Petersham Council on Aging Board Meeting January 24 2022

Members present: Kay Berry, Pam Chevalier, Marilyn Fisher, Kathy McCrohon, Lynn Shaw,

Sheila Youd

Others present: Janice Olson, Sandy Page

Meeting opened: 10:15 am

Minutes of December Meeting accepted with no corrections.

<u>Treasurer's Report</u> (Kay): Current Balance not available

<u>Wednesday Luncheon Program</u>: Paul Williams might not be able to work at this week's luncheon. We need to have a back-up Meal-site Manager in place, so that luncheons won't have to be cancelled when he can't make it.

Health Programs:

- ~ Foot Clinic Marilyn reported that we now have 10 people attending the monthly clinic!
- ~ Healthy Living Workshops, sponsored by LifePath, are now being run online. For more information on dates and times, visit their website: <u>lifepathma.org</u>

Other Business:

- ~ Town Grant of \$1,100. will be requested by Kay for FY 2023
- ~ Petersham COA has now been accepted in the AARP Network of Age-Friendly States and Communities.
- Kay reported that Community Action for Pioneer Valley, a group associated with United Way, can complete tasks for Seniors, like put up Grab Bars and make other adjustments to a house so that it's more friendly for people with mobility issues.
- ~ Sheila reported that she has not contacted Bob LaFord about the Hiemlich Choke-Saver course, but will do so if the Covid situation remains stable.
- Kay explained that she may not be able to attend all upcoming Exercise Classes, so would like someone to take over the responsibility of opening the building for Instructors, and putting out necessary materials. She would also like someone to consider taking over the position of Chairperson for Petersham COA. She has been doing this for many, many years, and now has responsibilities that warrant a departure from the leadership role. Currently, Lynn and Sheila have been acting as Co-Chairs of the Council, along with Kay, so they have requested that Kay make a list of all her responsibilities. These can then be divided among other council members.
- ~ Sandy Page had also announced that she will no longer be able to write, edit, print and send out the COA Monthly Newsletter. Someone will need to volunteer for this position which will become open in June of this year.

Meeting adjourned: 11:10 a.m.

Next meeting: February 14th, 10:00 a.m.

Respectfully submitted, Pam Chevalier, Secretary