,375: 14,432: 13\)
capabilities [2]-365:3,
367:9
capable [2] - 353:16, 390:14
capacity [13]-348:7, 374:23,
376:4, 376:6, 383:4, 384:18,
386:2, 386:20, 405:6, 409:5,
409:17, 409:20, 413:22
care [23]-345:9, 345:14,

348:21, 349:5, 349:8, 350:12, 350:14, 351:17, 352:23, 354:24, 355:16, 356:3, 357:17, 358:9, 358:16, 363:23, 366:9, 381:2, 393:3, 393:23, 394:2, 409:20, 417:4 career [1] - 352:17
CAROL [2] - 343:23, 442:5
Case [1] - 435:22
case [25] - 350:24, 355:24,
357:18, 361:3, 361:4, 361:22, 362:12, 363:16, 364:22, 365:4, 365:15, 365:21,
365:22, 365:23, 366:1,
366:11, 366:14, 366:23,
409:1, 409:9, 419:20, 430:4,
435:21, 437:22
caseload [1] - 386:21
cases [6] - 361:19, 405:22,
429:24, 431:4, 436:4, 438:21
catch [1] - 413:8
categories [2] - 406:22, 407:9
categorized [1] - 385:21
categorizes [1] - 381:5
categorizing [1] - 381:6
category [6] - 396:24, 403:6, 403:20, 403:22, 404:6, 405:8
CENTER [1] - 343:11
center [5]-344:22, 350:9,
363:21, 408:9, 409:12
Central [2]-344:24, 423:24 certain [3] - 365:5, 379:13,
402:5
certainly [13] - 348:23,
351:7, 355:24, 373:17,
373:20, 374:2, 387:1, 387:5,
387:14, 410:2, 417:5, 417:21,
439:4
CERTIFICATION [2] - 442:1,
442:21
certify [1] - 442:5
CERTIFYING [1] - 442:24
cessation [1] - 357:8
cetera [1] - 375:17
Chair [1] - 343:18
CHAIR [150] - 344:3, 344:8,
359:20, 374:9, 374:11,
\(375: 19,375: 22,378: 3,378: 9\),
379:8, 380:1, 380:3, 380:16,
382:5, 382:10, 382:23, 383:8, 383:14, 384:22, 385:3,
385:11, 385:16, 385:18, 387:3, 387:6, 387:9, 387:17, 387:24, 388:3, 388:6, 388:10, 388:13, 388:16, 388:22, 389:5, 389:17, 389:20, 390:1, 390:3, 391:5, 391:9, 393:9, 394:3, 395:19, 395:22, 396:4, 396:18, 396:21, 396:24, 397:7, 397:10, 397:13, 397:19, 397:21, 398:4, 398:9, 398:19, 398:23, 399:2, 399:8, 399:11, 399:17, 399:20, 400:13, 400:17, 400:20,

400:23, 401:2, 401:17,
401:24, 402:4, 402:8, 402:12, 402:20, 402:24, 403:5, 403:12, 403:15, 403:21, 404:5, 404:9, 404:12, 404:17, 404:23, 405:2, 405:8, 406:4, 406:7, 406:13, 407:2, 407:4, 407:16, 407:22, 410:13, 411:22, 411:24, 412:22, 413:2, 413:6, 414:10, 415:6, 415:24, 416:16, 417:7, 418:13, 418:20, 419:10, 420:3, 420:14, 420:17, 420:21, 421:4, 421:9, 422:12, 422:17, 422:22, 423:5, 423:7, 423:9, 423:16, 424:8, 424:24, 425:17, 425:24, 426:14, 426:22, 427:4, 428:12, 428:18, 429:1, 429:7, 429:12, 429:16, 433:21, 433:24,
436:3, 436:7, 437:10, 437:19,
437:21, 438:7, 438:10,
438:13, 439:17, 439:24,
440:3, 440:8, 440:17, 440:20, 440:24
chance [1] - 371:3
change [1] - 371:20
changed [1] - 395:16
changes [2]-344:11, 381:13
changing [3] - 348:11, 369:9
channels [1] - 416:22
Chapter [3]-360:5, 369:12, 399:21
charitable [2] - 362:5,
362:17
chemicals [1] - 357:10
chief [1] - 371:3
Chief [1] - 433:4
child [3] - 397:24, 398:10,

\section*{398:11}
children [1] - 398:1
choices [2] - 348:12, 351:24
chronic [1] - 414:22
circle [2]-370:9, 370:11
circles [1] - 370:2
cited [3]-348:17, 361:19,
366:11
citing [3] - 364:22, 365:4,
365:15
citings [2] - 435:24, 436:1
civil [3] - 399:22, 401:4, 403:3
clarification [3]-393:14, 436:13, 438:8
clarified [1] - 435:17
clarifies [1] - 395:21
clarify [1] - 383:23
Class [1] - 359:7
classification [1] - 386:10
clear [4] - 380:23, 382:13,
411:5, 436:6
clearing [1] - 434:4
clearly [1] - 387:15
client [1] - 416:9
clients [1] - 385:9
clinic [1] - 417:3
clinical [7]-347:14, 349:5,
350:1, 354:10, 355:12, 357:7, 358:9
clinician [1] - 416:10
close [1] - 425:15
closely [1] - 407:5
closer [2] - 375:2, 418:1
clue [1] - 427:8
clustered [1] - 385:24
co [5] - 349:5, 349:9, 373:1,
409:4, 411:18
co-ed [1] - 373:1
co-occurring [4]-349:5,
349:9, 409:4, 411:18
coaching [1] - 354:11
Code [2] - 362:7, 362:13
coincidental [1] - 422:19
collaborates [1] - 345:13
collective [1] - 381:7
College [2] - 363:17, 364:22
college [1] - 363:21
color [2] - 346:4, 395:16
combat [1] - 417:19
combined [2] - 409:13,
409:15
coming [4]-390:20, 401:4,
417:1, 422:9
commingled [1] - 405:14
Commission [1] - 431:6
commit [1] - 401:15
commitment [2]-348:24,
401:5
commitments [1] - 399:22
committed [4] - 345:14,
348:22, 403:3, 417:24
committee [1] - 418:24
Common [2]-374:16,
407:24
Commonwealth [1] - 417:9
communicate [1] - 381:18
communities [2] - 345:9,
365:1
community [15] - 347:8,
351:9, 353:17, 354:24,
355:16, 355:23, 356:7, 356:9,
366:10, 374:1, 376:21,
381:23, 415:18, 430:18,
430:23
Community [1] - 344:14
community-based [2] -
354:24, 356:9
company [3]-372:1, 428:16, 428:21
complementary [1] - 349:13
complete [4] - 372:10,
372:12, 401:15, 442:6
completed [3] - 352:4,
370:21, 382:7
completion [2] - 355:17,
356:4
compliance [1] - 371:9
complications [1] - 390:13
components [1] - 413:12
comprehensive [2] - 350:20,
356:10
computer [1] - 379:19
concerning [4]-360:12,
369:7, 430:13, 435:4
conclusion [2] - 366:23,
372:18
condition [1] - 432:4
conditions [5] - 349:6,
383:19, 384:6, 418:19, 431:22
conducive [1] - 374:2
conducted [1] - 372:1
confirming [1] - 349:16
confused [1] - 391:12
connect [2] - 417:2, 417:5
connected [1] - 395:12
connection [1] - 406:16
connects [1] - 406:22
consider [1] - 428:7
considered [1] - 366:4
considering [1] - 401:19
consistent [1] - 439:8
consistently [1] - 364:19
constitutes [2] - 364:18,
365:10
construction [5] - 347:3,
356:22, 370:5, 370:22, 371:21
consultant [10] - 420:4,
420:5, 421:9, 421:14, 421:15,
422:8, 423:21, 425:6, 425:10,
427:11
consultation [1] - 351:2
contact [9]-421:24, 423:2,
423:23, 424:5, 426:10,
428:13, 428:14, 428:17,
428:19
contacts [2] - 422:6, 426:21
contiguous [1] - 363:19
continuation [1] - 344:4
continue [8] - 385:13,
400:11, 416:8, 425:13, 426:6,
426:22, 439:13, 439:22
continuing [3] - 355:16,
356:3, 440:18
continuum [2]-345:7, 349:8
contract [1] - 358:16
contracted [1] - 372:2
contradicts [1] - 435:18
contrary [1] - 367:6
CONTROL [1] - 442:23
controlling [1] - 356:17
controversies [1] - 438:20
convention [1] - 421:6
conventional [1] - 364:21
conversation [1] - 349:15
convicted [2]-401:11,
401:18
conviction [2] - 401:19,
401:20
cooking [1] - 366:9
cooperative [2] - 431:8,
431:20
coordinate [1] - 423:2
coordinated [2] - 345:14,

348:21
coordinator [1] - 355:13 cope [4] - 364:16, 367:10,

\section*{368:1, 410:7}
copies [2]-361:23, 420:14
coping [2] - 364:11, 410:7
copy [5] - 344:9, 379:23,
380:2, 420:12, 420:21
core [2] - 345:10, 345:11
corporate [1] - 362:11 corporation [5] - 360:10, 361:2, 361:14, 362:4, 362:10
corporation's [1] - 361:15
corporations [1] - 362:10
correct [5] - 375:12, 407:16,
408:21, 421:1, 435:10
Council [1] - 431:6
counseling [2] - 357:19,

\section*{410:6}
counselors [1] - 357:17
counted [1] - 374:19
County [1] - 391:8
couple [4]-372:19, 406:13,
416:14, 429:17
course [1] - 424:15
court [15] - 361:3, 366:14,
366:20, 399:22, 400:8,
400:15, 401:5, 401:7, 401:14,
402:19, 402:20, 405:11,
430:7, 440:5, 440:9
courts [4]-364:19, 365:17,
365:20, 401:21
cover [1] - 420:4
coverage [3] - 360:15,
369:11, 430:15
covered [3] - 383:7, 400:18,
403:13
create [1] - 355:8
creating [1] - 356:11
credit [1] - 367:14
crisis [4]-350:5, 373:11,
377:1, 417:20
criteria [7] - 389:6, 389:7,
389:10, 390:6, 390:11, 401:2,
401:6
critical [2]-355:19, 356:1
CSO [1] - 350:4
curiosity [1] - 429:10
curious [1] - 383:13
current [8] - 348:6, 357:22,
358:8, 371:12, 409:17,
413:17, 414:16, 438:21
curriculum [1] - 356:19
custody [1] - 400:5
cuts [1] - 427:2
CV [1] - 429:3
CWOFs [1] - 401:20
cycle [1] - 414:22
D
daily [4] - 354:10, 357:21, 367:4, 367:23
danger [1] - 392:3
data [1] - 427:24
date [3] - 425:5, 437:15,
440:18
DATED [1] - 442:16
dates [1] - 365:18
David [1] - 384:3
days [13] - 352:6, 352:8,
353:4, 355:6, 357:6, 358:22,
358:23, 359:3, 384:5, 396:2,
396:3, 402:16, 405:22
DBA [1] - 361:10
deal [1] - 411:18
dealing [3]-372:9, 407:15,
423:2
dealt [2] - 381:13, 435:23
death [1] - 421:22
debate [1] - 382:15
DECEMBER [1] - 343:6
December [2] - 425:18,
439:22
decide [1] - 421:23
decided [2] - 359:6, 427:14
decides [1] - 400:9
deciding [1] - 384:15
decision [6] - 356:12, 381:9,
384:12, 384:16, 430:1, 432:14
decision-making [3] -
356:12, 381:9, 384:16
dedicated [2] - 368:16,
368:18
define [1] - 386:15
defined [1] - 362:6
defining [1] - 400:23
deleting [1] - 409:24
demand [1] - 347:12
denied [1] - 430:5
denying [1] - 430:3
DEP [13] - 369:23, 371:14,
371:15, 371:16, 371:18,
372:3, 372:4, 372:6, 432:17,
437:5, 437:13, 438:3
DEP's [1] - 370:10
Department [8]-358:13,
359:13, 359:16, 403:24,
404:14, 410:18, 412:4, 412:5
departments [1] - 359:15
dependence [1] - 352:17
depressed [1] - 392:2
depression [1] - 349:6
depth [1] - 352:19
describe [4]-381:5, 382:3,
388:18, 416:22
described [6] - 361:8,
363:14, 364:2, 367:17, 369:1, 384:20
describing [3] - 383:16, 393:16, 410:1
design [3] - 345:22, 392:12, 434:9
designated [1] - 358:12
designed [2] - 353:24,
383:23
despite [2] - 419:17
destination [1] - 345:2
detail [2] - 427:8, 438:17
determination [4] - 371:19,
431:19, 432:2, 433:8
determinative [1] - 432:13
determine [2]-402:21,
429:21
determined [4]-350:16, 399:14, 402:19, 433:13
determining [3] - 360:13,
369:9, 435:4
detox [22]-347:24, 348:3,
349:23, 352:4, 352:5, 357:3,
357:8, 389:2, 389:3, 389:13,
389:14, 390:21, 391:8,
391:19, 393:19, 400:2, 400:5,
400:9, 402:16, 412:17, 414:2,
436:17
detoxification [3] - 357:4,
368:12, 400:8
develop [5] - 345:1, 351:18,
354:1, 364:12, 368:1
developed [4] - 344:22,
365:23, 388:20, 390:9
developing [5] - 350:12,
354:6, 355:14, 363:17, 367:8
development [6] - 344:16,
347:3, 352:12, 354:17,
356:23, 418:10
developmental [2] - 354:21, 397:24
developmentally [1] -
355:11
diagnosis [2] - 350:13, 357:5
dialogue [1] - 378:6
died [2] - 379:20, 421:11
differed [1] - 365:8
difference [3] - 389:9, 394:1,
394:17
different [12] - 348:13, 368:5,
383:3, 386:7, 386:9, 392:11,
393:3, 393:16, 406:1, 406:22, 415:23, 439:5
differentiation [1] - 408:7
differently [1] - 346:1
difficult [3]-378:5, 385:22,
390:1
difficulty [2] - 366:7, 385:20
diligent [1] - 421:19
dimensional [1] - 381:13
dining [1] - 346:11
DIRECT [1] - 442:23
direct [1] - 428:17
directed [1] - 357:16
directly [2] - 365:14, 437:13
director [1] - 422:21
disabled [1] - 365:6
disagree [1] - 382:12
disagreement [1] - 438:24
discharge [3]-350:15,
351:4, 355:19
discharged [1] - 350:18
discuss [1] - 419:1
discussed [5] - 362:19,
396:4, 396:6, 396:8, 397:11
discusses [1] - 361:3
discussing [2] - 419:8,
440:15
discussion [4]-382:6,
382:11, 383:12, 431:20
discussions [1] - 432:12
disorders [7] - 349:7, 349:9,
352:3, 364:8, 368:23, 409:4,
411:19
disputed [1] - 427:17
distance [1] - 391:1
DMH [12] - 377:9, 378:16,
383:2, 384:17, 387:10, 397:1, 399:12, 403:20, 404:3, 404:7,
404:10, 413:16
DMR [1] - 377:19
Document [2] - 420:20,
421:8
documentation [1] - 385:24
documents [1] - 418:8
DOES [1] - 442:22
dollars [2]-417:9, 418:12
dominant [7]-363:13,
364:1, 366:18, 367:16,
368:24, 437:1
Don [1] - 440:9
DONALD [1] - 343:20
done [6] - 350:10, 361:6,
421:6, 425:3, 425:11, 433:5
Dover [34]-360:3, 360:4,
360:16, 360:19, 360:22,
361:9, 361:19, 362:20, 363:5,
363:7, 363:10, 364:20, 365:4,
366:12, 369:2, 369:3, 375:9,
375:13, 382:13, 382:19,
420:24, 429:19, 430:10,
430:12, 430:18, 430:23,
431:1, 431:12, 431:17,
434:16, 434:19, 436:13,
438:14, 438:19
down [7]-354:12, 375:2,
421:19, 424:18, 425:5, 427:2, 432:13
DPH [4] - 404:3, 404:11,
404:12, 413:15
Dr [4]-344:13, 361:8, 364:6, 368:6
DR [129]-344:13, 372:19,
374:22, 375:1, 375:5, 376:8,
376:11, 376:14, 376:18,
376:22, 377:1, 377:7, 377:13,
377:16, 377:20, 378:1,
378:20, 378:23, 379:22,
380:9, 382:9, 383:6, 383:9,
384:19, 385:2, 385:6, 385:20,
\(387: 4,387: 8,387: 14,387: 22\),
388:1, 388:5, 388:8, 388:12,
388:15, 388:19, 388:24,
389:11, 389:19, 389:22,
390:7, 390:23, 391:7, 391:17, 391:21, 392:10, 392:16,
392:18, 392:21, 393:1, 393:6, 394:10, 394:14, 394:19,
395:1, 395:6, 395:10, 395:16,
395:23, 396:12, 396:20,

396:23, 397:3, 397:9, 397:12, 397:17, 397:20, 397:22, 398:6, 398:12, 398:22, 399:1, 399:7, 399:10, 399:13,
399:19, 400:1, 400:16, 400:19, 400:22, 401:1, 401:3, 401:21, 402:3, 402:7, 402:10, 402:14, 402:23, 403:2, 403:11, 403:14, 403:19, 403:23, 404:8, 404:11, 404:13, 404:19, 405:1, 405:4, 405:11, 406:6, 406:9, 407:1, 407:3, 407:8, 408:23, 409:3, 409:14, 409:21, 409:23, 410:22, 411:11, 411:21, 412:8, 412:12, 412:18, 412:20, 413:5, 413:7, 414:16, 414:21, 415:13, 416:8, 416:24, 417:15, 418:11, 418:18, 419:20
draw [1] - 356:14
driveway [1] - 371:8
driving [1] - 379:16
drop [1] - 398:14
dropped [2] - \(377: 16,398: 16\)
drug [5] - 352:16, 354:22,
389:14, 408:10, 408:14
drugs [3] - 354:2, 357:9,
366:17
dual [1] - 357:5
duration [1] - 351:14
during [4]-353:12, 356:14,
357:8, 357:11

E
e-mail [2] - 422:19, 426:9
e-mails [1] - 427:6
early [3]-353:22, 354:2,
354:14
earmarked [1] - 417:9
earmarking [1] - 417:12
easier [2]-381:18, 409:10
easily [1]-382:3
easy [3] - 423:1, 423:2, 438:1
EATON [6] - 343:20, 429:17,
439:23, 440:2, 440:23, 441:1
Eaton [2] - 422:21, 423:6
economy [1] - 345:16
ed [1] - 373:1
educable [1] - 366:6
educate [1] - 353:24
educating [1] - 348:13
education [15] - 348:10,
351:6, 351:7, 351:11, 352:21, 352:23, 355:22, 356:16, 357:19, 363:22, 365:7, 365:13, 366:1, 437:2
educational [31] - 352:13,
355:13, 355:14, 356:1, 360:8, 360:9, 360:18, 360:20,
\(360: 23,361: 1,361: 2,361: 12\), 361:14, 361:16, 362:6,
362:17, 362:21, 363:2, 363:8,

363:11, 363:12, 364:18,
364:21, 364:23, 365:10,
365:18, 366:18, 366:23,
367:1, 367:12, 436:18
educationally [4] - 363:15,
364:3, 367:18, 369:2
effect [1] - 382:19
effective [1] - 356:17
effectively [1] - 411:18
efficiently [1] - 382:3
effort [1] - 353:24
either [3]-412:4, 426:3,
426:7
elder [1] - 363:22
elected [1] - 431:9
electrical [1] - 371:9
elevate [1] - 345:8
eliminate [1] - 377:9
ellipses [1] - 436:15
emergency [1] - 376:23
emotional [2]-354:20,

\section*{358:7}
emphasis [1] - 356:11
emphasize [1] - 380:19
end \([7]-364: 13,376: 5\),
377:10, 406:3, 406:14, 431:2, 440:17
ended [1] - 439:7
engage [1] - 361:16
engineering [1] - 372:1
engineers [5] - 432:21,
433:22, 437:12, 437:13,
440:12
enroll [1] - 363:20
enter [1] - 389:15
entire [2] - 344:22, 380:14
entirely [1] - 439:2
entities [2] - 430:18, 430:22
entity [1]-363:3
enumerated [1] - 360:4
environment [3] - 358:10,
364:13, 373:22
equation [1] - 408:12
equipped [1] - 432:7
Eric [2] - 427:9, 427:10
escalating [1] - 350:7
especially [1] - 413:11
essentially [7] - 360:18,
362:14, 363:18, 393:16,
430:17, 430:22, 432:2
establish [2] - 345:6, 347:3
estate [1] - 428:10
et [1] - 375:17
evaluation [1] - 427:23
evening [1] - 353:16
event [3]-373:6, 377:20,
416:18
eventually [1] - 416:13
everyday [2] - 367:11, 368:2
evidence [4] - 348:16,
356:15, 357:7, 442:7
evidence-based [2] -
348:16, 356:15
evidenced [1] - 358:21
exactly [1] - 386:12
example [4] - 350:5, 401:12,
409:11, 427:22
examples [1] - 435:21
exceeded [1] - 430:1
excellent [1] - 358:20
excerpt [2] - 361:23, 361:24
exchange [1] - 413:4
exclusive [1] - 410:23
exclusively [1] - 362:5
excuse [2]-408:10, 431:6
executive [1] - 422:21
exempt [2] - 418:23, 437:3
exhaustive [1] - 378:24
exhibit [4]-420:7, 420:8,
420:10, 420:11
Exhibit [1] - 420:19
exist [1] - 419:24
existing [5] - 347:10, 348:5,
369:20, 396:10, 399:5
expand [2]-345:7, 357:22
expanding [2]-347:9, 348:5
expansion [1] - 358:2
expectation [1] - 369:18
expensive [1] - 427:14
experience [1] - 412:3
experiencing [1] - 354:20
experiment [1] - 344:12
expert [1] - 428:5
explain [4]-412:23, 413:2,
413:3, 417:10
extension [1] - 358:2
extent \([7]-380: 24,381: 12\),
382:17, 384:5, 384:9, 403:16,
432:12
exterior [1] - 345:15
external [1] - 372:8
extremely [1] - 384:12

\section*{F}
fabulous [1] - 429:7
face [3] - \(347: 21,364: 14\), 389:23
facilities [10] - 357:3, 365:5,
373:2, 377:3, 384:6, 386:23,
404:4, 414:23, 419:24, 435:23
facility [29] - 359:2, 363:18,
366:5, 366:15, 366:21,
366:24, 367:7, 367:19, 368:7, 369:4, 373:11, 374:23,
\(375: 14,375: 16,379: 6,382: 4\),
400:6, 412:3, 414:3, 415:12,
416:5, 419:16, 430:6, 430:7,
431:14, 431:18, 435:14,
436:4, 437:3
facility's [2]-367:22, 367:24 fact [7]-357:7, 366:14,
366:20, 413:19, 415:18,
418:4, 426:6
factor [1] - 432:13
factors [2] - 429:21, 430:11
facts [1] - 406:19
factual [1] - 386:1
fair [2] - 410:15, 437:18
fairly [1] - 387:4
fall [3]-386:10, 387:16, 403:19
falls [4] - 361:8, 365:12,
365:24, 435:13
familiar [2] - 418:4, 438:18
families [1] - 355:24
family \([7]-351: 7,354: 21\),
355:12, 356:8, 357:19, 374:1, 418:3
famous [1] - 431:4
far [12]-371:23, 372:24,
375:15, 381:7, 381:10,
\(381: 15,381: 17,386: 5,395: 4\),
414:17, 418:12, 429:19
Farm [2] - 423:13, 423:14
fast [1] - 422:4
favor [2] - 439:24, 440:24
feasible [1] - 359:7
feature [1] - 426:24
features [1] - 352:19
fee [9]-370:18, 370:19,
370:20, 370:24, 371:4, 371:8, 371:9, 423:21
fees [5] - 370:16, 371:13,
371:21, 422:1
felt [3]-350:6, 401:7, 417:23
few [3]-369:13, 414:7,
421:24
fewer [1] - 359:1
field [2] - 348:18, 438:6
figure [2] - 359:18, 408:17
final [3] - 392:18, 392:20,
434:9
financially [1] - 345:12
finish [1] - 359:21
fire \([4]-371: 1,371: 5,371: 8\),
372:11
first [14] - 360:23, 361:6,
362:23, 363:6, 363:9, 384:20, 390:8, 393:7, 393:12, 393:20, 400:4, 402:8, 438:16
fit [3]-422:8, 432:2, 432:3
Fitchburg [6] - 366:2, 366:3,
366:13, 423:3, 430:4, 435:21
five [5] - 357:6, 372:16,
385:14, 398:7, 423:17
flags [1] - 433:19
Flanagan [1] - 417:16
FLICK [37] - 344:7, 359:22,
375:12, 376:7, 376:9, 376:13, 381:4, 382:22, 385:8, 385:15, 394:9, 418:23, 420:9, 420:16, 421:1, 421:7, 423:6, 426:16, 428:22, 430:2, 430:21,
432:19, 434:13, 434:21,
434:23, 435:3, 435:10,
435:13, 435:20, 436:1, 436:5, 436:20, 436:24, 437:9, 440:4,
440:14, 440:19
Flick [1] - 359:18
FLYNN [2] - 429:9, 429:15
Flynn [1] - 429:9
focus [1] - 351:23
focused [3] - 354:3, 411:13,
413:10
folks [3] - 353:10, 409:6, 415:15
follow [5]-355:22, 356:6,
383:2, 411:23, 426:5
follow-up [4] - 355:22,
356:6, 411:23, 426:5
following [1] - 356:9
food [2]-370:23, 372:15
footage [1] - 370:22
footprint [1] - 434:8
for...for [1] - 360:8
foregoing [1] - 442:6
FOREGOING [1] - 442:21
forensic [1]-432:1
forget [1] - 417:8
formal [1] - 431:19
formality \({ }_{[1]}\) - 440:13
formed [1] - 362:4
formerly [1] - 366:5
forth [4]-383:1, 383:5,
383:19, 431:20
forward [8]-348:14, 378:19,
383:20, 421:23, 425:16,
433:1, 433:5, 433:19
four [3]-372:12, 393:17, 405:22
frame [3]-346:24, 356:23,
408:1
framed [1] - 346:23
framework [2]-359:23,
381:18
framing [1] - 387:7
Framingham [1] - 431:4
FRANCE [5] - 411:23, 412:2,
412:11, 412:16, 412:19
France [1] - 412:2
Franklin [1] - 391:8
freestanding [1]-395:11
front \({ }_{[1]}-425: 15\)
fuchsia [2] - 394:18, 395:14
fulfill \({ }_{[1]}\) - 367:1
full [1] - \(345: 6\)
fully [1] - 382:8
function [1] - 410:10
functioning \({ }_{[1]}-398: 1\)
funded [3]-352:9, 413:16, 413:19
funding [6] - 404:20, 412:6,
412:9, 412:13, 413:15, 417:15
funds [1] - 421:14
future [1] - 416:3
G
gain [1] - 361:7
gains [1] - 352:14
garden [1] - 349:17
Gardner [5] - 361:20,
365:11, 365:14, 431:4, 435:22
gas [1] - 371:10
gender [3] - 372:24, 373:4,
383:5
genders [1] - 388:14
general [1] - 407:13
General [3] - 360:5, 369:12, 399:21
generally [3]-373:13, 400:1, 415:20
given [5] - 386:10, 386:17,
418:4, 422:13, 423:10
Glen [1] - 422:21
glen [1] - 423:6
goal [5]-363:14, 364:1,
364:9, 367:1, \(367: 17\)
goals [1] - 352:18
governed [1] - 435:6
graduates [1] - 415:7
grandfather [3] - 437:6,
438:4, 438:5
grant [1]-383:15
granted [1] - 381:1
granular [1] - 383:12
great [1] - 408:3
GRIMMER [5] - 428:10,
429:8, 433:3, 433:23, 437:18
Grimmer [1] - 433:3
ground [1] - 372:9
group [14]-351:5, 352:20,
353:13, 355:12, 357:19, 384:22, 385:3, 387:12, 388:17, 389:10, 405:15, 410:5, 430:5, 430:7 group-based [1] - 351:5 grouped [4] - 385:4, 387:9,
387:10, 391:13
grouping [4]-392:4, 399:11,
399:20, 406:15
groupings [1] - 407:6
groups [2] - 354:3, 356:13
growing [2] - 344:23, 347:12
grown [1] - 398:15
guarantee [1] - 398:18
guess [6] - 376:1, 392:5,
392:7, 408:13, 416:4, 424:4
guessing [1] - 423:1
guys [2] - 390:3, 408:5

\section*{H}

HALL [1] - 343:1
Hampshire [3]-428:21, 428:24
hand [1] - 391:10
handled [1] - 349:21
Hannigan [2] - 433:12
happy [1]-383:7
Harbor [2] - 365:15, 365:23
hard [3] - 379:22, 380:2,
384:24
Hardwick [3] - 375:24,
412:2, 429:9
harm [1] - 354:4
hate [1]-426:11
headed [1] - 425:12
healing [2] - 364:13, 373:22
HEALTH [1] - 343:10
Health [19]-344:15, 358:5, 358:11, 358:13, 358:14, 358:15, 358:17, 358:19, 359:14, 359:16, 361:20,
365:12, 365:15, 370:24,
404:1, 404:15, 412:5, 435:22
health [43]-345:3, 345:11,
347:15, 348:4, 348:9, 348:15, 348:19, 348:20, 349:1, 349:5, 349:18, 354:20, 355:4, 356:18, 364:8, 368:16, 368:21, 374:4, 376:3, 379:5, 391:13, 392:1, 392:14,
393:22, 397:2, 405:14,
405:23, 406:10, 408:11,
408:20, 408:23, 409:16,
410:8, 410:21, 411:2, 411:5,
411:7, 413:18, 419:13,
419:15, 419:18
Health's [1] - 410:19
healthcare [2]-344:24, 346:22
Healthcare [8] - 344:5,
344:15, 345:1, 362:1, 363:1, 363:3, 420:13, 433:4
healthy [4]-356:12, 364:12, 364:16, 414:8
hear [3]-389:20, 391:14, 430:20
heard [2] - 377:9, 438:16
hearing [9] - 344:5, 352:8,
369:14, 410:15, 420:7,
420:18, 425:16, 441:3, 442:8
height \([3]-360: 12,369: 8\),
435:5
help [9] - 344:10, 352:24,
355:17, 356:4, 367:19,
373:23, 409:16, 416:4, 419:22
helped [1] - 416:10
helpful \({ }_{[2]}\) - 382:24, 384:12
Henry [2] - 362:8, 427:16
hereby [1]-442:5
Heywood [28] - 344:5,
344:15, 345:1, 345:6, 348:5,
348:22, 349:20, 357:15,
357:23, 358:3, 358:5, 362:1,
362:8, 363:1, 363:2, 372:2,
373:5, 381:6, 386:15, 396:5,
400:7, 406:11, 408:24,
413:18, 419:22, 420:13,
427:16, 433:3
Heywood's [8] - 347:10,
358:11, 358:19, 396:10,
396:13, 399:5, 409:17, 427:23
high [2] - 386:22, 406:20
higher [2] - 407:10, 407:13
highlighted [1] - 404:5
highly [1] - 355:10
hip \({ }_{[1]}\) - 386:16
hire \([1]-421: 10\)
hiring \({ }_{[1]}\) - 372:16
histories [1] - 366:7
hmm [7]-344:7, 388:5,

390:7, 396:23, 399:10, 404:8, 429:6
hold [1] - 437:11
holding [1]-365:19
holiday [2] - 422:9, 424:17
holistic [1] - 374:4
home [9]-351:9, 353:16,
355:15, 356:10, 374:1, 414:9,
418:1, 418:2, 433:14
honest [1] - 431:11
hope [1] - 369:18
hopefully [4]-379:13,
381:23, 408:21, 424:15
hoping [4]-346:4, 374:6,
424:19, 434:13
Hospital [4]-362:9, 386:15, 433:5
hospital [2] - 349:23, 410:11
hospitalization [8]-347:10,
353:8, 354:9, 354:15, 357:11,
405:9, 410:3, 413:19
hospitalized [1] - 415:2
hours [5]-352:5, 384:4,
404:21, 427:1, 435:12
house [3]-355:13, 357:21,
415:14
Housing [2] - 366:2, 366:13
Hubbard [1] - 421:10
human [1] - 367:9
I
i.e [1] - 363:12
idea [1]-422:6
identified [2] - 382:24, 383:3
identify [3]-375:22, 393:10,
411:24
II [20] - 346:16, 347:17,
354:16, 372:17, 383:2,
384:17, 384:21, 387:11,
387:20, 387:23, 387:24,
390:17, 392:8, 397:8, 397:9,
397:10, 399:24, 406:5, 406:24
III [16] - 346:20, 347:22,
356:20, 372:17, 376:8,
380:15, 384:21, 387:11,
387:20, 387:24, 388:2, 392:8,
399:24, 400:3, 406:5, 406:24
ill \({ }_{[2]}\) - 407:12, 409:22
illness [5] - 349:11, 352:21,
358:8, 410:8, 414:22
immediately [1] - 422:5
impact [1] - 370:6
important [2]-367:8, 383:12
impossible [2] - 380:11,

\section*{386:8}
impression [1] - 438:2
improve [1] - 364:10
improving [1] - 351:24
\(\mathbf{I N}_{[1]}\) - 442:22
in-depth [1]-352:19
in-house [3] - 355:13,
357:21, 415:14
Inc [1] - 363:3
include [11] - 345:10, 347:9, 347:13, 347:17, 350:23, 353:8, 354:17, 355:21, 356:5, 359:9, 420:10
included [5] - 349:14,
372:21, 377:22, 384:7, 394:21 includes [3] - 349:4, 357:18, 394:19
including [3] - 349:15,
351:1, 364:8
incontestably [1] - 367:12
Incorporated [1] - 362:1
increase [1] - 413:22
increasing [1] - 356:17
inculcating [1] - 367:10
independence \([1]\) - 352:14
independent [2]-351:23,
366:8
indicated [1] - 351:12 individual [10] - 352:20,
353:14, 355:12, 357:18,
364:15, 365:2, 377:4, 410:6,
422:7, 423:24
individual's [2] - 349:3,
350:13
individualized [2] - 352:12,
355:9
individuals [7] - 353:24,
354:13, 390:18, 390:20,
422:1, 424:5, 424:12
indoor [1] - 351:15
infirmed [1] - 365:6
influence [1] - 400:14
information [4]-381:24,
428:14, 428:19, 437:15
informative [1] - 432:10
informed [1] - 384:16
initial [6] - 346:3, 371:20,
388:19, 391:14, 415:13,
425:19
inpatient [20] - 346:21,
347:24, 348:4, 348:6, 354:13, 356:24, 357:2, 357:3, 357:14,
357:22, 358:3, 368:12,
376:11, 376:12, 393:22,
394:1, 395:6, 396:14, 400:5,
417:1
insight \({ }_{[1]}\) - 354:1
inspection [3]-370:23,
371:1, 371:16
inspections [4]-371:4,
371:5, 371:10
inspectors [1] - 372:5
instance [1] - 430:3
instead [2] - 383:1, 416:11
institutional [2]-367:3,
367:21
institutionalized [1] - 366:6
institutions [3] - 365:8,
365:9, 366:16
instruction [2] - 367:3,
367:23
insurance [4] - 352:9,
404:20, 413:17, 419:15
insurance-funded \({ }^{[1]}\) -
352:9
insurers [1] - 358:17
intake [2] - 349:21, 350:10
integral [1] - 348:20
integration [2]-355:22, 356:6
intend [3]-377:10, 411:1, 413:16
intended [7]-346:17,
351:19, 353:7, 370:13,
372:24, 395:3, 421:10
intensive [21] - 346:18,
347:11, 347:22, 350:8, 353:4,
353:6, 353:8, 353:13, 353:21,
354:5, 354:24, 356:22,
394:22, 396:15, 401:16,
405:17, 405:20, 406:2,
414:24, 415:4, 415:5
intent [3]-379:4, 386:13
intention [1] - 378:18
interest [5] - 425:20, 427:15,
427:16, 429:5, 437:24
interested [1] - 424:13
interesting [3]-427:24,
428:3, 434:11
interfere [1] - 366:22
Internal [1] - 362:6
internal [2] - 372:10, 372:12
interpretation [3]-436:23,
439:6, 439:7
intervention [3]-350:5,
354:14, 415:5
interventions [2] - 355:4, 356:15
introduced [1] - 408:9
invitation [2]-418:24, 419:6
invite [1] - 415:7
inviting [1] - 358:10
involuntarily \({ }_{[1]}\) - 415:3
involuntary [4]-359:10,
387:18, 397:2, 403:12
involve [2] - 372:5, 431:5
involved [12] - 353:5,
359:24, 361:22, 362:16,
366:2, 369:24, 370:16, 371:2,
404:10, 406:23, 410:5, 410:6
involvement [1] - 371:15
involves [1] - 363:17
IRTP [2] - 399:14, 411:6
issue [10]-369:7, 369:16,
373:15, 380:9, 385:6, 408:18,
409:17, 422:10, 434:5, 435:14
issues [9] - 354:23, 364:15,
366:12, 373:7, 392:6, 408:15,
419:13, 431:23, \(432: 18\)
Item [1] - 434:17
item [1]-435:17
itself \([4]\) - \(358: 6,375: 16\),
398:20, 433:9
IV [3] - 384:21, 387:11, 392:8

live \([4]-366: 7,367: 2\),
\(367: 21,413: 13\)
lives \([1]-373: 23\)
living \([6]-351: 23,353: 2\),
363:18, 366:8, 367:4, 367:24 local [6] - 345:5, 345:16,
345:17, 371:5, 371:15, 372:5 locally [3] - 409:7, 414:7, 415:20
located [4]-369:19, 369:20, 370:11, 395:3
locked [19] - 357:2, 376:3,
376:12, 377:11, 379:5, 380:7,
380:12, 380:13, 383:1, 388:2,
392:14, 393:2, 393:19, 395:7,
396:14, 400:5, 409:15, 413:13
\(\log [1]-427: 6\)
long-standing [1] - 365:19
long-term [1] - 416:9
look [10] - 344:19, 345:21,
348:8, 359:4, 364:3, 391:24,
425:13, 431:21, 435:20,
436:24
looked [2] - 359:5, 375:1
looking [19] - 349:9, 371:6,
376:20, 380:5, 382:8, 384:19,
390:13, 393:15, 394:11,
394:16, 412:8, 413:12,
413:14, 414:13, 422:2, 425:5,
428:3, 432:23, 433:7
loss [1]-421:12
low [1] - 358:24
M
MA2 \([1]-414: 16\)
macEWEN \([1]-440: 16\)
MacEWEN \([40]-343: 19\),

374:10, 390:2, 390:16, 391:3,
407:20, 419:9, 421:18,
422:16, 422:18, 422:23,
423:8, 423:12, 423:18,
424:11, 425:4, 425:23, 426:5,
426:19, 427:2, 428:15,
428:20, 428:23, 429:6,
432:15, 432:23, 434:3,
434:15, 434:22, 435:1, 435:9,
435:12, 435:16, 435:24,
439:15, 439:21, 440:1,
440:11, 440:22, 441:2
mail [2] - 422:19, 426:9
mails [1] - 427:6
MAIN [1] - 343:12
maintain [2]-367:11, 368:2
majority [2] - 411:11, 413:9
manage [1]-352:15
management [3]-350:24,
351:1, 352:21
managers [1] - 357:18
mandated [1] - 405:12
MANDEL [1] - 427:10
Mandel [1] - 427:10
manner [2]-365:2, 431:8
mansion [1] - 346:14
map [1] - 406:22
Marcia [1] - 429:9
mark [2] - 420:7, 420:17
marked [3]-420:11, 420:20,
421:8
markedly [1] - 365:8
Maryanne [1] - 379:24
MARYANNE [1] - 343:18
Mass [9]-358:12, 358:13, 358:14, 358:17, 359:13, 360:5, 369:12, 399:21, 423:24
Massachusetts [6]-345:1,
364:19, 365:17, 365:20,
419:18, 438:23
MASSACHUSETTS [1] -
343:13
match [1] - 387:18
matters [1] - 362:20
maximum [4] - 368:6,
371:19, 386:20, 396:1
MBHP [1] - 358:16
mean [6] - 368:8, 383:9,
388:22, 412:20, 423:22, 424:13
meaning [3]-365:13, 366:1, 367:19
means [4]-359:1, 388:24, 395:15, 439:1
meant [1]-413:4
measures [1]-358:21
mechanism [1] - 382:2
mechanisms [2]-364:11, 410:7
medical [5] - 348:1, 355:4,
366:19, 390:13, 414:23
medically [4]-355:2, 357:4, 389:12, 389:15
medicate [1]-349:10
medication [2]-350:24, 352:20
meet [4]-347:11, 425:20, 426:2, 426:4
meeting [11]-378:15,
393:12, 415:11, 415:19,
419:5, 419:7, 429:14, 437:16, 438:15, 439:14, 440:6 meetings [10]-353:1,
357:21, 415:8, 415:9, 415:16,
415:23, 416:20, 419:4, 426:18
melding [1]-408:18
member [2] - 362:11, 381:22
Memorial [2] - 362:9
Mental \([9]\) - 358:5, 358:11, 358:13, 358:19, 361:20, 365:11, 365:14, 412:5, 435:22 mental [32]-345:3, 345:11, 347:15, 348:4, 348:9, 349:5, 349:11, 366:7, 366:16, 368:20, 376:3, 379:5, 391:13, 392:1, 392:14, 397:2, 405:14, 405:23, 406:10, 408:11, 408:20, 408:23, 409:16, 410:8, 410:21, 411:2, 411:4, 411:7, 413:18, 414:22, 419:13
mentally [3] - 407:12,
409:22, 432:3
mention [1] - 428:4
mentioned [9]-373:20,
387:19, 388:14, 394:7,
403:22, 415:8, 422:13,
438:14, 438:22
messages [1] - 424:22
met \({ }_{[2]}\) - 350:5, 360:22
method [2] - 434:18, 434:23
methodologies [1] - 375:17
methods [1] - 384:4
MHU [6] - 396:10, 399:5,
403:1, 403:4, 404:24, 406:8
Middleborough [2]-431:15, 431:17
Middlesex [1] - 431:5
might [25] - 350:2, 373:15,
385:7, 386:9, 390:14, 398:1,
400:6, 405:15, 408:14,
408:24, 409:14, 410:1, 410:2,
416:8, 419:24, 421:17, 423:1,
424:2, 424:9, 427:19, 427:20,
427:24, 428:3, 428:9, 434:8
Mike [1] - 433:3
milieu [1] - 354:12
million [1] - 417:8
mind [1] - 381:7
minimum [1]-399:2
minor [3]-397:2, 411:2,
411:7
minors [4]-377:12, 377:19,
378:17, 397:14
minute [1] - 385:9
minutes [3]-385:14, 385:16
misdirected [1] - 382:18
mix [1] - \(376: 17\)
mixed [1] - 398:7
mobile [1] - 350:4
modalities [1] - 374:3
model \([7]\) - 349:8, 350:11,
350:19, 356:10, 358:2, 406:1, 414:24
models [3]-348:16, 356:16, 359:11
modify [1] - 387:3
moment [2] - 389:18, 423:11
momentarily [1] - 385:13
money [2]-417:12, 428:9
monitoring [2] - 371:23,
372:4
month [1]-433:12
morning [2] - 353:11, 436:11
most [11]-349:22, 356:21,
358:8, 361:18, 362:19,
390:20, 391:18, 407:5,
410:16, 414:5, 437:15
motion [4]-439:13, 439:21,
440:20, 440:22
move [6]-421:23, 422:3,
425:16, 426:2, 438:12, 439:20
moved [1] - 433:1
moving [2] - 369:13, 433:5
MR [133] - 344:7, 359:22,

374:10, 374:15, 374:24,
375:4, 375:6, 375:12, 375:18,
375:20, 375:24, 376:7, 376:9,
376:10, 376:13, 376:16,
376:19, 376:23, 377:5, 377:8,
377:14, 377:18, 377:24,
378:8, 378:11, 378:21, 379:7,
379:24, 380:2, 381:4, 382:22,
383:10, 385:8, 385:15, 390:2,
390:16, 391:3, 391:11,
391:20, 391:23, 392:13,
392:17, 392:20, 392:22,
393:4, 393:8, 394:9, 407:20,
410:14, 410:24, 411:20,
411:23, 412:2, 412:11,
412:16, 412:19, 412:24,
414:20, 418:9, 418:16,
418:23, 419:9, 420:9, 420:16,
421:1, 421:7, 421:18, 422:16,
422:18, 422:23, 423:6, 423:8,
423:12, 423:18, 424:11,
425:4, 425:23, 426:5, 426:16,
426:19, 427:2, 427:10,
428:10, 428:15, 428:20,
428:22, 428:23, 429:6, 429:8,
429:17, 430:2, 430:21,
432:15, 432:19, 432:23,
433:3, 433:23, 434:3, 434:13, 434:15, 434:21, 434:22,
434:23, 435:1, 435:3, 435:9,
435:10, 435:12, 435:13, 435:16, 435:20, 435:24,
436:1, 436:5, 436:20, 436:24,
437:9, 437:18, 439:15,
439:16, 439:21, 439:23,
440:1, 440:2, 440:4, 440:11,
440:14, 440:16, 440:19,
440:22, 440:23, 441:1, 441:2
MRPC [1] - 422:21
MS [26]-344:10, 393:11,
394:13, 394:16, 394:24,
395:5, 395:8, 395:13, 395:20,
407:24, 409:2, 409:8, 409:19,
409:22, 410:12, 419:11,
420:2, 429:9, 429:15, 436:12,
436:22, 437:4, 437:20, 438:1,
438:9, 438:11
multiple [1] - 420:14
must \([5]\) - 348:21, 360:23,
361:1, 361:13, 380:18
mutually [1] - 410:23

\section*{N}

NA [4] - 357:21, 415:9,
415:10, 415:19
name [3] - 374:13, 423:9, 427:12
names [7] - 421:20, 422:14,
422:15, 422:20, 422:23, 423:18
Nancy [6] - 344:8, 407:23,
407:24, 421:18, 422:20,
423:19

Nancy's [4] - 422:13, 422:24,
423:23, 424:21
narrow [1] - 379:2
narrowly [1] - 375:8
nationally [1] - 356:18
nature [2] - 435:14, 436:1
necessarily [6] - 404:2,
405:15, 410:22, 412:18,
416:18, 439:5
necessary [5] - 354:1, 354:7,
364:16, 399:15, 427:21
necessitate [1] - 370:12
need [38] - 344:23, 349:24,
351:16, 355:3, 373:13,
377:14, 378:6, 379:12, 380:3,
382:11, 386:19, 387:20,
389:2, 389:3, 389:11, 390:12,
398:2, 401:8, 402:11, 402:15,
402:19, 402:21, 409:5, 409:6,
409:24, 410:9, 413:20,
415:18, 416:2, 416:21, 420:3,
421:23, 422:3, 424:4, 424:9,
439:13, 440:5, 440:9
needed [5] - 350:7, 351:10,
389:14, 395:21, 396:7
needing [1] - 421:12
needs [8] - 345:11, 345:18,
347:8, 349:4, 355:7, 365:2,
397:24, 413:23
negate [1] - 366:17
negative [1] - 426:7
network [1] - 351:8
never [1] - 379:4
nevertheless [1] - 381:21
New [3]-428:20, 428:21,

\section*{428:24}
new [5] - 345:4, 396:22, 405:2, 405:5, 425:5 next [23]-350:17, 353:18,
\(355: 19,372: 6,389: 2,395: 24\), 396:24, 399:11, 399:20, 403:5, 405:8, 414:4, 419:5, 419:7, 421:17, 424:16,
425:17, 426:4, 426:15,
426:17, 434:3, 439:14, 440:18
nicotine [1] - 357:12
NILSON [6] - 374:15, 374:16, 374:24, 375:4, 375:6, 375:18
Nilson [1] - 374:16
nonprofit [6] - 360:9, 361:2,
361:13, 361:15, 362:14,

\section*{362:16}
nontraditional [1] - 365:1
North [3]-344:24, 393:11,

\section*{415:22}

NORTH [1] - 343:12
NOT \({ }_{[1]}\) - 442:22
not-for-profit [1] - 363:2
noted [2] - 373:21, 423:19
nothing [1] - 426:12
notice [1] - 424:22
notices [1] - 419:3
notification [1] - 421:22 notwithstanding [2] -

364:24, 365:7
number [18] - 347:6, 368:9, 368:10, 368:11, 375:20, 384:4, 386:6, 386:9, 386:16, 399:3, 402:5, 415:22, 417:17, 434:18, 435:1, 435:2, 435:8, 439:15
number's [1] - 368:5
numbers [3] - 386:4, 386:11,
420:11
nursing [2] - 357:17, 433:14
nutrition [1] - 349:18
nutritional [1] - 351:11
nutshell [1] - 364:17

\section*{0}

O'clock [1] - 436:10
o'clock [2] - 353:11, 353:12
objectives [1] - 355:14
obvious [1] - 408:15
obviously [4] - 424:6,
424:22, 425:10, 434:4
occasion [1] - 373:14
occasionally [1] - 350:2
occupancy [2] - 370:17,
435:7
occupants [4] - 384:4,
434:18, 435:2, 435:5
occur [1] - 370:3
occurring [4]-349:5, 349:9,
409:4, 411:18
OF [3] - 442:21, 442:22,
442:24
offer [2] - 349:18, 351:19
offered [9]-345:9, 350:17,
353:19, 356:14, 357:1, 365:9,
373:8, 373:16, 413:9
offering [1] - 396:22
offers [1] - 414:24
office [1] - 346:6
Officer [1] - 433:4
offices [2] - 346:12, 372:14
often [2] - 404:15, 416:1
older [8]-358:4, 377:21,
378:12, 388:8, 388:12,
388:13, 394:21, 397:16
olds [2] - 376:17, 398:7
OmbmaCare [1] - 419:17
once [5] - 416:13, 416:14, 434:1, 434:2, 434:7
one [59]-349:7, 349:11,
350:18, 354:8, 359:15, 361:3, 361:18, 362:24, 367:13, 369:15, 370:2, 370:17, 370:19, 371:7, 371:9, 373:18, 378:4, 378:7, 378:15, 378:22, 380:12, 380:13, 380:24, 383:1, 385:7, 387:21, 390:23, 391:7, 394:10, 395:19, 396:14, 397:13, 397:16, 403:15, 405:15, 406:19, 411:14, 412:20, 413:23, 416:20, 417:4, 417:8, 419:11,

420:3, 420:10, 421:4, 422:18, 422:19, 424:16, 425:7,
425:21, 426:13, 430:18,
430:24, 435:17, 436:13
one-time [3] - 370:19, 371:7,
371:9
ones [3] - 422:18, 429:2,
436:3
oneself [2] - 367:11, 368:2
ongoing [2] - 348:24, 351:1
open [10] - 360:14, 369:10,
381:23, 402:10, 415:9,
415:19, 430:14, 431:11,
432:6, 432:16
opening [1] - 406:18 operate [3] - 382:4, 412:23, 430:5
operated [1] - 362:5
Operating [1] - 433:4
operating [2] - 363:3, 400:14
operation [6] - 366:4, 384:4,
384:5, 434:18, 434:23, 435:12
operations [1] - 375:10
opinion [1] - 439:10
opportunities [1] - 351:16
Opportunity [1] - 431:6
opportunity [1] - 421:21
opposed [1] - 410:19
option [1] - 373:17
options [5] - 347:17, 351:23,
376:21, 396:13, 415:4
oral [1] - 442:7
order [4]-360:22, 363:9,
381:22, 400:15
ordered [1] - 401:5
ordinance [2] - 360:6,
360:17
organization [4]-361:16,
362:12, 362:15, 363:2
Organization [2] - 362:2,
420:13
organizations [2] - 362:16,
431:7
organized [7] - 345:20,
345:24, 379:12, 380:10,
384:13, 386:3, 394:6
original [2]-378:14, 433:10
originally [1] - 346:13
otherwise [1] - 438:11
OUI [2] - 400:14, 401:11
outcomes [1] - 358:20
outdoor [1] - 351:15
outlined [1] - 369:22
outpatient [18] - 346:10,
347:11, 347:13, 350:3, 353:6,
353:9, 353:21, 354:5, 355:23,
356:7, 372:14, 394:22,
396:15, 401:16, 402:18,
414:24, 416:9, 417:3
outside [6] - \(367: 3,367: 21\),
370:9, 370:11, 381:20, 414:3
overall [4] - 348:20, 349:1,
381:15, 382:1
overarches [1] - 404:3
overdose [1] - 414:5
overlap [1] - 387:15
overlapping [1] - 385:23
overlaps [1] - 386:4
overnight [1] - 424:7
oversight [1] - 359:12
overview [2] - 348:9, 357:24
own [2] - 379:12, 439:9
owned [4] - 360:9, 361:1,
361:13, 363:19

\section*{P}
p.m [1] - 439:22
paid [2]-370:20, 371:21
paper [1] - 434:12
paragraph [1] - 384:3
parcel [1] - 435:11
parking [6] - 360:14, 369:10,
372:8, 430:15, 437:7, 438:4
part [21] - 344:15, 348:20,
348:22, 349:1, 349:20,
350:20, 351:4, 353:7, 355:19,
356:10, 356:21, 372:21,
381:10, 399:14, 401:20,
404:14, 415:6, 417:20,
429:13, 435:10, 439:3
partial [6] - 347:10, 353:8,
354:9, 405:9, 410:2, 413:18
participates [1] - 355:10
particular [6] - 359:24,
383:18, 396:2, 398:23,
417:22, 439:11
particulars [1] - 376:2
partly [1] - 427:16
partnership [1] - 345:5
Partnership [1] - 358:15
party [4]-372:1, 412:9,
412:11, 416:7
past [2]-359:9, 436:9
path [1] - 348:13
patient [10]-350:6, 351:8,
352:14, 373:6, 399:6, 402:13,
406:10, 408:8, 408:12, 410:1
patient's [1] - 357:11
patients [21]-345:13, 348:1,
349:22, 350:15, 351:12,
351:17, 357:5, 357:13,
357:24, 358:4, 358:17,
358:21, 359:1, 386:18, 403:1,
404:24, 405:16, 405:23,
406:8, 408:20, 408:24
Paul [7]-375:19, 375:24,
378:9, 379:15, 391:9, 410:13, 413:8
pause [1] - 389:17
pay [1] - 352:10
PC [1] - 423:24
pediatric [1] - 379:5
people [30]-346:5, 348:12,
349:9, 350:9, 353:2, 373:23,
376:4, 378:6, 379:3, 386:9,
391:18, 400:13, 401:17,
401:18, 403:2, 404:18,

407:14, 411:18, 413:12, 413:16, 414:1, 414:5, 415:1,
415:16, 416:1, 417:24,
419:19, 419:23, 427:5, 427:7
per [2] - 347:7, 386:6
percent [2] - 368:14, 368:17
percolation [1] - 433:6
perfectly [1] - 432:6
perhaps [7]-349:10, 356:7,
359:19, 362:19, 380:22,
410:10, 416:20
period [3]-352:4, 353:3,
386:17
periods [1]-414:11
permit [16] - 361:16, 370:17,
370:18, 371:7, 371:8, 371:11,
372:6, 381:1, 383:15, 383:22,
384:7, 430:5, 431:22, 431:24,
432:6, 435:7
PERMIT [1] - 343:3
Permit [1] - 384:2
permits [3]-371:14, 371:24,
434:16
permitted [2] - 357:10,
383:17
permitting [1] - 371:16
person [9]-364:14, 378:4,
395:19, 408:2, 416:11,
416:16, 427:14, 427:15,
427:19
person's [1] - 432:2
personal [1] - 352:17
personalized [1] - 349:2
persons [3] - 364:7, 367:5, 368:23
perspective [1]-365:17
pertain [1] - 398:23
pertaining [1] - 431:23
PETERSHAM [3] - 343:1,
343:9, 343:13
Petersham [10]-345:4,
345:19, 369:5, 370:18, 371:13, 376:1, 413:10,
415:18, 419:12, 432:5
phase [12] - 346:3, 370:21, 374:8, 375:2, 376:5, 377:11, 389:16, 392:19, 392:20, 393:20
Phase [41] - 346:4, 346:8, 346:16, 346:20, 347:1, 347:16, 347:17, 347:22, 351:18, 352:1, 353:7, 354:16, 356:20, 372:13, 372:17, 376:8, 380:14, 387:20, 387:21, 387:22, 387:23, 388:1, 390:16, 397:7, 397:8, 397:9, 397:10, 399:24, 400:3, 406:4, 406:5, 406:6, 406:7, 406:24
phases [12] - 345:22, 346:3,
353:22, 370:20, 376:5,
380:17, 381:3, 381:8, 381:11, 381:12, 382:7, 387:19
phone [2] - 379:21, 380:4
physical [1] - 349:3
physician [4]-351:2,
357:16, 386:21, 417:4
physician-directed [1] -

\section*{357:16}
pick [2] - 425:21, 426:14
piece [7]-352:6, 395:7,
395:24, 406:15, 409:24, 432:10, 433:9
pieces [3] - 349:7, 392:11, 417:17
pilot [2] - 418:21, 419:1
pin [2]-424:18, 425:5
place [6]-349:11, 381:8,
416:3, 416:6, 416:15, 419:23
placed [1] - 356:11
placement [1] - 350:17
places [3]-377:2, 414:4, 436:10
plan [9]-349:2, 350:12,
351:4, 352:13, 355:9, 399:14, 411:13, 415:14, 439:20
planning [8] - 351:3, 355:18,
355:22, 356:6, 357:20,
374:15, 399:17, 438:3
plans [3]-349:16, 350:15, 393:15
plumbing [1] - 371:11
plus [1]-404:7
point \([10]-350: 7,353: 15\),
379:2, 380:24, 390:17,
413:21, 415:1, 416:14,
425:11, 433:20
pointing [1] - 384:1
points [1] - 436:12
pool [2]-422:12, 423:16
population [5] - 377:23,
379:5, 407:11, 407:12, 407:13
portion [1]-344:18
position [3]-381:20,
382:14, 421:12
positive [2] - 356:12, 429:2
possible [3]-345:16,
345:18, 407:7
possibly [2] - 391:22, 412:21
posting [3] - 426:10, 426:24,
427:5
postpone [2] - 426:9, 426:20
potential [3]-354:14, 357:9, 405:13
PowerPoint [5] - 344:6,
378:14, 420:18, 420:23, 421:3
powers [1] - 367:9
Practice [1] - 358:12
practices [1] - 348:18
pre [2] - 350:16, 386:15
pre-define [1] - 386:15
pre-determined [1] - 350:16
predicted [2]-358:22,
358:24
premier [1] - 345:2
premises [1] - 381:19
prepare [1] - 367:20
preparing [2]-350:15, 367:2
prescription [1] - 366:17
present [2]-361:24, 386:19
PRESENTATION [1] - 343:3
presentation [20] - 344:17,
345:21, 359:21, 364:7, 368:6,
372:21, 373:21, 374:8,
378:14, 386:5, 386:12,
388:23, 394:12, 404:6, 420:6,
420:18, 420:24, 421:3, 432:9,
439:4
presentations [2]-395:17, 431:16
presented [9] - 359:5, 359:9,
368:15, 414:19, 431:15,
433:11, 433:13, 436:15, 442:7
presenting [5] - 373:6,
388:17, 389:1, 389:6, 397:4
preserving [1] - 345:15
President [1] - 344:14
pretrial [1] - 401:22
pretty [6] - 373:12, 407:8,
409:8, 412:24, 429:18, 438:1
prevention [5] - 352:24,
354:4, 355:21, 406:21, 406:23
previous [2] - 394:11,
395:17
previously [4] - 359:5,
401:13, 421:13, 438:17
price [1] - 423:21
prides [1] - 358:6
primarily [3] - 363:12,
410:17, 436:18
primary [5] - 348:21, 390:18,
397:4, 417:4, 419:14
principles [1] - 345:10
print [1] - 379:19
probable [1] - 389:6
problem [5] - 369:23, 389:1,
397:4, 398:15, 421:7
problems [5]-354:21,
367:11, 368:2, 388:17, 408:11
procedure [1] - 386:22
procedures [1] - 386:17
proceeded [1] - 431:15
process [8]-344:18, 356:1,
367:12, 372:4, 372:7, 372:16, 381:9, 403:3
professional [1] - 358:6
PROFESSIONAL [2] -
343:24, 442:13
professionally [1] - 409:7
profit [1] - 363:2
program [33]-344:19,
347:11, 347:18, 349:24,
352:1, 352:4, 352:5, 352:19,
353:21, 353:23, 354:6, 354:9,
354:12, 355:6, 388:20, 389:4,
390:15, 390:21, 396:15,
399:23, 400:11, 400:15,
402:1, 403:9, 403:18, 405:3,
405:5, 405:10, 405:18, 410:3, 413:19
programming [3] - 344:19,
349:19, 405:21
programs [14]-345:7,
345:13, 347:11, 348:2,

349:14, 353:9, 355:23, 356:9,
356:24, 375:15, 391:1,
396:16, 401:14, 417:5
progressed [1] - 353:15
progressing [1] - 433:2
PROJECT [1] - 343:9
project [12]-348:8, 359:24,
369:17, 370:14, 370:17,
375:8, 380:14, 381:5, 381:7,
381:16, 423:13, 423:14
property [8]-345:15,
347:21, 353:11, 360:2,
417:13, 418:5, 418:10, 434:6
proposed [12] - 345:22,
363:13, 364:1, 364:22,
366:24, 367:7, 367:16, 368:4,
368:14, 369:5, 383:22, 384:18
proposing [3]-399:16,
410:16, 411:13
prospective [1] - 367:6
protect [1] - 363:11
protected [1] - 370:4
protection [1] - 364:20
proven [2] - 348:16, 356:16
provide [13] - 345:14,
347:12, 347:24, 352:2,
352:13, 358:16, 366:21,
372:2, 378:24, 381:24,
396:11, 404:15, 409:6
provided [11]-351:16,
355:16, 356:3, 358:9, 359:13,
360:10, 362:11, 375:16,
379:9, 414:11, 423:5
provider [2] - 350:3, 373:11
providers [1] - 345:6
provides [4] - 354:10, 357:3,
381:17, 412:6
providing [2] - 358:6, 374:4
provision [1] - 360:3
psychiatric [4]-350:23,
358:8, 408:8, 432:1
psychiatry [1] - 347:14
psycho [1] - 351:6
psycho-education [1] -
351:6
psychological [1] - 349:4
psychopharmacological [1]
- 350:23
psychopharmacology [1] -
352:22
psychotherapy [1] - 354:11
Public [6] - 359:13, 359:16,
403:24, 404:15, 410:18, 412:5
public [7]-344:4, 374:12,
412:9, 412:13, 413:15,
415:15, 425:15
publication [1] - 438:23
purchase [1] - 417:13
purchasing [1] - 418:5
purple [4]-346:4, 394:17,
394:19, 395:14
purpose [15] - 363:14, 364:1, 364:4, 364:5, 364:17, 364:19,
\(364: 24,366: 18,367: 16\),

368:24, 382:2, 418:6, 437:1, 437:2
purposely [1] - 408:17
purposes [17]-360:8,
360:24, 361:1, 361:13, 362:6,
362:8, 362:17, 362:22, 363:8,
363:11, 363:12, 365:10,
378:4, 379:12, 382:5, 382:11, 398:19
pursuant [1] - 369:11
pursue [1] - 421:21
purview [3]-360:1, 381:21,
430:11
put [3] - 370:8, 373:23, 432:5
putting [1] - 433:17


Quabbin [8] - 344:16, 363:4,
364:6, 364:17, 367:20, 369:1,
415:22, 416:19
qualification [8] - 361:6,
361:11, 362:18, 362:19,
362:24, 363:5, 363:7, 363:10
qualifications [1] - 429:4
qualified [2] - 355:8, 362:12
qualify [1] - 398:5
qualifying [1] - 398:20
quality [2] - 345:8, 433:18
quarterly [1] - 372:3
questioning [1] - 429:20
questions [24]-345:23,
359:19, 367:18, 369:13,
372:20, 372:22, 374:7,
374:11, 375:21, 379:9,
382:18, 383:23, 387:5, 394:5,
399:4, 403:7, 406:14, 407:19,
407:23, 419:9, 419:10,
429:18, 432:20, 432:21
quick [4]-344:12, 394:7,
419:11, 440:4
quickly [3]-428:1, 429:23,
436:9
quite [1] - 380:19
quoted [1] - 365:13
\begin{tabular}{l}
\(\mathbf{R}\) \\
\hline
\end{tabular}
raised [4] - 369:14, 369:16,
370:15, 391:10
range [10] - 383:4, 388:7,
397:14, 397:15, 397:23,
398:24, 400:20, 400:21,
404:19, 423:21
rapping [1] - 436:8
rate [6]-358:23, 358:24,
406:20, 407:12, 414:17
rates [1] - 407:10
rather [3]-402:1, 412:9,
414:6
re [1]-418:9
re-acquisition [1] - 418:9
reading [2] - 428:15, 436:14
readmitted [1] - 359:2
ready [2] - 390:14, 391:22
real [2] - 374:5, 428:10
realistic [2] - 347:6, 368:10
really [40]-344:21, 345:21,
346:2, 346:22, 347:6, 348:8,
348:11, 349:1, 349:8, 351:3,
353:4, 353:18, 354:17, 371:1,
374:4, 374:6, 374:7, 379:3,
381:8, 382:1, 395:12, 405:20,
406:19, 410:6, 410:16, 414:1,
414:6, 414:8, 416:4, 417:15,
417:18, 418:9, 418:14,
432:13, 435:13, 435:15,
436:9, 436:16, 436:20, 440:14
realm [1]-387:16
reask [1]-385:19
reason [2] - 413:14, 428:4
reasonable [4]-360:11,
369:7, 430:12, 435:4
reasonably [5] - 363:14,
364:2, 367:17, 369:1, 425:3
reasons [1] - 411:14
Rebecca [8] - 344:13,
374:17, 376:2, 379:21,
391:14, 408:1, 410:14, 413:2
receipt [1] - 418:19
receive [1] - 367:23
received [4] - 345:23,
418:24, 421:14, 422:14
recent [4] - 361:4, 363:16,
365:21, 365:22
recently [1] - 421:11
recess [1] - 385:8
Recess [1] - 385:17
recessed [1] - 441:3
recidivism [3]-358:23,
359:1, 414:17
recognized [3] - 356:19,
358:20, 428:5
recognizes [1] - 345:18
recommend [1] - 424:10
recommendation [1] - 421:2
recommendations [1] -
401:22
record [2] - 374:14, 385:12
RECOVERY [1] - 343:11
recovery [6] - 350:22,
352:18, 353:22, 354:2,
355:17, 356:4
recreation [1] - 372:14
recreational [2]-346:11,
351:16
red [5] - 346:20, 369:21,
394:17, 395:7, 433:19
reduce [1] - 357:9
reduction [1] - 354:4
refer [2] - 350:8, 386:23
referenced [6] - 379:10,
405:19, 420:23, 421:2,
429:13, 429:24
referencing [1] - 429:11
referral [3]-349:21, 350:2,
373:10
referrals [4]-356:8, 376:20,
389:8, 396:5
referred [3] - 346:15, 349:24, 416:23
referring [3]-351:2, 391:4, 416:7
refusal [1]-373:17
refuse [3]-373:5, 373:14,
396:5
refused [1] - 364:20
regarding [3]-366:12,
369:16, 431:5
regardless [1] - 419:6
regimen [1] - 353:5
regimes [1] - 364:21
region [2]-345:12, 405:7
regional [1] - 345:2
Regis [3] - 363:17, 364:22,
365:4
REGISTERED [2] - 343:24,
442:13
regularly [1]-414:23
regulate [7]-360:7, 360:17,
375:10, 375:14, 430:9,
430:11, 436:17
regulated [2] - 361:10, 369:5
regulating [1] - 370:1
regulation [1] - 436:21
regulations [4]-360:12,
369:7, 430:13, 435:4
regulatory [3] - 359:12,
370:7, 381:21
rehab [2] - 373:8, 403:9
rehabilitating [2] - 368:19,
368:21
rehabilitation [13] - 345:3,
349:14, 351:15, 356:2, 364:7,
364:10, 365:12, 365:18,
365:24, 368:17, 368:19,
368:22
rehabilitative [2] - 348:10,
356:16
rejoin [1] - 373:24
relapse [5]-352:24, 354:4,
355:21, 357:9, 414:11
related [4] - \(347: 14,349: 18\),
379:16, 437:5
relative [4]-424:1, 432:17,
434:16, 434:17
relatively [1] - 361:4
relearn [1] - 367:7
relevance [3]-380:17,
380:20, 383:11
relevant [1] - 363:24
remain [2]-351:14, 354:1
remaining [1] - 368:15
remanded [2] - 400:5, 400:6
remember [2] - 413:7,
428:15
remote [1] - 372:3
removal [2]-369:16, 370:12
remove [1] - 359:6
removed [1] - 370:13
renovations [4]-347:23,

372:8, 372:10, 372:13
repetitive [1] - 387:4
replacement [1] - 357:12
replacements [1]-386:16
report [10] - 425:9, 425:15,
426:12, 427:15, 427:17,
427:21, 427:23, 428:16,
429:10, 434:1
reporter [3]-378:4, 440:5,
440:9
REPORTER [3] - 343:24,
442:13, 442:24
reports [1]-372:3
REPRODUCTION [1] -
442:22
request [2] \(-378: 23,413: 15\)
require [1] - 415:2
required [1] - 347:23
requirements [4]-360:15,
360:21, 369:11, 430:16
requires [2] - 363:10, 400:2
reserve [1] - 402:5
resident [1] - 419:12
residential [41]-346:9,
346:19, 347:4, 347:18, 348:2, 351:19, 352:1, 352:6, 353:19,
354:19, 366:5, 366:21,
372:15, 387:16, 388:19,
389:4, 389:16, 390:8, 390:9,
390:15, 393:1, 393:2, 393:6,
393:23, 394:1, 394:20, 395:2,
395:14, 395:24, 396:1,
396:16, 400:11, 402:17,
403:9, 411:12, 413:11, 417:2,
430:6, 430:7, 435:15, 435:23
residents [10]-363:20,
366:15, 366:16, 367:2, 367:6,
367:20, 367:22, 367:24,
374:5, 415:11
resources [5] - 345:17,
355:23, 356:7, 366:10, 417:19
RESPECT [1] - 442:23
respects [1] - 430:2
respond [2]-412:4, 413:15
response [3]-347:7,
364:12, 425:20
responses [1] - 426:7
responsible [2]-350:14,
355:14
rest [1] - 346:24
restate [1] - 378:10
restrict [1] - 360:7
restrictions [2] - 418:12,
433:17
restrictive [1] - 417:5
result [2] - 354:22, 364:14
results [2]-425:8, 426:21
resume [1] - 429:3
Retreat \([7]\) - 344:17, 363:4,
364:6, 364:17, 367:20, 369:1,
416:19
RETREAT [1] - 343:9
retreat [2]-350:21, 373:19
return [1] - 424:22
returning [1] - 352:16
Revenue [1] - 362:7
review [2] - 425:9, 437:17
REYNOLDS [1] - 343:18
RFP [1] - 412:14
RFR \({ }_{[1]}\) - 412:4
rich [1] - 417:19
riffed [1] - 417:20
risen [1] - 409:4
risk [1] - 414:5
Road [3]-376:1, 412:3,
429:10
Rob [1] - 421:10
robustly [1] - 362:19
roll [1] - 407:20
room's [1] - 439:19
rooted [2]-348:10, 374:4
Ross [3] - 411:22, 411:24,
412:2
route [1] - 412:15
routine \({ }_{[1]}-347: 13\)
Roy [2]-374:13, 374:16
rulings [1] - 370:10
run [1] - 416:5
running [1] - 411:1
runoff [1]-372:9
rural \([3]-345: 19,373: 19\),
374:1
\begin{tabular}{c}
\(\mathbf{S}\) \\
\hline
\end{tabular}
sadly [1] - 421:10
safe [3] - 357:4, 364:12, 435:8
safeguards [1] - 384:6
safety [5] - 355:5, 372:8,
372:10, 372:11, 393:15
SAME \({ }_{[1]}\) - 442:22
satisfied \({ }_{[1]}\) - 361:14
satisfies [1] - 363:4
satisfy [2] - 363:6, \(363: 9\)
Scanlon [1] - 423:12
schedule [2] - 426:6, 426:19
scheduled [2]-419:4, 419:5
schizophrenic [2] - 408:8,
409:11
schizophrenics [1] - 408:16
school [1]-355:15
Schools [2] - 365:15, 365:24
science [1] - 356:19
science-based [1] - 356:19
scope [3]-373:16, 375:10,
379:3
seamlessly [1] - 349:12
season [1]-422:10
second [10] - \(360: 24,361: 5\),
361:11, 362:18, 363:4, 370:3,
385:10, 393:20, 439:23, 440:23
secondary [4]-408:15, 408:18, 419:13, 419:14
section [3]-377:5, 384:20,
408:4

Section [9]-360:5, 362:7, 362:13, 369:12, 391:16, 391:17, 399:21, 400:1, 434:17 see [15]-346:5, 365:16,
369:21, 371:3, 391:9, 391:24,
392:4, 393:17, 395:3, 410:19,
416:12, 422:1, 427:2, 427:6,
434:11
Seeds [1] - 349:16
seeing [3] - 392:5, 416:11
seeking [1] - 366:9
seem [3]-382:18, 429:2, 429:18
selective \({ }_{[1]}\) - 436:21
self \([4]-349: 10,352: 24\),
364:11, 366:9
self-care [1] - 366:9
self-help [1] - 352:24
self-medicate \([1]\) - \(349: 10\)
self-sufficiency \({ }^{[1]}\) - 364:11
Senator [2]-417:16
sending [1] - 349:22
sense [2]-408:22, 429:4
sensible [1] - 387:12
sent [1]-372:22
sentence [1]-418:17
separated [1] - 373:3
separating [1] - 395:9
separation [1] - 373:2
septic [8]-369:18, 369:20,
370:8, 371:14, 371:24, 372:7,
432:18, 434:5
serve [2] - 382:2, 402:9
serves [1]-364:24
service [9]-354:18, 370:23,
372:15, 376:23, 396:11,
399:9, 410:17, 412:6, 412:7
services [29]-345:8, 346:10,
347:12, 347:13, 347:14,
350:21, 351:1, 351:19,
352:22, 353:6, 355:2, 355:12,
355:16, 355:21, 356:3, 356:8,
358:4, 363:23, 372:13, 373:8,
373:21, 377:2, 409:6, 411:10,
411:12, 413:9, 416:2, 418:1
Services [4] - 358:14,
359:15, 404:1, 404:14
serving \({ }_{[1]}\) - 363:12
set [3] - 390:2, 390:3, 390:4
setback [1] - 383:19
setbacks [3]-360:14,
369:10, 430:14
setting [10]-349:23, 351:20,
354:13, 357:23, 367:3,
367:22, 373:19, 374:2, 396:9, 401:9
seven [3]-358:23, 359:3,
414:12
seven-day [2]-358:23,
414:12
several [3]-385:23, 385:24, 424:21
severely [1] - 392:2
shall \([2]-360: 7,362: 4\)
short [6] - 355:1, 358:5,
391:19, 424:20, 424:22,
426:13
short-term [3]-355:1,
358:5, 391:19
shortage [1] - 348:6
shortly [1] - 365:23
shower [1] - 373:2
Sibley [3] - 423:13, 423:14
side [1] - 347:20
sign [1] - \(371: 7\)
significant [8] - 363:15,
364:3, 367:1, 367:18, 368:13,
369:2, 370:5, 413:23
significantly \({ }^{[1]}\) - 407:13
signs [1] - 384:5
silo'd [1] - 411:17
similar [4]-405:24, 431:14,
436:5, 440:6
similarities [1] - 436:6
simple [1] - 393:14
simply [3]-381:4, 381:17,
432:10
single [2]-347:20, 418:17
site [16] - 344:20, 349:17,
349:22, 350:10, 351:14,
353:3, 356:22, 358:1, 358:12,
359:8, 373:16, 374:5, 409:17,
413:10, 418:3, 433:6
situation [4]-400:18, 402:6,
428:2, 439:11
six [2] - 398:7, 423:17
six-year-olds [1] - 398:7
size [7] - 375:10, 384:3,
430:14, 434:18, 435:1, 435:3, 435:6
sizes [2] - 360:13, 369:9
skills [10] - 348:11, 351:6,
351:24, 352:23, 354:1, 354:7,
364:10, 366:8, 367:7, 410:9
slide [1] - 394:9
smoking [2] - 357:8, 357:10
sobriety [1] - 353:22
social [1] - 354:21
society \([2]-367: 12,368: 3\)
sole [1] - 362:11
Solidarity [1] - 349:17
someone [14]-352:10,
373:15, 389:2, 389:13, 392:2,
400:2, 400:4, 401:4, 401:11,
402:11, 408:14, 409:9,
409:11, 423:3
sometimes [4]-400:13,
401:21, 403:24, 415:2
soon [1]-359:18
sorry [6] - 346:18, 362:23,
378:3, 378:7, 393:8, 430:21
sort [7] - 353:18, 356:22,
382:11, 387:12, 394:6,
406:14, 415:7
sounds [1] - 383:16
source [3]-369:24, 372:7,
432:18
South [1] - 431:5
space [6] - 346:7, 346:14,
347:6, 360:14, 369:10, 430:15
SPEAKER [1] - 430:20
special [11]-356:11, 381:1,
383:15, 383:21, 384:7, 430:5,
431:22, 431:24, 432:5, 434:16
SPECIAL [1] - 343:3
Special [1] - 384:2
specific [4]-349:3, 418:8,
427:7, 435:8
specifically [4] - 386:3,
388:21, 404:16, 405:16
Spencer [1]-423:14
spend \([1]-414: 7\)
spiral [1] - 415:1
spiritual [1] - 349:4
sprinkler [1]-372:11
square [1] - 370:21
squares [1] - 369:22
stabilization [1] - 352:21
stable [4]-355:2, 364:13,
389:12, 389:15
staff [4]-351:13, 354:10,
355:8, 419:21
stakeholders [1] - 345:5
stand [4]-389:22, 393:10,
432:3
standards [1] - 358:9
standing [1] - 365:19
standpoint [1]-370:8
stands [1] - 433:1
START [3] - 353:20, 354:5,
405:18
start [2] - 379:17, 387:22
started [3]-370:13, 379:20,
413:8
startling \({ }_{[1]}-406: 19\)
starts [2]-397:18, 397:19
stat [1] - 414:11
state \([7]-374: 13,414: 18\),
414:20, 417:17, 417:21,
437:21
state-wide [1] - 417:21
statement [1] - 344:21
states [2]-344:23, 360:6
statistics [2] - 414:13,
414:15
stats [1] - 414:17
status [3] - 418:21, 418:22,
420:4
statutory \({ }_{[1]}\) - 360:2
stay \([12]-352: 7,352: 11\),
355:5, 357:6, 358:22, 389:13,
391:19, 395:23, 396:3,
402:13, 404:18, 417:2
steam [1] - 382:8
steamroller [1] - 430:24
steel \([4]-346: 23,346: 24\),
356:23, 376:14
steel-frame [1] - 356:23
steel-framed [1] - 346:23
step [9]-350:17, 353:18,
354:12, 367:8, 372:12,
372:16, 389:3, 414:4, 421:17
step-down [1] - 354:12
steps [2] - 355:19, 372:6
still \([11]-371: 6,371: 18\),
377:8, 377:10, 378:18,
389:14, 403:19, 411:7,
416:11, 419:19, 426:13
stopped \({ }_{[1]}-400: 14\)
story [1]-438:22
straight [4]-408:7, 408:11,
409:19, 410:4
straight-up [2] - 408:7,
408:11
strategies [1] - 410:9
STREET [1] - 343:12
Street [3]-374:16, 393:12,
408:1
street [1] - 350:18
stress [2] - 352:15, 364:12
strong [2] - 351:4, 354:6
strongly [1] - 417:24
structure [7]-346:23,
356:21, 360:24, 361:12,
362:21, 435:6, 435:11
structured [2]-355:11, 376:15
structures \({ }^{[8]}\) - 360:8,
360:11, 360:13, 364:23,
369:8, 430:14, 435:5, 437:7
struggles [1] - 407:14
struggling \({ }_{[1]}\) - 352:2
students [1] - 363:22
sub [3]-367:18, 384:3, 420:10
sub-exhibit [1] - 420:10 sub-paragraph [1] - 384:3 sub-questions [1]-367:18 subject [3]-360:11, 430:10, 442:7
submitted [1] - 425:9
Substance [3]-359:14,
404:1, 404:13
substance [41] - 345:2,
345:11, 346:9, 347:4, 347:15, 347:18, 352:3, 353:23, 354:3, 354:18, 355:1, 364:9, 388:21, 390:10, 390:19, 391:15, 392:6, 392:23, 394:20, 395:14, 396:2, 397:5, 398:2, 398:15, 399:23, 403:9, 404:16, 405:4, 405:9, 405:13, 405:17, 406:10, 410:17, 410:19, 411:10, 411:13, 411:15, 413:10, 413:24, 416:2, 419:12
substances [3] - 349:10,
352:15, 407:11
successful [3] - 400:10,
401:12, 414:2
suffering [1] - 364:7
sufficiency [1] - 364:11
suggestion [1] - 427:11
suggestions [1] - 424:19
suicidal [1] - 392:3
suicide [5] - 406:17, 406:20,

406:21, 406:23, 407:10
suitable [1] - 433:11
suited [1] - 408:24
summarize \({ }_{[1]}\) - 413:3
summary [1] - 364:5
supervised [2]-351:13,
357:4
SUPERVISION [1] - 442:24
supplied [2] - 422:19, 422:20
supply [1] - 370:6
support [14]-348:1, 350:22,
351:7, 351:8, 351:22, 352:14,
356:8, 356:13, 357:19, 362:7,
376:21, 403:24, 404:16
supporting [1] - 418:8 supportive [3]-349:13,
351:5, 351:20
supports [2] - 345:16, 357:7
suppose [2]-425:24, 426:3
surely [2] - 365:12, 365:24
surrounding [1] - 415:21
switch [1] - 354:8
symptoms [1] - 356:17
synonymous [1] - 368:20
system [7] - 350:4, 369:19,
369:20, 370:8, 372:11,
419:22, 432:18
systems [1] - 372:11

\section*{T}
table [2] - 371:13, 423:22
tackle [1]-424:20
tactic [1]-431:9
tailored [1] - 365:2
target \({ }_{[1]}\) - 390:8
targeted [3]-388:20, 397:5, 417:18
targeting [1] - 347:7
\(\boldsymbol{\operatorname { t a x }}[1]\) - 418:23
team [5]-350:11, 350:12, 355:18, 355:20, 357:16
teams [2] - 350:1, 350:14
technical [1]-432:24
tedious [1]-384:10
teenagers [1] - 398:8
ten [9]-347:24, 352:8,
368:11, 376:12, 376:13,
385:14, 385:15, 385:16, 392:18
term [5] - 355:1, 358:5, 391:19, 415:4, 416:9
terms [11]-368:20, 388:6,
388:11, 388:16, 388:23,
389:5, 389:9, 407:5, 414:10,
417:13, 422:12
test \({ }_{[1]}-433: 18\)
testing \({ }_{[1]}-351: 12\)
tests [1] - 433:6
Thanksgiving [2]-369:15, 440:7
THE [155] - 343:9, 344:3,
344:8, 359:20, 374:9, 374:11, 375:19, 375:22, 378:3, 378:9,

379:8, 380:1, 380:3, 380:16, 382:5, 382:10, 382:23, 383:8, 383:14, 384:22, 385:3, 385:11, 385:16, 385:18, 387:3, 387:6, 387:9, 387:17, 387:24, 388:3, 388:6, 388:10, 388:13, 388:16, 388:22, 389:5, 389:17, 389:20, 390:1, 390:3, 391:5, 391:9, 393:9, 394:3, 395:19, 395:22, 396:4, 396:18, 396:21, 396:24, 397:7, 397:10, 397:13, 397:19, 397:21, 398:4, 398:9, 398:19, 398:23, 399:2, 399:8, 399:11, 399:17, 399:20, 400:13, 400:17, 400:20, 400:23, 401:2, 401:17, 401:24, 402:4, 402:8, 402:12, 402:20, 402:24, 403:5, 403:12, 403:15, 403:21, 404:5, 404:9, 404:12, 404:17, 404:23, 405:2, 405:8, 406:4, 406:7, 406:13, 407:2, 407:4, 407:16, 407:22, 410:13, 411:22, 411:24, 412:22, 413:2, 413:6, 414:10, 415:6, 415:24, 416:16, 417:7, 418:13, 418:20, 419:10, 420:3, 420:14, 420:17, 420:21, 421:4, 421:9, 422:12, 422:17, 422:22, 423:5, 423:7, 423:9, 423:16, 424:8, 424:24, 425:17, 425:24, 426:14, 426:22, 427:4, 428:12, 428:18, 429:1, 429:7, 429:12, 429:16, 433:21, 433:24,
436:3, 436:7, 437:10, 437:19, 437:21, 438:7, 438:10,
438:13, 439:17, 439:24,
440:3, 440:8, 440:17, 440:20, 440:24, 442:21, 442:22,
442:23, 442:24
the...use [1] - \(360: 7\)
theirs [1] - 350:6
themselves [3] - 367:2,
367:21, 419:16
therapeutic [2]-351:20,

\section*{354:11}
therapies [1]-351:5
therapy [3]-352:20, 353:13, 357:12
therefore [6] - 361:9, 368:24,
369:3, 370:7, 370:10, 428:6
thinking [3]-427:12,
433:24, 434:6
third [6] - 372:1, 376:5,
377:11, 400:9, 412:9, 412:11
third-party [3]-372:1,
412:9, 412:11
THIS [1] - 442:21
thoughts [1] - 421:16
three [19]-345:21, 346:3,
353:23, 357:6, 376:5, 378:17, 382:7, 393:22, 401:15,
402:16, 402:17, 404:22,

405:19, 405:21, 407:1, 407:2, 410:4, 416:12, 440:14
three-week [2] - 353:23,
405:19
throughout [2] - 353:14,
415:22
Thursday [1] - 426:17
timeline [1]-425:7
TO [1] - 442:22
today [1]-421:19
together [5] - 373:23,
384:23, 386:1, 387:11, 422:11
tonight \([9]-344: 17,368: 15\),
414:19, 420:4, 420:6, 432:10,
436:9, 438:17, 439:13
tonight's [1] - 420:18
tools [1] - 364:15
total [2]-371:20, 374:22
touch [2]-416:2, 425:18
touches [1] - 408:4
tough [1] - 424:18
toward [1] - 367:8
towards [1]-417:18
town [1] - 426:18
Town [2]-370:17, 371:13
TOWN \({ }_{[1]}\) - 343:1
towns [1] - 415:21
toxicology [1]-351:12
track [2] - 373:24, 421:19
tracks [2]-414:18, 414:20 traditional [2] - 364:21,
365:9
trained [1] - 366:8
training [2] - 351:6, 351:10
transcript \({ }_{[1]}\) - 442:6
TRANSCRIPT [1] - 442:21
transit [1]-415:15
transition [4]-351:9, 356:9,
414:8, 418:2
transitioning [2] - 348:2,
351:22
translation [1] - 413:5
transparent [1] - 381:22
transportation [1] - 350:16
treat [7]-379:4, 396:10,
399:5, 403:1, 404:24, 406:8, 411:16
treating [3] - 368:18, 368:19, 368:21
treatment [66]-345:3,
346:10, 348:10, 348:15,
348:17, 348:19, 349:2, 350:8,
350:11, 350:12, 350:20,
350:22, 351:15, 351:23,
352:2, 352:10, 352:13, 353:3,
353:19, 354:3, 354:6, 354:19,
355:2, 355:7, 355:9, 355:20,
357:5, 357:16, 357:18, 358:5,
359:3, 359:10, 368:17,
368:22, 368:23, 372:7,
372:14, 373:8, 373:14,
373:19, 374:3, 375:17,
387:16, 388:21, 389:16,
390:10, 393:1, 393:2, 394:22,

394:23, 396:9, 398:3, 401:6 401:13, 402:15, 405:10, 405:14, 405:17, 406:1, 406:2, 409:6, 410:3, 413:11, 413:24, 415:4, 432:1
treatments [1] - 377:21
tree [1]-434:4
trees [2] - 369:17, 370:12
triage [1] - 428:1
trial [2] - 432:3
tried [2] - 379:18, 386:15
triggering [1] - 416:18
trivial [1] - 367:5
trouble [2] - 406:20, 414:6
true [2]-436:19, 442:6
trumps [2]-434:19, 434:24
Trustees [1] - 348:23
try [7] - 344:11, 386:7, 387:3,
387:6, 403:7, 408:1, 423:22
trying [11] - 379:2, 392:12,
408:6, 408:17, 409:19, 413:7,
416:5, 421:19, 425:12, 426:1, 435:16
Tuesday [5] - 425:17,
425:21, 426:3, 426:20, 440:6 turn [3]-359:17, 360:2, 413:21
two [16] - 360:21, 369:21,
370:1, 380:13, 392:11,
393:21, 396:13, 402:16,
408:18, 414:14, 422:14,
425:7, 427:22, 430:17,
430:22, 436:12
type [17]-385:22, 396:6,
396:10, 396:11, 399:5,
400:17, 401:6, 402:4, 402:6, 402:13, 403:17, 416:6, 422:1, 422:2, 425:8, 433:14, 436:4 types [3]-359:4, 371:4, 414:14
typical [5] - 352:7, 355:5, 357:6, 398:17, 402:12
typically [11]-351:21, 352:5,
353:10, 371:5, 373:10,
388:12, 396:1, 397:17, 398:5,
398:16, 404:3

\section*{U}
umbrella [1] - 362:15
unavailable [1] - 426:16
under [16] - 361:9, 361:11,
\(362: 6,362: 12,375: 9,375: 13\),
382:8, 384:2, 386:10, 397:15,
399:21, 400:14, 435:3,
435:14, 437:16, 437:17
UNDER [1] - 442:23
underlying [1] - 408:14
understood [2] - 374:24,
382:22
unfortunately [2] - 421:20,

\section*{422:3}

UNIDENTIFIED [1] - 430:20
uninsured [2] - 419:19,

419:23
unique [3] - \(345: 18,349: 7\), 350:13
Unit [4] - 358:6, 358:11,
358:19, 406:8
unit [55] - 346:9, 346:19,
346:21, 347:4, 347:7, 347:24,
348:3, 348:4, 348:5, 349:23,
\(357: 3,357: 11,357: 14,358: 3\), 372:15, 373:9, 376:3, 376:12, 377:12, 378:13, 380:7, \(380: 12,380: 13,383: 1,385: 7\), 386:3, 386:6, 388:2, 390:8, 391:15, 392:14, 392:23, 393:2, 393:19, 394:20, 395:2, 395:7, 395:24, 396:14, 397:2, 400:2, 400:6, 404:24, 406:11, 409:16, 411:2, 411:5, 411:8, 413:13, 413:18, 436:17, 436:18
units [5] - 357:2, 373:1,
376:24, 386:11
unless [1] - 408:18
UNLESS [1] - 442:23
unmet [1] - 344:23
unnecessary [1] - 367:5
unsupervised [1] - 353:17
up [27] - 347:5, 348:4, 352:5,
352:6, 355:22, 356:6, 362:24,
371:16, 374:19, 378:17,
379:19, 384:11, 393:10,
394:15, 404:22, 408:7,
408:11, 409:19, 410:8,
411:23, 412:20, 414:17,
415:19, 426:5, 436:8, 437:15, 439:7
up-to-date [1] - 437:15
update [3]-427:4, 427:5,
432:16
updates [1] - 427:7
usage [1] - 383:15
uses [2] - 363:11, 393:17
usual [1] - 439:18
utilizing [2] - 345:17, 368:8

\section*{V}
variance [1] - 381:1
variety [1] - 356:15
various [1] - 359:10
vary [1] - 397:23
vendors [1] - 345:17
versus [4]-358:22, 358:24,
361:21, 366:2
vetted [1]-428:6
VI \({ }_{[7]}\) - 377:18, 377:19,
378:16, 384:21, 387:11,
392:9, 397:1
via [1] - 426:9
Vice [1] - 344:14
view [1] - 427:23
VII [4]-359:7, 377:10,
377:17, 399:12
vision [2] - 344:21, 415:6
vocational [1] - 351:10
voluntarily [1] - 401:13
voluntary [7] - 359:10,
387:17, 397:1, 403:10,
403:16, 404:18, 405:10
volunteer [1] - 425:1
voted [1] - 421:13

\section*{W}
wait [1] - 412:14
waiting [1] - 371:18
walk [1] - 350:9
walk-in [1] - 350:9
wants [1] - 402:1
warm [1] - 358:9
water [8]-369:24, 370:6,
\(371: 13,371: 24,372: 7,372: 9\),
432:18, 433:18
ways [3]-364:16, 430:17,
430:22
Wednesday [2] - 426:15,
426:16
week [12]-353:23, 356:14,
405:19, 405:22, 416:13,
424:14, 424:16, 426:4,
426:13, 426:15, 426:17,
433:11
weekday [1] - 405:22
Weekly [1] - 438:23
weeks [10]-401:15, 402:16,
402:18, 404:22, 405:21,
410:4, 414:8, 416:12, 416:14, 424:17
welcome [1] - 344:3
well-cited [2]-361:19,
366:11
wellness [2] - 348:20,
349:17
whatsoever [1] - 381:9
whole [4]-344:22, 348:8,
348:9, 413:9
wide [2]-350:21, 417:21
widespread [1] - 407:8
Wilkins [2] - 366:24, 367:14
willing [2] - 424:2, 432:11
wish [1] - 367:13
withdrawing [1] - 378:21
wonder [2] - 392:7, 408:13
wondered [1] - 429:20
wondering [3] - 374:21,
394:3, 427:18
Worcester [1] - 423:3
works [3] - 350:19, 357:14,
386:1
world [1] - 412:23
wrap [1] - 362:24
writing [1] - 384:11
written [1] - 427:15
wrote [1] - 429:11

\section*{Y}
yard [3] - 360:13, 369:9,
430:14
year [5] - 347:2, 376:17,
398:7, 414:13, 416:17
years [2] - 388:11, 414:14
YOUD [27] - 375:20, 375:24,
376:16, 376:19, 376:23,
\(377: 5,377: 8,377: 14,377: 18\),
377:24, 378:8, 378:11,
378:21, 379:7, 379:24,
391:11, 391:20, 391:23,
392:13, 392:17, 392:20,
392:22, 393:4, 393:8, 410:14,
410:24, 411:20
Youd [1] - 375:24
younger [4] - 398:2, 398:14,
398:16
youngest [7]-397:20,
397:21, 398:10, 398:13,
398:16, 398:18
yourself [3] - 375:23, 393:10,
412:1
youth [5]-354:20, 355:2,
355:10, 355:17, 356:4
youth's [1] - 355:5

\section*{Z}

ZBA [5] - 361:24, 369:6,
369:14, 378:24, 381:21
ZBA's [3]-360:1, 381:9,
432:14
zip [1] - 379:13
Zone [3] - 437:8, 438:5,
438:6
Zoning [6] - 361:21, 366:3,
369:6, 375:13, 430:4, 431:16
zoning [4] - 360:6, 360:17,
375:7, 437:3```

